DAFTAR PUSTAKA

- Bandura.1997. Self-Efficacy: The Exercise of Control. New York: Freeman.
- Baron & Kenny.1986. The Moderator-Mediator Variable Distinction In Social Psychological Research. Conceptual, Strategic, And Statistical Considerations, Journal Of Personality & Social Psychology.
- Benard. 2004. Resiliency: What We have learned. San fransisco: WestEd.
- Covington. 1992. Making The Grade: A Self-Worth Perspective On Motivation And School Reform. Cambridge: Cambridge University Press.
- Dacey & Kenny. 1997. Adolescent Development. McGraw Hill.
- Ellis. 1994. Reason And Emotion In Pscyhotherapy (Re.ed). Secaucus. NJ: Birdh Lane.
- Friedenberg, Lisa. 1995. Psychological testing: Design, Analysis and Use. Massachusetts: Allyn & Bacon A. Simon & Schuster Company.
- Fry,G.& Martin.A.J.1994. Factors Contributing to Identification and Incidence of Stress During The School Practicum As Reported by Supervising Teachers.In T.A. Simpson (Ed). *Teacher Educators' Annual Handbook.Queensland*: QUT Press
- Graziano, A.M & M.L Raulin. 2000. Research Methods, A Process of Inquiry, 4th ed. Boston: Allyn & Bacon.
- Hancock, et all. 2000. The Impact Of Teachers' Instructional Strategies And Students' Anxiety Levels On Students' Achievement In Eigth Grade German And US Classrooms. *Journal Of Research And Development In Education*.
- Henderson, Nan & Mike M. Milstein. 2003. *Resiliency In School: Making It Happen For Students and Educators*. California: Corwin Press, Inc.
- Hoffman, Paris & Hall.1994. Developmental Psychology Today. McGraw-Hill.
- Kazantzis, Nikolaos.et all.2006.Homework Assignments in Cognitive and Behavioral Therapy: A Meta Analysis. *Clinical Psychology: Science and Practice. Volume 7. Issue 2*

- Kirkpatrick, Donald. 2006. Evaluating Training Programs The Four Level Third Edition. Berrett-Koehler Publishers, Inc, San Fransisco
- Kurniawan, Albert.2011. SPSS: Serba-Serbi Analisis Statistika Dengan Cepat dan Mudah. Jasakom.
- Krovets, Martin. 1999. Fostering Resiliency: Expecting All Students to Use Their Minds and Hearts Well. California: Corwin Press, Inc.
- Kyle, Diana. Vernoy, Mark. 2002. *Behavioral Statistics in Action*. McGraw-Hill Companies.
- Kohn, et all. 1991. Hassless, Health And Personality. *Journal Of Personality And Social Pschology*.
- Lazarus, R.S. & Folkman, S.1984. *Stress, Appraisal and Coping*. New York: Springer
- Lazarus. 1991. Emotion And Adaptation. Oxford: Oxford University Press.
- Liebert & Morris. 1967. Cognitive And Emotional Components Of Test Anxiety. A Distrinction And Some Initial Data. *Psychological Reports*.
- Lindstroem. 2001. The Meaning Of Resilience. *International Journal Of Adolescenct Medicine and Health*.
- Locke, Don., Myers, Jane. 2001. *The Handbook of Counseling*. New Delhi: Sage Publication.
- Margalit. 2004. Second-Generation Research On Resilience: Social-Emotional Aspects Of Children With Learning Disabilities. *Learning Disabilities : Research and Practice*.
- Ma. 1999. A Meta-Analysis Of The Relationshop Between Anxiety Toward Mathematics And Achievement In Mathematics. *Journal For Research In Mathematics Education*.
- Martin. 2003. The Student Motivation Scale: Further Testing Of An Instrument That Measures School Students' Motivation. Australian Journal Of Education.
- Martin. 2005. Exploring The Effects Of A Youth Enrichment Programs In Academic Motivation And Engagement. *Social Psychology Of Education*
- Martin. 2008a. Ehancing Student Motivation And Engagement: The Effects Of A Multidimensonal Intervension. *Contemporary Educational Psychology*.

