Abstrak

Penelitian ini dilakukan untuk memperoleh hubungan antara adult attachment styles dan jealousy pada peserta bina pranikah klasis “X”, Bandung. Penelitian ini menggunakan metode hubungan dengan teknik pengambilan data survei.

Penelitian ini dilaksanakan pada populasi responden pria dan wanita peserta bina pranikah klasis “X” Bandung. Ukuran sampel dalam populasi yang sesuai dengan kriteria adalah 23 responden.

Alat ukur yang digunakan untuk pengambilan data adalah bentuk adaptasi dari teori adult attachment styles oleh Bartholomew dan Horowitz (1994). Alat ukur ini terdiri dari 30 item skala rating, yang tersusun dari dua dimensi adult attachment style, yaitu dimensi model of self dan model of other dan kuesioner jealousy yang disusun oleh peneliti berdasarkan teori jealousy dari Salovey (1991). Alat ukur ini terdiri dari 56 item skala rating, yang dibagi menjadi dua tipe jealousy, yaitu reactive jealousy dan suspicious jealousy. Perhitungan validitas dengan Spearman’s Rho menunjukkan, untuk validitas item-item alat ukur RSQ berkisar antara 0.323, sampai 0.777, sementara untuk alat ukur jealousy, validitas item-item yang sama berkisar antara 0.313, sampai 0.807. Perhitungan reliabilitas menggunakan Alpha Cronbach menunjukkan hasil 0.711 untuk alat ukur RSQ dan 0.933 untuk alat ukur jealousy, yang berarti item-item dalam kedua alat tes memiliki reliabilitas yang tinggi.

Hasil penelitian menunjukkan bahwa adult attachment style dengan jealousy memiliki hubungan satu dengan yang lain, yang berarti hipotesis alternative diterima. Hal ini terlihat dari hasil perhitungan chi square dengan hasil 0.383. Dalam penelitian ini tidak semua pasangan tipe dari adult attachment style dengan jealousy muncul. Tipe – tipe yang muncul adalah sebagai berikut: secure – reactive(21,7%), secure – suspicious(21,7%), preoccupied – reactive(13,04%), fearfull – reactive(13,04%), fearfull – suspicious(4,34%), dismissing – reactive(13,04%), dismissing – suspicious(13,04%).

Kesimpulan yang dapat diambil dari hasil penelitian ini, adalah adult attachment style memiliki hubungan dengan jealousy pada peserta bina pranikah klasis “X” Bandung. Saran untuk penelitian lain, adalah untuk menerapkan berbagai metode penelitian (seperti studi longitudinal atau studi kasus) dan teknik analisis data (pengaruh) untuk penelitian-penelitian berikutnya, untuk memperkaya hasil penelitian berikutnya. Saran untuk para peserta bina pranikah di klasis “X” Bandung, untuk dapat menggunakan informasi tentang hubungan adult attachment style dan jealousy sebagai bantuan untuk membina hubungan dengan pasangan sehingga dapat membuat hubungannya harmonis.
Abstract

This research is conducted to obtain correlation between adult attachment style and jealousy in peserta bina pranikah klasis "X" Bandung. This research using correlation method with survey techniques.

Population for this research is man and woman peserta bina pranikah klasis "X" Bandung, samples that match with the criteria is 23 person.

Instrument that being used for this research is questioner RSQ (Relationship Scale Questionnaire) from adult attachment style theory, that developed by Bartholomew and Horowitz (1994) this instrument consist of 30 item, and questioner about jealousy that have been developed from jealousy theory of Salovey (1991) by researcher, this instrument consist 56 item. The standardization had been made for this instrument to search validation and reliability value. For RSQ the validity is between 0.323 until 0.777 and for questioner jealousy between 0.313 until 0.807. and the reliability for RSQ is 0.711 and 0.933 for jealousy.

From final result we can see that adult attachment style and jealousy in this sample have a correlation. This can be seen from the value of the correlation, the value is 0.383. the variation that appears from correlation between adult attachment style and jealousy is: secure – reactive(21.7%), secure – suspicious(21.7%), preoccupied – reactive(13.04%), fearfull – reactive(13.04%), fearfull – suspicious(4.34%), dismissing – reactive(13.04%), dismissing – suspicious(13.04%).

In conclusion, that hypothesis null rejected and alternate hypothesis accepted so adult attachment style and jealousy have a correlation between them in samples bina pranikah klasis “X” Bandung. Suggestion for another researcher that interested about this topic is for use another method (longitudinal, case study) and technics (influence) to get richer data for adult attachment style and jealousy. And for peserta bina pranikah klasis “X” Bandung, to be expected to use this information as help for built a relation with their partner, so they can make harmonious relationship.
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