

## DAFTAR PUSTAKA

- Agoes, A, Utami, YW, & Rini, BO. 2013. Hubungan Tingkat Pengetahuan Tentang Hipertensi dengan Perilaku Pencegahan Stroke Pada Penderita Hipertensi di Panti Werdha Pangesti Lawang Malang. 2.
- Alam,IG.2012. *Tekanan Darah dan Pengaturan Darah Rata-rata.*, [http://file.upi.edu/Direktori/Fpok/Jur.\\_Pend.\\_Kesehatan\\_&\\_Rekreasi/Produksi/Keperawatan/197610152008011-Ikbal\\_Gentar\\_Alam/Tekanan\\_Darah\\_dan\\_Pengaturan\\_Darah\\_Rata-rata.pdf](http://file.upi.edu/Direktori/Fpok/Jur._Pend._Kesehatan_&_Rekreasi/Produksi/Keperawatan/197610152008011-Ikbal_Gentar_Alam/Tekanan_Darah_dan_Pengaturan_Darah_Rata-rata.pdf), Maret 11<sup>th</sup>, 2014.
- Bordley III, J., Connor, C. A., Hamilton, W. F., Kerr, W. J., & Wiggers, C. J. 1951. Recommendation for Human Blood Pressure Determinations by Sphygmomanometers. *Journal of The American Heart Association*, 503-509.
- Steenkamp, V., Fernandes, AC., Rensburg, CEJ van.2004.Antioxidant scavenging potential of South African export herbal teas. *African Journal of Botany*, 660-663.
- Departemen Kesehatan Republik Indonesia. 2007. *Masalah Hipertensi di Indonesia*. <http://www.depkes.go.id/index.php/berita/press-release/1909-masala-hipertensi-di-indonesia.html>.6 Mei 2012.
- Erickson, L. 2003. Rooibos Tea: Research into Antioxidant and Mutagenic Properties. *The Journal of American Botanical Council*, 34-45.
- Ferreira, D, Marais, C, & Steenkamp, JA. 1995. Rooibos Tea as a Likely Health Food Supplement. *Fundamental Foods for Health*, 73-88.
- Frank,K. 2013. *Rooibos.*, <http://examine.com/supplements/Rooibos/>., February 20<sup>th</sup>, 2014.
- Ganong, WF. 2005. *Review of Medical Physiology, Twenty-Second Edition*. 2005.
- Gray, HH, Dawkins, KD, Simpson, IA, & Morgan, JM. 2005. *Lecture Notes Kardiologi*. jakarta: Erlangga.
- Greene, R. 2014. *Rooibos Tea & Weight Loss.*, [http://www.ehow.com/about\\_5218067\\_rooibos-tea-weight-loss.html](http://www.ehow.com/about_5218067_rooibos-tea-weight-loss.html)., August 27<sup>th</sup>, 2014.
- Gusmira, S. 2012. Makara, Kesehatan, Vol. 16, NO. 2. Evaluasi Penggunaan Antihipertensi Konvensional dan Kombinasi Konvensional-Bahan Alam pada Pasien Hipertensi di Puskesmas Wilayah Depok, 77-83.

- Guyton, AC, Hall, JE. 2008. *Buku Ajar Fisiologi Kedokteran Edisi 11*. Jakarta: EGC.
- Harris, K. 2014. *Mother Nature Network.*, <http://www.mnn.com/food/healthy-eating/blogs/6-health-benefits-of-rooibos-tea>., October 21<sup>st</sup>, 2014.
- Jafar, N. 2010. Hipertensi., *Respiratory Universitas Hasanuddin.*, Program studi ilmu gizi fakultas kesehatan masyarakat universitas Hassanuddin Makassar, 1-21.
- JNC VII. 2004. *The Seventh Report of the Joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure*. USA: U.S Departement of Health and Human Services.
- Joubert, M. 2008. South African herbal teas: *Aspalathus linearis*, *Cyclopia spp.* and *Athrixia phyllicoides*-A review.*Journal of Ethnopharmacology*, 376-412.
- Kartikawati, A. 2008. Prevalensi dan Determinan Hipertensi pada Pasien Puskesmas di Jakarta Utara Tahun 2007. *Departemen Epidemiologi Program Sarjana Kesehatan Masyarakat Universitas Indonesia 2008*, 9-43.
- Khan, A, Gilani, AH. 2006. Selective broncholdilatory effect of rooibos tea (*Aspalathus linearis*) and its flavonoid, chrysoeriol. *European Journal of Nutrition* 45, 463–469.
- Kumar, V, Abbas, AK, & Fausto, N. 2010. *Robbins & Cotran Dasar Patologis Penyakit, Edisi 7*. Jakarta: EGC.
- Larson, AJ. 2010. Quercetin: A Treatment for Hyertension? A Review of Efficacy and Mechanisms. The Effects of a Single Dose of Quercetin on Cardiovascular Function in Normotensive and Hypertensive Men, 1-19.
- Larson, AJ, Symons, JD, & Jalilli, T. 2010. Quercetin: A Treatment for Hypertension?-A Review of Efficacy and Mechanisms. *Pharmaceuticals*, 237-250.
- Lidya, HA. 2009. *Studi prevalensi dan determinan hipertensi di propinsi Kepulauan Bangka Belitung tahun 2007*, 8.
- Lyrawati, D. 2008. *Farmakologi hipertensi.*, <http://lyrawati.files.wordpress.com/2008/11/hypertensionhosp pharm.pdf>., May 25<sup>th</sup>, 2014.
- Marnewick, JL. 2010. Rooibos and honeybush: Recent advances in chemistry, biological activity and pharmacognosy. *In: African natural plant products:*

