ABSTRAK


Hasil penelitian menunjukkan 91,51% memiliki pengetahuan yang baik mengenai dampak merokok bagi kesehatan jaringan periodontal.

Kata-kata kunci: pengetahuan, rokok, merokok, jaringan periodontal
ABSTRACT

Smoking is a very common habit among people today. The factors behind the smoking habit in teenagers one of them is the disruption knowledge about the impact of smoking because knowledge or cognitive is a very important dominant in shaping one’s actions. Riskesdas in 2013 shows that the prevalence age first of smoking in Indonesia was 15—19 year old group. Smoking is also one of the main factors of periodontal disease such as gingivitis and periodontitis. This study aims to determine the knowledge about the impact of smoking on periodontal tissue.

The study was conducted on students of SMA Negeri 3 Bandung with a total of 222 respondents consisting of 94 respondents male and 128 female respondents and in SMA 26 Bandung as many as 214 respondents consisting of 87 male respondents and 127 female respondents. Total respondents from SMA Negeri 3 Bandung and SMAN 26 Bandung were 436 people with 181 male respondents and 255 female respondents. The data collected by using questionnaire.

The results of this study showed 91.51% had good knowledge about the impact of smoking for periodontal tissue health.

Keywords: knowledge, smoking, smoking, periodontal tissue
# DAFTAR ISI

<table>
<thead>
<tr>
<th>Halaman</th>
</tr>
</thead>
<tbody>
<tr>
<td>HALAMAN JUDUL</td>
</tr>
<tr>
<td>LEMBAR PERSETUJUAN</td>
</tr>
<tr>
<td>SURAT PERNYATAAN</td>
</tr>
<tr>
<td>ABSTRAK</td>
</tr>
<tr>
<td>ABSTRACT</td>
</tr>
<tr>
<td>KATA PENGANTAR</td>
</tr>
<tr>
<td>DAFTAR ISI</td>
</tr>
<tr>
<td>DAFTAR TABEL</td>
</tr>
<tr>
<td>DAFTAR GAMBAR</td>
</tr>
<tr>
<td>DAFTAR LAMPIRAN</td>
</tr>
</tbody>
</table>

**BAB I PENDAHULUAN**

1.1 Latar Belakang ......................................................... 1
1.2 Identifikasi Masalah .................................................. 3
1.3 Tujuan Penelitian ...................................................... 3
1.4 Manfaat Penelitian ..................................................... 3
1.5 Kerangka Pemikiran ................................................... 4
1.6 Metodologi Penelitian ................................................ 6
1.7 Lokasi dan Waktu Penelitian ......................................... 7
   1.7.1 Lokasi .................................................................. 7
   1.7.2 Waktu Penelitian ................................................ 7

Universitas Kristen Maranatha
BAB II TINJAUAN PUSTAKA

2.1 Pengetahuan .................................................................................................................. 7
  2.1.1 Faktor-faktor yang Mempengaruhi Pengetahuan .............................................. 8

2.2 Perilaku .......................................................................................................................... 9
  2.2.1. Definisi Perilaku ..................................................................................................... 9
  2.2.2. Batasan Perilaku .................................................................................................... 10
  2.2.3. Proses Terbentuknya Perilaku ............................................................................. 11

2.3 Rokok ............................................................................................................................. 12
  2.3.1 Sejarah Rokok ......................................................................................................... 10
  2.3.2 Pengertian Merokok ............................................................................................... 13
  2.3.3 Jenis Rokok ............................................................................................................ 14
  2.3.4 Kandungan dalam Rokok ....................................................................................... 14
    2.3.4.1 Nikotin ................................................................................................................ 15
    2.3.4.2 Karbon Monoksida (CO) ................................................................................ 16
    2.3.4.3 Tar ...................................................................................................................... 16

2.4 Jaringan Periodontal ...................................................................................................... 16
  2.4.1 Penyakit Periodontal .............................................................................................. 18
  2.4.2 Gingivitis ............................................................................................................... 19
  2.4.3 Periodontitis .......................................................................................................... 20

