

NO	UTTERANCES	<u>FUNCTIONS OF SPEECH</u>					
		Expressive	Referential	Directive	Poetic	Phatic	Metalinguistic
1	<i>Color + Flavor. Lick your lip color</i>		√	√	√		
2	<i>Strongnail with nylon for long strong beautiful nail</i>		√		√		
3	<i>Body Firming cream. A new approach to toning, smoothing and refining</i>		√		√		
4	<i>Strong, sensuous, resilient. If you are what you wear, wear what you are.</i>		√		√		
5	<i>Discover the beauty of internal skincare</i>		√	√			
6	<i>Reverse the signs of stress and fatigue. Restore perfect comfort and softness. Renew your youthful look.</i>		√		√		
7	<i>Wake up your face!</i>		√	√			
8	<i>Nurture your body. Soothe your soul.</i>		√	√			
9	<i>Check it out. A longlast lipstick that won't cake, flake or go flat.</i>		√	√	√		

10	<i>Strengthen. Renew. Rescue. Extreme</i>		√				
11	<i>Face up to Vitamin C</i>		√	√			
12	<i>You've got a mouth. Learn to use it.</i>			√			
13	<i>The look of pores before cleansing. The look of pores after cleansing</i>		√		√		
14	<i>Go from wet to set in 2 minutes flat.</i>		√		√		
15	<i>Get a perfect sunless tan instantly.</i>		√	√			
16	<i>Defend your youth.</i>		√	√			
17	<i>Before you dress, caress</i>			√	√		
		0	15	10	9	0	0



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HOW SWEET THE LILY GROWS

Don't be deterred by the aristocratic appearance of these flowers. They are perfectly hardy and not difficult to grow, says JOY SIMMONS

IF YOU'RE under the impression that Lilies are only for the professional gardener, take heart. The Lilies of today are much stronger and more resistant to disease than of old, most of them as easy to grow as the Hyacinth.

Varying in height from half a metre to 3 m (1½-10 ft.), they come in a rich range of colours. The flowering season can last from the end of May to October if different varieties are planted.

You can grow them in an herbaceous border, shrubbery or wild garden, while many varieties are ideal for planting in pots and tubs, on a terrace or patio, or placed in strategic positions beside a door or gateway.

In my own garden, I grow groups of the tall varieties at the back of a perennial border with the shorter Mid-Century Hybrids towards the middle of the bed. But this autumn I am thinking of trying the gorgeous *Lilium regale*, one or two of the Pink Pearl strain and the ruby-carmine, white-edged *Lilium speciosum rubrum magnificum* in a large tub, in the hope that the richly scented blooms will fill the air with fragrance from June to September.

With the exception of *Lilium candidum*, the Madonna Lily, which should be planted in August or September, these beautiful aristocrats are best planted in November and December or during early spring, but orders should be sent as soon as possible.

SHADE THE ROOTS

The majority of Lilies enjoy their feet in the shade but heads in the sun, although they can be grown in part shade. If you plant them among low-growing shrubs or perennials, the plants shade the roots while allowing the flowers to bask in the sun.

Haphazard preparation of the site is useless for these beauties. The soil must be well-drained, well-aerated, porous and rich in humus—compost, leafmould or damp peat—together with sharp sand and a general fertiliser. These ingredients should be mixed in 30-45 cm (12-18 in.) deep.

It follows that if the ground is heavy clay, the soil will need considerable preparation. Simplest way is to plant on raised beds or on mounds 10-15 cm (4-6 in.) above the general level.

What proportion of humus to soil? Two parts soil, one part humus and one part sharp sand is about right, adding Vermiculite or Breakthrough to heavy clay.

Aim at a spongy consistency through which the roots can spread freely, bearing in mind that Lilies root deeply.

I mentioned the Madonna Lily for planting in August and September. Unlike other Lilies, these should be covered with no more than about 3 cm (1 in.) of soil, spacing the bulbs 30 cm (12 in.) apart in groups of at least half a dozen for a really good show.

These bulbs, by the way, look delightful growing near to the bright blue Delphinium, the rich blue of the latter enhancing the pure white of the Lily.



Above: Harmony, a Mid-Century Hybrid variety, bright orange.

Photo: Bulb Information Desk
Below: The Crimson-anthered Lily, *Lilium azovitsianum*, an old-world favourite.



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Face Up to Vitamin C

The latest skin care development :
Vitamin C enriched skin care

“Can vitamin C give me younger looking skin? Many skin pros advocate topical vitamin C to smooth and diminish fine lines. Says Kathy Fields, a San Francisco dermatologist, ‘There is some evidence it may spur skin cells into making collagen, a skin fibre that thins with age, to help plump up wrinkles’. Field has noticed her crow’s feet have softened.”

Family Circle Magazine, USA



The Wonder Vitamin

For years Vitamin C has been well known for its ability to boost the body's immune system, healing wounds, preventing scurvy and even keeping colds away. More recently Vitamin C's important role as an anti-oxidant is still undergoing research as the battle against cancer continues.

The Protection Factor

Revealed in recent scientific studies, Vitamin C (also known as ascorbic acids) has tremendous preventative and protective value. Formulated into skin care products, Vitamin C thus reduces the damaging effects of sun, stress, pollution and the environment on the skin.

Vitamin C photoprotective property further protects the skin from harmful UVA and UVB rays.

Wrinkle Reducer?

Vitamin C is also an anti-oxidant. That means Vitamin C also give protection against free radical damage caused by sun and other elements. These can greatly damage the structure and appearance of the skin. Vitamin C also stimulates collagen production. This plump up the skin and, reduces aging wrinkles. Instead you will have smooth, firm textured skin and, a more youthful appearance.

