

ABSTRACT

This research was conducted to determine the strength of the contribution of the sources of self-efficacy towards self efficacy belief on the seventh semester students of Bandung Institute of X. The subjects studied are all students of class VII semester of 2006 which amounted to 190 persons. The method used in this study is the method of contribution.

Researchers use the concept of self-efficacy theory of sources and theories regarding self-efficacy indicators of Bandura belief. The measurement used both sources measure self-efficacy and self-efficacy belief, prepared by the researchers themselves by doing a try-out questionnaire to the students of VII semester Bandung Institute of X as much as 40 college students, each of which comprises 46 items for self -efficacy belief and 24 items to the sources of self-efficacy. The data obtained were processed using multiple regression with SPSS 17.0.

Based on statistical data processing, the importance of the significance of self-efficacy sources amounted to 0.000 Mastery experience, vicarious experience of 0,000; verbal persuasion amounted to 0.196; and physiological and affective states amounted to 0.803.

The conclusion is the source of self-efficacy that has contributed significantly to the self-efficacy belief is Mastery VII semester student experience and vicarious experience. Meanwhile, two other sources of self-efficacy has no significant contribution to the self-efficacy belief. Researchers suggest if doing further research, it is better to add items such as self-report form of open ended questions as supplementary data and measuring tools to check back the results of the questionnaire.

ABSTRAK

Penelitian ini dilakukan untuk mengetahui kekuatan kontribusi sumber-sumber self-efficacy terhadap self efficacy belief pada mahasiswa semester VII Institut X Kota Bandung. Subjek yang diteliti adalah seluruh mahasiswa semester VII angkatan 2006 yang berjumlah 190 orang. Metode yang digunakan dalam penelitian ini adalah metode kontribusi.

Peneliti menggunakan konsep teori sumber self-efficacy dan teori mengenai indikator self-efficacy belief dari Bandura. Alat ukur yang digunakan baik alat ukur sumber-sumber self-efficacy maupun self-efficacy belief, disusun oleh peneliti sendiri dengan melakukan try-out kuesioner kepada mahasiswa semester VII Institut X Kota Bandung sebanyak 40 orang mahasiswa, masing-masing terdiri 46 item untuk self-efficacy belief dan 24 item untuk sumber-sumber self-efficacy. Data yang diperoleh diolah dengan menggunakan multiple regression dengan program SPSS 17.0.

Berdasarkan pengolahan data secara statistik, maka didapat kontribusi dari sumber self-efficacy mastery experience sebesar 0,000; vicarious experience sebesar 0,000; verbal persuasion sebesar 0,196; dan physiological and affective states sebesar 0,803.

Kesimpulan yang diperoleh adalah sumber self-efficacy yang memiliki kontribusi signifikan terhadap self-efficacy belief mahasiswa semester VII adalah mastery experience dan vicarious experience. Sedangkan 2 sumber self-efficacy lainnya tidak memiliki kontribusi yang signifikan terhadap self-efficacy belief.

Peneliti mengajukan saran untuk melakukan penelitian lanjutan, dengan menambahkan item berupa self-report berupa open ended questions sebagai data pelengkap.

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