2.5 Efek Rokok Terhadap Jaringan Periodontal .............................................................. 21
  2.5.1 Pembentukan Kalkulus pada Perokok ................................................................... 22
  2.5.2 Inflamasi dan Perdarahan Gingiva Akibat Merokok ......................................... 23
BAB III METODE PENELITIAN

3.1 Alat dan Bahan ........................................................................................................... 24
    3.1.1 Alat ..................................................................................................................... 24
    3.1.2 Bahan Penelitian ............................................................................................... 24
3.2 Populasi dan Subjek Penelitian .................................................................................. 24
    3.2.1 Populasi Penelitian ............................................................................................ 24
    3.2.2 Subjek Penelitian ............................................................................................... 25
    3.2.3 Operasional Variabel ......................................................................................... 25
3.3 Metode Penelitian ....................................................................................................... 26
    3.3.1 Desain Penelitian ............................................................................................. 26
3.4 Variabel Penelitian dan Definisi Operasional ............................................................ 26
    3.4.1 Variabel Penelitian ............................................................................................ 26
    3.4.2 Definisi Operasional Variabel .......................................................................... 26
3.5 Prosedur Kerja ........................................................................................................... 27
3.6 Pengolahan Data ....................................................................................................... 28
3.7 Aspek Etik Penelitian ............................................................................................... 28

BAB IV HASIL DAN PEMBAHASAN

4.1 Hasil Penelitian ......................................................................................................... 29
    4.1.1 Karakteristik Subjek Penelitian ...................................................................... 29
    4.1.2 Distribusi Pengetahuan Responden Mengenai Kandungan Dalam Rokok yang Menyebabkan Rokok Berbahaya Bagi Jaringan Pendukung Gigi .............................................. 31
4.1.3 Distribusi Pengetahuan Responden Mengenai Kandungan Asap Rokok yang Berbahaya Bagi Jaringan Pendukung Gigi ................................................................. 31

4.1.4 Distribusi Pengetahuan Responden Mengenai Pengaruh Rokok pada Jaringan Pendukung Gigi ............... 32

4.1.5 Distribusi Pengetahuan Responden Bahwa Merokok Dapat Mempengaruhi Perubahan Warna Pada Gusi ........... 33

4.1.6 Distribusi Pengetahuan Responden Bahwa Merokok Dapat Mempengaruhi Terjadinya Bau Mulut ............... 33

4.1.7 Distribusi Pengetahuan Responden Bahwa Merokok Dapat Mempengaruhi Terjadinya Gigi Goyang ............... 34

4.1.8 Distribusi Pengetahuan Responden Bahwa Merokok Dapat Mempengaruhi Terjadinya Gusi Mudah Berdarah ................................................................. 34

4.1.9 Distribusi Pengetahuan Responden Mengenai Penyebab Bau Mulut pada Perokok ........................................ 35

4.1.10 Distribusi Pengetahuan Responden Mengenai Penyebab Perdarahan Gusi pada Perokok ....................... 35

4.1.11 Distribusi Pengetahuan Responden Mengenai Penyebab Gigi Goyang pada Perokok .............................. 36

4.1.12 Distribusi Pengetahuan Responden Mengenai Dampak Merokok Bagi Kesehatan Jaringan PeriodONTAL ......... 36

4.2 Pembahasan ................................................................................................................. 37
BAB V  KESIMPULAN DAN SARAN