Furthermore, Vitamin C can help correct hyper-pigmentation thus improving the skin's colour and appearance.

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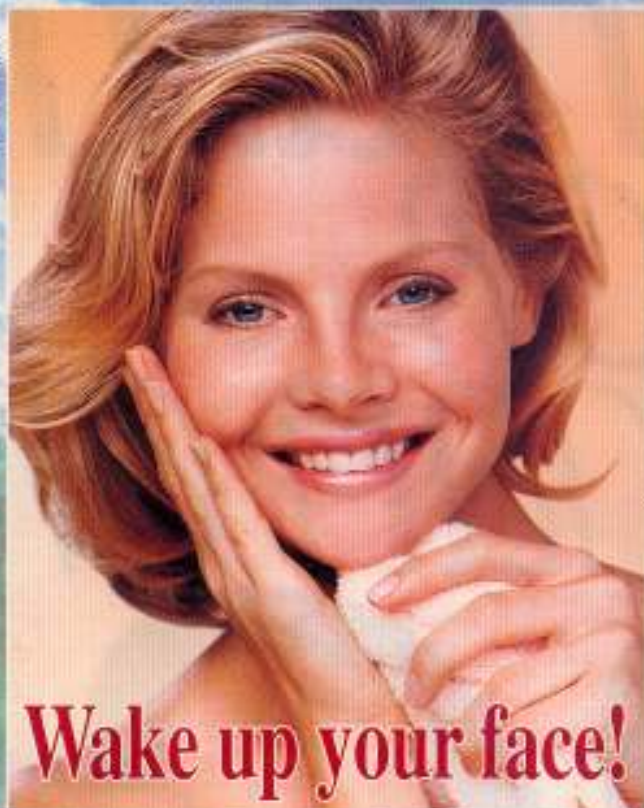


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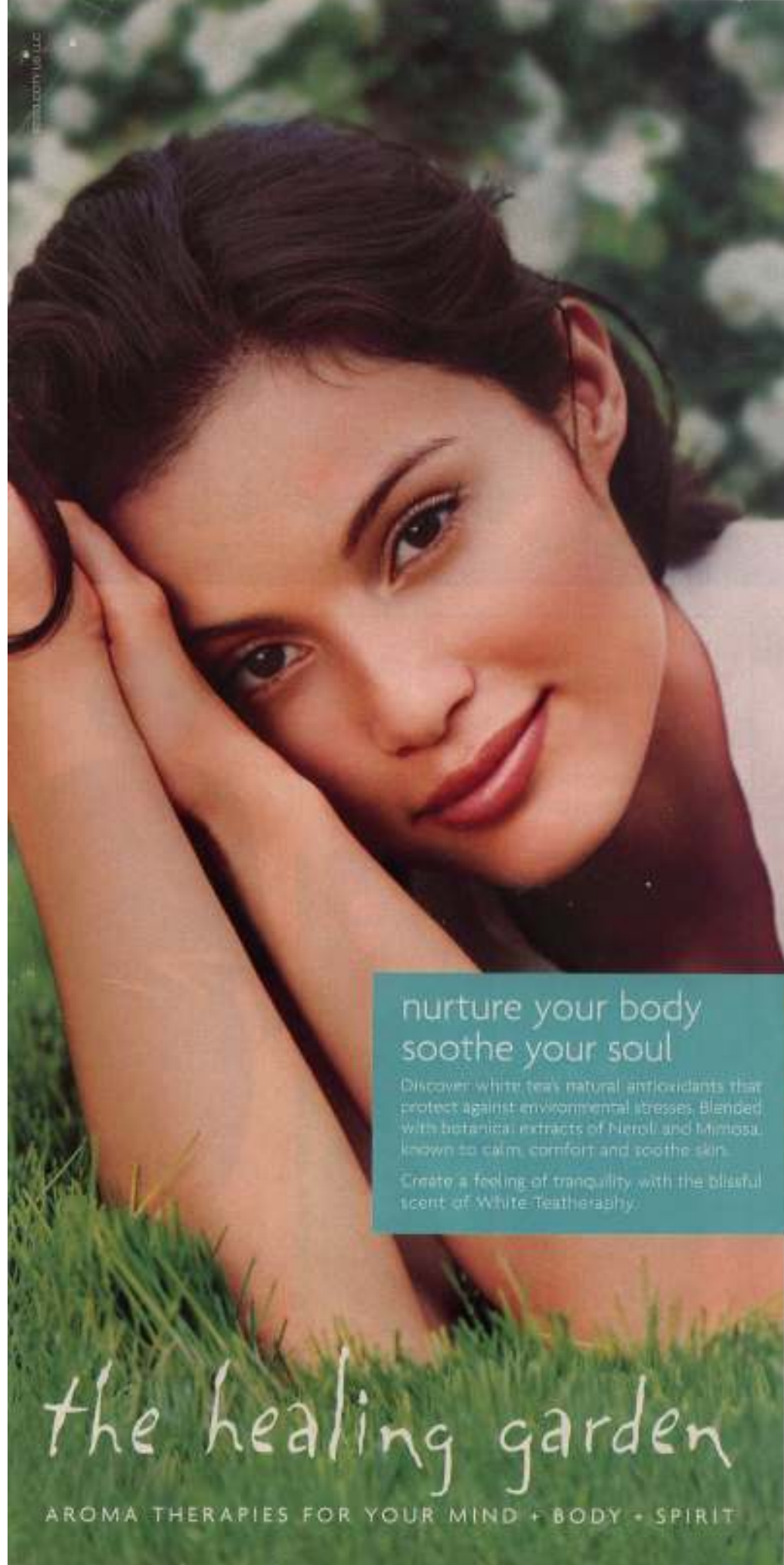


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