

CHAPTER IV

CONCLUSION

In this chapter, I would like to discuss the result of my analysis from the previous chapters. In my opinion, the best solution to overcome the hyperactivity problem at *PG / TK Pelita Fajar* is by combining potential solution one and three, which are giving the stimulant medication and doing the behavior therapy. The explanation will be given in the next paragraphs.

The reason why I choose a combination of these two solutions is because the hyperactivity case can be overcome maximally by managing his behaviors consistently supported by stimulating his brain's function. Combining these two solutions will not take too much time compared with only doing the behavior therapy. The therapy should be supported with the stimulant medication that produces a quick reaction. Stimulant medication reacts quickly; thus, the therapy can work faster.

In this case, the role of the hyperactive boy's parents and teachers at *PG / TK Pelita Fajar* are needed to make the hyperactive boy's behaviors improve especially in studying in class. Teachers are able to set consistent rules like managing the boy to get into the class on time every morning, managing the boy to do his task and trying to make him finish that task.

Teachers are also able to practice the boy to put his books into his own bag. When he shows improvement and has followed the rules well, the teachers should give him reward like praising and giving stamps.

Considering the facts that the hyperactive boy gives difficulties to teachers and parents, creates an uncomfortable relationship with parents, and disturbs other children; therefore, he needs to be given an effective solution. Managing his behaviors every day and consuming the stimulant with a doctor's recommendation can limit those negative effects to occur in some times and can improve his behaviors to expected ones. As a result, hyperactivity problem can be overcome, the people around him feel more comfortable, and he can study effectively in class. Supported by my analysis and the justifications; therefore, combining behavior therapy and stimulant medication is expected to give the best solution that can be applied to the hyperactive boy at *PG / TK Pelita Fajar*.