5.1 Kesimpulan .......................................................... 41

5.2 Saran ................................................................. 41

DAFTAR PUSTAKA .................................................. 42

LAMPIRAN ............................................................. 46

RIWAYAT HIDUP .................................................... 72
DAFTAR TABEL

<table>
<thead>
<tr>
<th>Tabel</th>
<th>Deskripsi</th>
<th>Halaman</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tabel 3.1</td>
<td>Operasional Variabel</td>
<td>25</td>
</tr>
<tr>
<td>Tabel 4.1</td>
<td>Karakteristik Subjek Penelitian</td>
<td>29</td>
</tr>
<tr>
<td>Tabel 4.2</td>
<td>Distribusi Pengetahuan Responden Mengenai Kandungan Berbahaya dalam Rokok yang Mempengaruhi Jaringan Pendukung Gigi</td>
<td>31</td>
</tr>
<tr>
<td>Tabel 4.3</td>
<td>Distribusi Pengetahuan Responden Mengenai Kandungan Asap Rokok yang Berbahaya Bagi Jaringan Pendukung Gigi</td>
<td>32</td>
</tr>
<tr>
<td>Tabel 4.4</td>
<td>Distribusi Pengetahuan Responden Mengenai Pengaruh Rokok pada Jaringan Pendukung Gigi</td>
<td>32</td>
</tr>
<tr>
<td>Tabel 4.5</td>
<td>Distribusi Pengetahuan Responden Bahwa Merokok Dapat Mempengaruhi Perubahan Warna pada Gusi</td>
<td>33</td>
</tr>
<tr>
<td>Tabel 4.6</td>
<td>Distribusi Pengetahuan Responden Bahwa Merokok Dapat Mempengaruhi Terjadinya Bau Mulut</td>
<td>33</td>
</tr>
<tr>
<td>Tabel 4.7</td>
<td>Distribusi Pengetahuan Responden Bahwa Merokok Dapat Mempengaruhi Terjadinya Gigi Goyang</td>
<td>34</td>
</tr>
<tr>
<td>Tabel 4.8</td>
<td>Distribusi Pengetahuan Responden Bahwa Merokok Dapat Mempengaruhi Terjadinya Gusi Mudah Berdarah</td>
<td>34</td>
</tr>
<tr>
<td>Tabel 4.9</td>
<td>Distribusi Pengetahuan Responden Mengenai Penyebab Bau Mulut pada Perokok</td>
<td>35</td>
</tr>
<tr>
<td>Tabel 4.10</td>
<td>Distribusi Pengetahuan Responden Mengenai Penyebab</td>
<td></td>
</tr>
</tbody>
</table>
Perdarahan Gusi Pada Perokok ........................................ 36

Tabel 4.11 Distribusi Pengetahuan Responden Mengenai Penyebab Gigi Goyang pada Perokok ........................................ 36

Tabel 4.12 Distribusi Pengetahuan Responden Mengenai Dampak Merokok Bagi Kesehatan Jaringan Periodontal ............ 37
<table>
<thead>
<tr>
<th>Gambar</th>
<th>Judul</th>
<th>Halaman</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.1</td>
<td>Bagan Kerangka Pemikiran</td>
<td>6</td>
</tr>
<tr>
<td>2.1</td>
<td>Gingivitis</td>
<td>19</td>
</tr>
<tr>
<td>2.2</td>
<td>Periodontitis</td>
<td>20</td>
</tr>
</tbody>
</table>
### DAFTAR LAMPIRAN

<table>
<thead>
<tr>
<th>Lampiran</th>
<th>Judul</th>
<th>Halaman</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lampiran 1</td>
<td>Surat Keputusan Komisi Etik Penelitian</td>
<td>50</td>
</tr>
<tr>
<td>Lampiran 2</td>
<td>Informed Consent</td>
<td>51</td>
</tr>
<tr>
<td>Lampiran 3</td>
<td>Surat Izin Penelitian</td>
<td>52</td>
</tr>
<tr>
<td>Lampiran 4</td>
<td>Lembar Kuesioner</td>
<td>55</td>
</tr>
<tr>
<td>Lampiran 5</td>
<td>Surat Keterangan Telah Melakukan Penelitian</td>
<td>58</td>
</tr>
<tr>
<td>Lampiran 6</td>
<td>Hasil Kuesioner</td>
<td>53</td>
</tr>
<tr>
<td>Lampiran 7</td>
<td>Total Hasil Perhitungan Kuesioner</td>
<td>67</td>
</tr>
<tr>
<td>Lampiran 8</td>
<td>Dokumentasi</td>
<td>68</td>
</tr>
</tbody>
</table>