- Martin, Andrew., Marsh, Herbert. 2006. Academic Buoyancy: Towards An Understanding of Students' Everyday Academic Resilience. *Journal of School Psychology Volume 46, Number 1*. Elsevier.
- Martin, Andrew., Marsh, Herbert. 2006. Academic Resilience And Its Psychological And Educational Correlates: A Construct Validity Approach. *Psychology In The School. Volume 43 (3)*. Wiley Interscience.
- Martin, Andrew., Marsh, Herbert. 2008. Workplace and Academic Buoyancy: Psychometric Assessment and Construct Validity Amongst School Personnel and Students. *Journal of Psychoeducational Assessment*. *Volume 26, Number 2.* Sage Publication
- Martin, Andrew., Marsh, Herbert. 2009. Academic Resilience And Academic Buoyancy: Multidimensional And Hierarchical Conceptual Framing of Causes, Correlates and Cognate Construct. *Oxford Review of Education*. *Volume 3, No 3*. London: Publisher Routledge.
- Martin, Andrew et all. 2010.Longitudinal Modelling of Academic Buoyancy and Motivation: Do The '5C's' Hold Up Over Time. *British Journal of Educational Psychology*. The British Psychological Society.
- Marsh & Shavelson. 1985. Self-Concept: Its Multifaceted, Hierachical Structure. *Educational Psychologist*.
- Martochioo, J.J. 1994. Effects Of Conceptions Of Ability On Anxiety, Self Efficacy, And Learning In Training. *Journal Of Applied Psychology*.
- McInerney & Marsh. 2007. Effects Of Metacognitive Strategy Training Within A Cooperative Group Learning Context On Computer Achievement And Anxiety: An Aptitude-Treatment Interaction Study. *Journal Of Educational Psychology*.
- Muldoon, Orla, et all.2002. The Factor Structure of The Multidimensional Measure of Children's Perceptions of Control. Elsevier.
- Newbegin & Owens. 1996. Self- Esteem And Anxiety In Secondary School Achievement. *Journal Of Social Behavior And Personality*
- Oemarjoedi, K.A.2003. *Pendekatan Cognitive Behavior dalam Psikoterapi*. Jakarta: Creative Media
- O'Mara et all. 2006. Do Self-Concept Interventions Make A Difference? A Synergistic Blend Of Construct Valdiation And Meta-Analysis. *Educational Psychologist*.

- Pajares & Schunk. 2001. Self-Beliefs And School Success: Self-Efficacy, Self Concept. amd School Achievement. In R. Riding & S. Rayner (Eds). *Self Perception*. London, Ablex Publishing.
- Pajres & Urdan. 2006. Adolescence And Evaluation. Vol 5: *Self-Efficacy Beliefs Of Adolescents*. Greenwich, CT Information Age Publishing.
- Pintrich, Paul., Schunk, Dale. *Motivation In Education : Theory, Research, and Application*.2nd Edition.New Jersey: Pearson Education.
- Reivich, Karen, Ph.D., Shatte, Andrew, Ph.D.2002. *The Resilience Factor: 7 Essential Skills for Overcoming Life's Inevitable Obstacles*. New York: Broadway books, A divsion of Random House, Inc.
- Santrock, John W. Adolescence. 1998. New York:McGraw-Hill Companies, Inc.
- Sarason & Sarason. 1990. Test Anxiety. In H. Liedenberg (ed). *Handbook Of Social And Evaluation Anxiety*. New York: Plenum Press.
- Schunck & Pajares. 2002. The Development Of Academic Self-Efficacy In A. Wigfield & J. Eccles (Eds), *Development Of Achievement Motivation*. Sandiego: Academic Press.
- Seidman, et all. 1995. Development and Validation Of Adolescent. Perceived Microsystem Scales: Social Support, Daily Hassles, and Involvement. *American Journal Of Community Pscychology*.
- Seidman, et all. 2003. Urban Adolescents' Transition To Junior High School and Protective Family Transactions. *Journal Of Early Adolescence*.
- Shirom. 1986. Studdents' Stress. Higher Education
- Siegel, S. 1994. Statistik Non Parametrik untuk Ilmu-Ilmu Sosial. Jakarta: PT. Gramedia.
- Silberman, Mel. 1990. Active Training, A Handbook of Techniques Designs, Case Example and Tips, University. Press, New York
- Skaalvik. 1997. Self- Enhacing And Self-Defeating Ego Orientation: Relations With Task and Avoidance Orientation, Achievement, Self-Perception, and Anxiety. *Journal Of Educational Psychology*
- Speirs & Martin.1999. Depressed Mood Amongst Adolescents: The Roles Of Perceived Control and Coping Style. *Australian Journal of Guidance and Counselling*.

