

DAFTAR PUSTAKA

- Barefoot, John. C, dkk. 2011. *Recovery Expectations and Long-term Prognosis of Patients With Coronary Heart Disease*. USA: National Institutes of Health
- Frienberg, Lisa. 1995. *Psychological Testing, Design, Analysis and Use*. Allyn and Bacon.
- Kumar, Ranjit. 1999. *Research Methodology: A Step-By-Step Guide For Begginer*. London: Sage Publications
- Pedoman Penulisan Skripsi Sarjana Edisi Revisi III*. Februari 2009. Bandung : Fakultas Psikologi Universitas Kristen Maranatha.
- Peterson, Christhoper., Seligman, M.E.P., & Vaillant, George. E. *Pessimistic Explanatory Style Is a Risk Factor for Physical Illness: A Thirty-Five-Year Longitudinal Study*. 1988. *Journal of Personality and Social Psychology* Vol. 55, No. 1,23-27
- Santrock, J.W. 2002. *Life Span Development 13th Ed*. New York :McGraw-Hill
- Seligman, Martin.E.P. 1990. *Learned Optimism*. New. York: Knopf Inc
- Seligman, Martin.E.P. 1994. *What You Can Change and What You Can't*. New York: Alfred A. Knopf
- Seligman, M.E.P. 2008. *Menginstal optimisme*. Bandung : Momentum
- Shepperd, James. A., Maroto, JoAnn. J., & Pbert, Lori. A. *Dispositional Optimism as a Predictor of Health Changes among Cardiac Patients*. 1996. *Journal of research in personality* 30, 517–534 Article no. 0038
- Sugiyono. 2010. *Metode Penelitian Kuantitatif dan Kualitatif*. Bandung: Alfabeta
- Wardoyo, A.B. 1996. *Pencegahan Penyakit Jantung Koroner*. Solo : CV. Aneka

DAFTAR RUJUKAN

- <http://archinte.jamanetwork.com/article.aspx?articleid=227381>, diakses 26 November 2012)
- <http://www.hidupsehat.web.id/2013/12/pengertian-hidup-sehat-pengertian.html>, diakses 26 November 2012
- <http://www.hidupsehat.web.id/2013/12/menjaga-daya-tahan-tubuh-tetap-sehat.html>, diakses 19 November 2012
- <http://www.info-kes.com/2013/07/penyakit-jantung-koroner-pjk.html>, diakses tanggal 14 Juli 2013
- <http://klikdokter.com/healthnewsttopics/read/2011/03/02/15031205/sikap-optimis-baik-untuk-jantung>, diakses tanggal 8 juni 2012
- <http://majalahkesehatan.com/sehat-tanggung-jawab-individu-benarkah/>, diakses tanggal 19 November 2012
- <http://www.ricostrada.com/kesehatan/penyakit-jantung-pembunuh-nomer-satu-dunia-yang-tak-pernah-diketahui-interpol>, diakses tanggal 9 Maret 2013
- Raranta, Rani Putri. 2012. Studi Deskriptif Mengenai *Explanatory Style* Pada Lansia di Panti Jompo 'X' di Kota Bandung. Bandung : Fakultas Psikologi Universitas Kristen Maranatha
- <http://today.duke.edu/node/35047>, diakses tanggal 26 November 2012
- <http://healthland.time.com/2012/04/18/a-happy-mind-may-mean-a-healthy-heart>, diakses tanggal 29 Juni 2014
- <http://health.kompas.com/read/2013/09/16/1745559/Biar.Panjang.Umur.Pasien.Sakit.Jantung.Mesti.Optimistis>, diakses tanggal 29 Juni 2014