The 5th Asian Association of Indigenous and Cultural Psychology Conference on Stress, Health and Well-being: Indigenous, Social and Cultural Perspectives

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The Patterns and Methods of Religious Coping of Late Adults Actively Involved in Religious Activities in The Salib Suci Church in Bandung

Elizabeth Barbara, Robert Oloan Rajagukguk, Henndy Ginting - Faculty of Psychology, Maranatha Christian University, Bandung, Indonesia
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This study aims to identify the patterns and methods of religious coping 31 Christian late adults church members. A 105 items RCOPE measure were used to asses Religious Coping. Based on construct validity by confirmatory factor analysis with LISREL 8.5 (Jöreskog & Sörbom, 1999) it has .55 validity score and reliability .924. The results reveal that Christian late adults church members made more use of the positive than the negative religious coping methods. Most of late adults (77.42%) have moderate strength of religious coping, (19.35%) have a high strength of religious coping and (3.23%) have a low strength. The positive method that described late adults when facing degenerate self-function are Collaborative/Low Self-Direction Religious coping and Benevolent Religious Reappraisal/Spiritual Support. The negative pattern that described late adults are Spiritual Discontent and Interpersonal Religious Discontent. Practical recommendations given to the late adults for self-awareness. For the pastor, activist, and the activity coordinators can use to design or to develop activities that may increase spiritual attachment late adults to God and church members, and participating late adults in sharing their religious coping way to the church members facing aging. Further researches need to consider the using of case study research design to explore the dynamics of the pattern and method of religious coping; the correlation study to examine Relationship of Religious Orientation to Religious Coping also suggested.

Keywords: religious coping; late-adults

Coping Strategy in Stopping Process Among Ex Active Smokers

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This research aims to know the strategy to cope with the problems on stop process among ex active smokers. During smoking stop process some people will face many problems that disturb the way of the stop process it self. The strategy to cope with the process problems is influenced the success of the result. The methods which used on this research is qualitative with descriptive approach. The collective data techniques was direct interview. The amount of main subject was 10 persons and 2 additional subject with sample taking