- Spielberger. 1985. Assessment Of State And Trait Anxiety: Conceptual And Methodological Issues. *Southern Psychologist*.
- Steinberg, Laurence. 1993*Adolescence Psychology*. USA: The McGraw-Hill Companies, Inc.
- Steinberg, Laurence. 2002. *Adolescence 6th edition*. The Mc.Graw-Hill Companies, Inc.
- Stoolmiller, et all.2005. The Course Of Depressive Symptoms In Men From Early Adolescence To Young Adulthood: Identifying Latent Trajectories And Early Predictors. *Journal Of Abnormal Psychology*.
- Sudjana. 1988. Metoda Statistik, Edisi keempat. Bandung: Tarsito.
- Sugiyono. 1999. Metode Penelitian Bisnis.Bandung: CV Alfabeta.
- Tian P.S. Oei. 1997. Behavior Therapy and Cognitive Behavior Therapy in Asia
- Tobias.1985. Test Anxiety: Interference, Defective Skills, and Cognitive Capacity. *Educational Psychologists*.
- Walter & Marks. 1981. Experiental Learning and Change: Theory Design and Practice. New York: John Wiley & Sons.
- Werner, E. 2000.Protective Factors and Individual Resilience.In J.P.Shonkoff & S.J.Meisels. (Eds). *Handbook of Early Childhood Intervention*. 2nd Edition. New York: Cambridge University Press.
- Westbrook, Kennerly, Kirk. CBT, An Introduction to Cognitive Behavior Therapy Skills and Application
- Wigfield & Eccles.1989. Anxiety And Worries About Math And English Before And After The Junior High Transition
- Winkel, W.S.1983. Psikologi Pengajaran. Jakarta: PT Gramedia.
- Wolinsky, Fredric, et all. 2009. Does Cognitive Training Improve Internal Locus Of Control Among Older Adults?. *Journal Of Gerontology*: Social Sciences, 65b.
- Wolpe,1958. Psychotherapy by Reciprocal Inhibition. Stanford, CA: Standford University Press
- Zeidner & Hammer. 1990. Life Events and Coping Resources As Predictors Of

- Stress Symptoms In Adolescents. Personality and Individual Differences.
- Zimmmerman. 2001. Theories Of Self-Regulated Learning And Academic Achievement: An Overview and Analysis. In Zimmerman & Schunk (Eds), Self-Regulated Learning And Academic Achievement: Theoretical Perspectives. Mahwah, NJ: Erlbaum
- Zinser, Otto.1984. *Basic Principles of Experimental Psychology*. USA: McGraw-Hill Company: East Tennesse State University.
- Zohar. 1998. An Additive Model Of Test Anxiety: Role Of Exam. Specific Expextations. *Journal Of Educational Psychology*.

