ABSTRAK

Penelitian ini bertujuan untuk memperoleh data dan gambaran mengenai hubungan gratitude dan subjective well-being pada mahasiswa KKNI Fakultas Psikologi Universitas “X” Bandung. Subjek dalam penelitian ini adalah mahasiswa KKNI Fakultas Psikologi Universitas “X” Bandung dengan karakteristik tercatat aktif sebagai mahasiswa Fakultas Psikologi Universitas “X” Bandung dan masih menempuh kegiatan belajar di Universitas “X” Bandung. Subjek penelitian berjumlah 196 orang. Metode yang digunakan dalam penelitian ini adalah metode korelasional dengan teknik pengambilan data menggunakan 3 kuesioner yang terdiri dari 74 item. Skor total dari kuesioner gratitude akan dikorelasikan dengan kategori derajat SWB dengan menggunakan chi-square pada program SPSS. Berdasarkan uji statistik menggunakan Chi Square, terdapat hubungan antara gratitude dan SWB pada mahasiswa KKNI Fakultas Psikologi Universitas “X” Bandung ($\chi^2 = 306.566$, C= 0.781, $p< 0.000$). Peneliti mengajukan saran bagi peneliti yang selanjutnya untuk melibatkan faktor-faktor SWB dalam penelitiannya dan menambah ukuran sampel agar hasil penelitiannya lebih akurat.

Kata Kunci: Gratitude, Subjective-Well Being, Mahasiswa KKNI
ABSTRACT

This research aims to gather data to find a correlation between Gratitude and Subjective Well-Being (SWB) on KKNI college student of Faculty of Psychology at “X” University of Bandung. Subject of this research are the one that still counted as an active member of KKNI college student of Faculty of Psychology at “X” University of Bandung and still studying at University “X” of Bandung. Total number of people counted as subject on this research are 196. Correlational method was used to gather data through 3 questionaires consist of 74 questions. Total score from gratitude questionaire are correlated with level category of SWB using chi-square on SPSS program. Based on the result of chi square, there is a correlaton between gratitude and SWB on KKNI college student of Faculty of Psychology at “X” University of Bandung ($\chi^2 = 306.566$, $C = 0.781$, $p < 0.000$). Researcher advise’s for future research is to look more on factors that contribute to SWB and involve more sample size for more accurate result.

Key words: Gratitude, Subjective-Well Being, KKNI College Student.
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