

## CHAPTER IV

### CONCLUSION

Social anxiety disorder is a problem. It has so many bad effects on children's development. Avoiding this problem is not the answer. It can make it worse. Social anxiety disorder has to be treated. In this chapter, I am going to discuss about the chosen solution for the problem.

In my opinion, the best solution is applying the three solutions mentioned in the previous chapter, which are giving rewards, being careful with the words said to the children, and supporting the children by listening to and talking about their feelings to each child. I consider all the three solutions are of equal importance because each of these three solutions has its different positive effects.

Giving rewards relates with children's motivation. Watching the words said to the children relates with the way children think of themselves. Supporting the children by listening to and talking about their feelings relates with their self-esteem. All these three solutions have to be mixed so one solution could support the other two.

Based on my analysis, children having social anxiety disorder tend to seek approval from people. They need more care and attention than

others without the disorder. The three solutions I give are the forms of approval they want. When I was doing my apprenticeship, I applied the three solutions to all children having social anxiety disorder. First, I tried to give rewards. After the positive effects of giving rewards showed up, I did not quit trying. I also watched the words I said to the children. Furthermore, I listened to and talked about their feelings. By doing these, I see that the children become easier to approach and more active in class activities. Somehow, I noticed that the way the children responded to the solutions were different. A child showed significant response when I gave her rewards. The other one showed significant response when I watched the words said to her, while, the other one showed significant response when I listened to their feelings.

At the end of this term-paper, I want people to know that they have to be careful of shy children around them, in case they have social anxiety disorder. By applying the solutions given, I hope that children with social anxiety disorder can be treated properly.

For teachers and parents having children with social anxiety disorder, it will be good if they can provide rewards for the children; besides, they should spend more time with the children. Teachers can stay after class to talk with the children having social anxiety disorder, while parents can provide more time at home to do the same.