DAFTAR RUJUKAN

- Bandura. 1982. Self-Efficacy Mechanism In Human Agency. American Psychologist. *APA Flagship Journal*.
- Bandura, Albert.2006.Adolescent Development From An Agentic Perspective. In F. Pajares & T.Urdan (Eds). *Self-Efficacy Beliefs of Adolescents*. Greenwich, CT. Information Age Publishing.
- Beckers & Schmidt. 2001. The Structure Of Computer Anxiety: A Six Factors Model. *Computers In Human Behavior*.
- Bobo, J.K. Gilchrist, L.D et all.1986. Hassless, Role Stain, and Peer Relations in Young Adolescents. *Journal of Early Adolescence*.
- Buckner, et all.2003. Characteristics Of Resilient Youths Living In Poverty: The Role Of Self Regulatory Processes. *Developmental Psychopathology*.
- Catteral, J.S.1998.Risk and Resilience in Student Transitions to High School. American Journal of Education.
- Clark & Delia.1976. The Development Of Functional Persuasive Skills In Childhood And Early Adolescence. *Child Development*.
- Connell, J.P.1985. A New Multidimensional Measure of Children's Perception of Control. *Child Development*.
- Damayanti, Natalia. 2011. Perancangan dan Uji Coba Modul Pelatihan Self-Regulation Fase Forethought Bidang Akademik Pada Siswa kelas VIII Di SMP "X" Bandung.
- Falk & Wilkening. 1998. Children's Construction Of Fair Chances: Adjusting Probabilities. *Developmental Psychology*.
- Finn.J.D & Rock, D.A.1997. Academic Success Among Students At Risk For School Failure, *Journal of Applied Psychology*.
- Fredrickson, B.L. 2001. The Role of Positive Emotions in Positive Psychology. *American Psychologist*.
- French, S.E.., Seidman, E. et all.2000.Racial / Ethnic Identity, Congruence With The Social Context, and The Transition to High School. *Journal of Adolescent Research*

- Garmezy, N.1981. Children Under Stress: Perspectives on Antecendents and Correlates of Vulnerability and Resistence To Psychopathology. In A.I. Rabin.J. Aronoff, A.Barclay & R.A. Zucker (Eds). Further Exploration In Personality. New York, Wiley
- Glasser, W.1998.The Quality School:Managing Students With Coercion. New York. Harper Perennial
- Gonzales, R. & Padilla, A.M.1997. The Academic Resilience of Mexican American High School Students. *Hispanic Journal of Behavioral Sciences*.
- Haarhoff, Beverly & Kazantzis, Nikolaos.2007. How to Supervise the Use of Homework in Cognitive Behaviour Therapy: The Role of Trainee Therapist Belief. Massey University. Cognitive and Behavioral Practice 14.
- Igbaria., M. 1990. End-User computing Effectiveness: A Structural Equation Model. *Omega 18 (6)*
- Kanner, A.D., Coyne J.C. et all.1981. Comparison of Two Modes of Stress Measurement: Daily Hassless, Uplifts and Major Life Events to Health Status. *Journal of Behavioral Medicine*.
- Keller, et all. 2005. Patterns Of Risk And Trajectories Of Preschool Problem Behaviors: A Person-Oriented Analysis Of Achievement In Context, Development And Pscyhopathology.
- Kohn, P.M. et all.1991. Hassless, Health and Personality. *Journal of Personality and Social Psychology*.
- Lindstroem.B.2001. The Meaning of Resilience. *International Journal of Adolescence Medicine and Health*
- Locke, E.A. & Latham, G.P. 2002. Building Practically Usefull Theory of Goal Setting and Task Motivation: A 35 year Odyssey. *American Psychologist*.
- Luthar.S.S. & Chicchetti, D.2000. The Construct of Resilience: Implication for Interventions and Social Policies. *Development and Psychopathology*
- Masten, A.S.2001. Ordinary Magic: Resilience Processes in Development. *American Psychologist*.
- Masten & Powell. 2003. A Resilience Framework For Research, Policy And Practice In S.S. Luthar (Ed). *Resilience And Vulnerability*. Cambridge, Cambridge University.

