

**EFEK EKSTRAK ETANOL DAUN MURBEI (*Morus alba* L.)
TERHADAP PENURUNAN KADAR KOLESTEROL TOTAL SERUM
TIKUS WISTAR JANTAN YANG DIINDUKSI DIET TINGGI LEMAK**

ABSTRACT

THE EFFECTS OF ETHANOL EXTRACT OF MULBERRY LEAVES (Morus alba L.) ON DECREASING OF TOTAL SERUM CHOLESTEROL LEVEL IN MALE Wistar RATS WITH HIGH FAT DIET

Dwi Hillary, 2014

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Hypercholesterolemia is characterized by elevated of cholesterol level in blood. Prevention of hypercholesterolemia is really necessary in non pharmacological by therapeutic lifestyle changes, if it does not work it takes pharmacological therapy using conventional medicine that are empirically used to decrease cholesterol level is murbei leaf (Morus alba L.).

The aim of this research was to assess the effects of ethanol extract of mulberry leaves (EEDM) on decreasing of total serum cholesterol level in male Wistar rats.

This research was a real laboratoric experimental. 30 male Wistar rats were randomly divided into 5 groups (n=6) after induced by high cholesterol diet, EEDM 1 were given 0,05 gram/kgBW, EEDM 2 were given 0,1 gram/kgBW, EEDM 3 were given 0,2 gram/kgBW respectively, KN was given CMC (Carboxy Methyl Cellulose) 1% (control), KP was given Simvastatin 0,9 mg/kgBW (positive control) for 2 weeks. The measured data was total cholesterol level before induction, after induction high cholesterol diet and after giving EEDM. The data was analyzed using one way ANAVA and continued with Tukey HSD.

The results showed EEDM 3 (8,28) significant ($p < 0,05$) decreased of total cholesterol level compared to KN (2,48). EEDM 1 (1,92) and EEDM 2 (7,05) not significant ($p > 0,05$) decreased of total cholesterol level compared to KN.

The conclusion was EEDM 3 is effected to decrease of total serum cholesterol level in male Wistar rats.

Keywords : murbei (Morus alba L.), total cholesterol, simvastatin, wistar rats

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