

Appendix

Lesson Plans

For pre-school, kindergarten, Elementary School grade 1 and 2

Topic :

Cooking Banana Cheese

Material :

Banana, Cheese, Chocolate, milk, frying pan, cooking spoon, spatula, sieve, cooking oil, tissue, paper plate, plastic plate, and plastic fork.

Activity :

- Introduce the material
- Review about the taste (sweet, salty, sour, hot, tasteless, grazzy, and bitter)
- Tell the taste of banana, cheese, chocolate, and milk
- Cooking together in the kitchen and introduce the material of cooking
- Eating session
- Colouring the picture of banana cheese

For Elementary School grade 3 and 4

Topic :

Cooking Banana Cheese

Material :

Banana, cheese, chocolate, milk, frying pan, cooking spoon, spatula, sieve, cooking oil, tissue, paper plate, plastic plate and plastic fork.

Activity :

- Introduce the material
- Review about the taste (sweet, salty, sour and bitter)
- Tell the taste of banana, cheese, chocolate and milk
- Cooking together in the kitchen and introduce the material of cooking
- Eating session
- Making an Exercise about the taste of some food

The exercise

What is the taste of this food? Is it sweet? Salty? Sour? Hot? Tasteless? Grazyzy?

Or bitter?

8. Mango =

9. Water =

10. Lemon =

11. Candy =

12. Tomato =

13. Chily =

14. Yoghurt =

1. Curry =

2. Bread =

3. Medicine =

4. Strawberry =

5. Salt =

6. Tea =

7. Honey =

For Elementary School grade 5 and 6

Topic :

Cooking Banana Cheese

Material :

Banana, cheese, chocolate, milk, frying pan, cooking spoon, spatula, sieve, cooking oil, tissue, paper plate, plastic plate and plastic fork.

Activity :

- Introduce the material.
- Review about the taste (sweet, salty, sour and bitter).
- Tell the taste of banana, cheese, chocolate and milk.
- Cooking together in the kitchen and introduce the material of cooking.
- Eating session.
- Give task to the students to make a paragraph about how to make banana cheese with full process.

EVALUATIONS FORM

PARTS	COMMENTS