- Meltzer. L.2004. Resilience and Learning Disabilities: Research of Internal and External Protective Dynamics. Learning Disabilities: *Research and Practice*.
- Miller, M. 2002. Resilience Elements in Students With Learning Disabilities. *Journal of Clinical Psychology*.
- Motivation and Engagement Materials Summary Documents.2010. Lifelong Achievement Group.
- Muthen & Muthen. 2006. M. Plus User's Guide. Los Angeles. M. Plus Inc.
- Nyland, et all. 2000. *Interaction Of Psychological Type And Anxiety Sensitivity On Academic Achievement*. Perceptual And Motor Skills.
- Overstreet ,S.& Braun, S.1999.A Preliminary Explanation of The Relationship Between Exposure to Community Violance and Academic Functioning. School Psychology Quarterly.
- Pangestie, Esty. 2006. Studi Tentang Perancangan Pelatihan Regulasi Diri Sebagai Upaya Peningkatan Academic Performance.
- Pearlin.L.I & Leiberman, M.A.1979.Social Source of Emotional Stress. *Research in Community Mental Health*.
- Pintrich, P.R., & DeGroot, E.1990. Motivational and Self-Regulated Learning Components of Classroom Academic Performance. *Journal of Educational Psychology*.
- Popedavis & Vispoel. 1993. How Instruction Influences Attitudes Of College Men And Woman Towards Computers. Computers In Human Behavior.
- Rahayu, Ira. 2010. Perancangan dan Uji Coba Modul Pelatihan Educational Resiliency Dalam Menghadapi Proses Belajar Di Sekolah Pada Siswa Kelas X Di SMA Swasta "A" Bandung
- Reich, Oser & Valentin.1994. Knowing Why I Now Know Better: Children's And Youth's Explanations Of Their Worldview Changes.
- Rice.1998. Intimate Relationships, Marriage, And Family.
- Schunck, D.H.., & Miller,S.D.2002. Self-Efficacy And Adolescents' Motivation.In F.Pajares & T.Urdan (Eds). *Academic Motivation of Adolescents*. Greenwich, CT. Information Age Publishing.
- Seidman, E. et all.1996. The Impact of Transition to High School on The Self-

- System and Perceived Social Context of Poor Urban Youth. *American Journal of Community Psychology*.
- Shelley, J.O.1998. Factors That Affect The Adoption And Use Of Electronic Mail By K-12 Foreign Language Educators. *Computers In Human Behavior*
- Simangunsong, Delli. 2010. Perancangan Modul Pelatihan Achievement Motivation Training Terhadap Peningkatan Motif Berprestasi Siswa Kelas XI Yang Memiliki Prestasi Akademik Di Bawah Rata-Rata Pada SMA "X" Bandung.
- Smith, Cowie & Blades. 1998. Oxford Blackwells.
- Sokura, Bertta, et all. *The Role Of Training In Decreasing Anxiety Among Experienced Computer Users*. Helsinkli School of Economics.Helsinki, Finland.
- Thompson. 1994. Self-Worth Protection: Review And Implications For The Classrooms. Educational Review
- Torkzadeh & Angelo.1992. The Concepts And Correlates of Computer Anxiety. *Behavior & Information Technology*.
- Torkzadeh & Angelo.1993. Computer User Training And Attitudes- A Study Of Business Undergraduates. *Behavior & Information Technology*.
- Vivekananda, Ayu.2010.Pengaruh Penerapan Konseling Kelompok Terhadap Peningkatan Derajat Educational Resiliency Pada Mahasiswa Yang Mengikuti Mata Kuliah Usulan Penelitian Di Fakultas Psikologi Universitas "X" Bandung.
- Wang, M.C., Haertal, G.D.&Walberg, H.J.1994.Educational Resilience in Inner Cities, in: M.C.Wang & E.W.Gordon (Eds). Educational Resilience In Inner-City America. Challenges and Prospect.
- Wiryaharja, Hardian. 2008. Pengaruh Pelatihan Self Efficacy Terhadap Self Efficacy Siswa Kelas XII Dalam Rangka Menghadapi ujian Nasional di SMU "X" Kota Bandung.
- Zeidner, M.1992. Sources of Academic Stress: The Case of First Year Jewish and Arab Students in Israel. *Higher Education*.
- Zeidner, M.1994.Personal and Contextual Determinants of Coping and Anxiety in Evaluative Situation: A Prospective Study. *Personality and Individual Differences*.
- Zimmerman, B.J. 2002. Achieving Self-Regulation: The Trial and Triumph of

- Adolescence. In F.Pajares. & T.Urban (Eds). *Academic Motivation of Adolescents*. Greenwich, C.T.Information Age Publishing.
- Chandra, Silvia. Resiliensi. (http://rumahbelajarpsikologi.com/index2.php?
 option=com_content&do_pdf=1&id=139, diakses 5 Januari 2010)
- Repubika.co.id.11 Desember 2010. Indeks Pembangunan Manusia Indonesia Jauh di Bawah Malaysia (http://www.republika.co.id/berita/breaking-news/nasional/10/12/10/151576-indeks-pembangunan-manusia-indonesia-jauh-di-bawah-malaysia,diakses 13 Februari 2011)