- New discoveries and challenges in chemistry and quality.* American Chemical Society, Washington DC, USA, pp 277–294.
- Mboi, SM. 2013. Waspada! Hipertensi Kendalikan Tekanan Darah. *Panduan Peringatan Hari Kesehatan Sedunia 2013*, pp. 4-5.
- Nafriadi. 2009. Antihipertensi. In *Farmakologi dan Terapi Edisi 5* (pp. 351-352). Jakarta: Balai Penerbit FKUI.
- NHLBI. 2003. *Seventh Report of the Joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure (JNC 7)*, 1-21. Departement of health and humans services: <https://www.nhlbi.nih.gov/guidelines/hypertension/phycard.pdf>., January 10<sup>th</sup>, 2014.
- Oktavianto, H, Sardjono, M T. 2002. Analisa Metode Oscillometric Pada Pengukuran Tekanan Darah Menggunakan FPGA.
- Palmer, DA, Williams, PB. 2007. *Simple Guide Tekanan Darah*. Jakarta: Erlangga.
- Persson, IAL, Persson, K, Hagg, S, & Andersson, RG. 2010. Effects of green tea, black tea and Rooibos tea on angiotensin converting enzyme and nitric oxide in healthy volunteers. *Public Health Nutrition*, 730-737.
- RSUP Sanglah Denpasar. 2013. *Hari Kesehatan Sedunia 2013: Hipertensi The Silent Killer of Death.*, <http://www.sanglahhospitalbali.com/v1/berita.php?ID=113>., Juny 3<sup>rd</sup>, 2014.
- Scanlon, PV, Sanders, T. 2007. *Essentials of Anatomy and Physiology*. Philadelphia: F. A. Davis Company.
- Sherwood, L. 2012. *Fisiologi Manusia Dari Sel ke Sistem Edisi 6*. Jakarta: EGC.
- St. George's, University of London. *Blood pressure measurement*, <http://www.elu.sgul.ac.uk/rehash/guest/scorm/217/package/content/pic6.htm>., July 10<sup>th</sup>, 2014.
- Superfood Scientific Research. <http://www.superfoods-scientific-research.com/superfoods/rooibos-benefits.htm>., January 10<sup>th</sup>, 2014.
- Sylvia, A. 2005. *Patofisiologi Konsep Klinis Proses-Proses Penyakit*. Jakarta: EGC.
- The McGill Physiology Virtual Lab., <http://www.medicine.mcgill.ca/physio/vlab/cardio/auscul.html>., October 12<sup>th</sup>, 2014.

- Tiedtke, DJ, Marks, DO. 2002. Rooibos-The New "White Tea" For Hair and Skin Care. Oleo Chemicals, 16-19.
- Tortora, GJ, Derrickson, B. 2012. *Principles of Anatomy & Physiology 13th Edition*. United States of America: John Wiley & Sons, Inc.
- Wijoyo, IP. 2011. *Rahasia Penyembuhan Hipertensi Secara Alami*. bogor: Bee Media AGRO.
- Woolson, RF, Clarke W R. 2002. *Statistical Method for the Analysis of Biomedical Data* (Edisi 2). New York: A John Wiley & Sons, Inc., Publication. Hal 154.