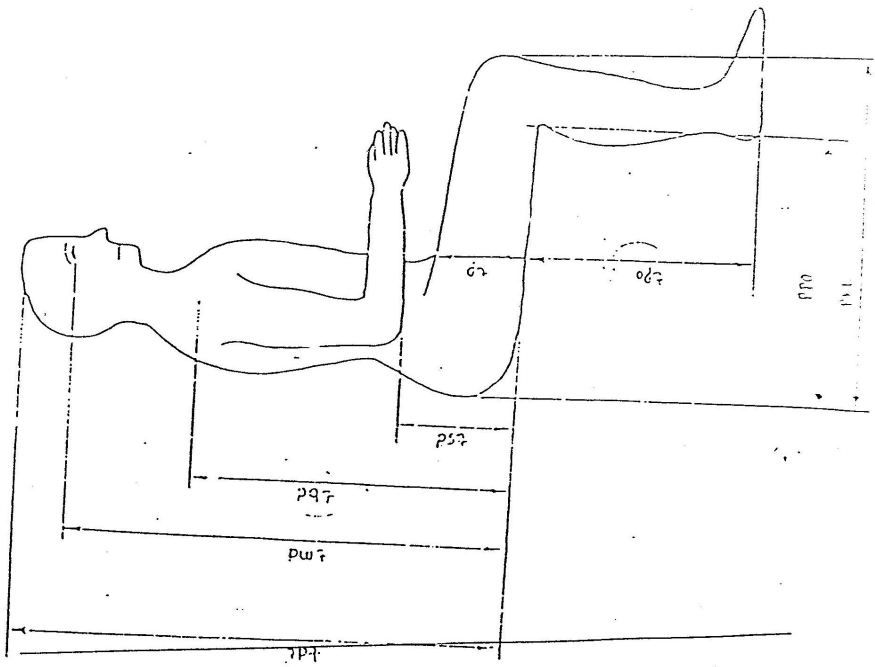
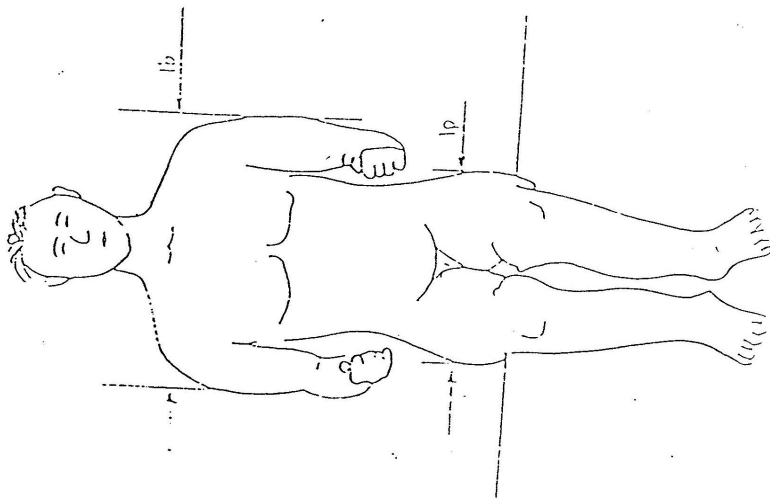


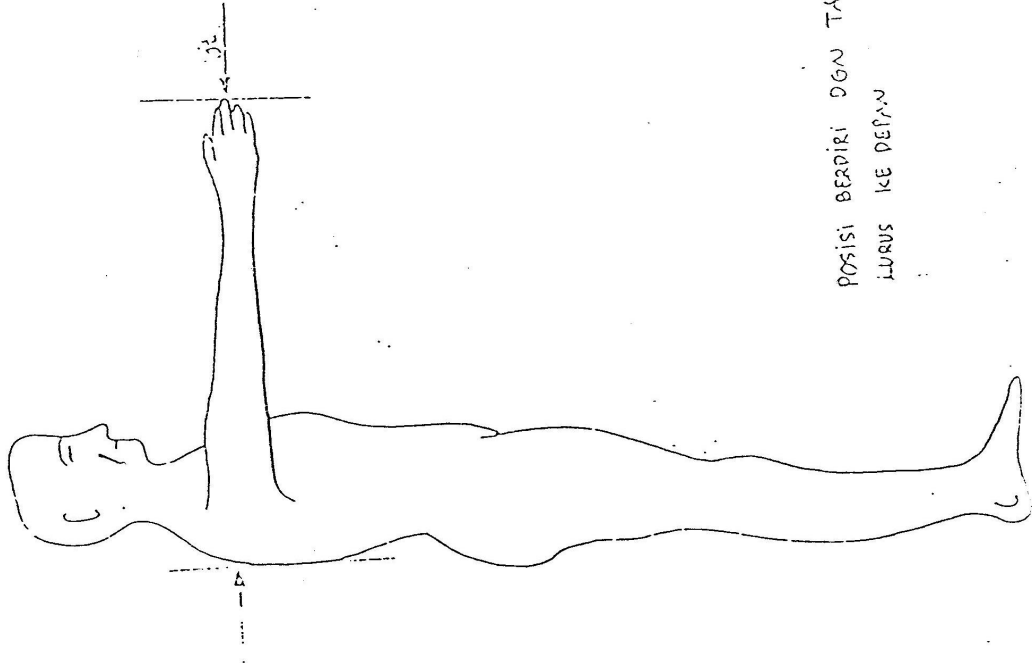
DAFTAR LAMPIRAN

- Lampiran 1 Gambar Anthropometri Tubuh Manusia, Data Anthropometri
- Lampiran 2 Gambar *Comfort Zone as a Function of Relative Humidity Versus Temperature*, tabel *General Illumination Levels and Types of Illumination for Different Task Conditions*, tabel *Percent Effective Ceiling or Floor Cavity Reflectance*, tabel *Coefficient of Utilization*, gambar Faktor *Luminaire Dirt Depreciation (LDD)*, tabel Data Lampu *Fluorescent*, tabel *Reflectance Factors for Surface Color*

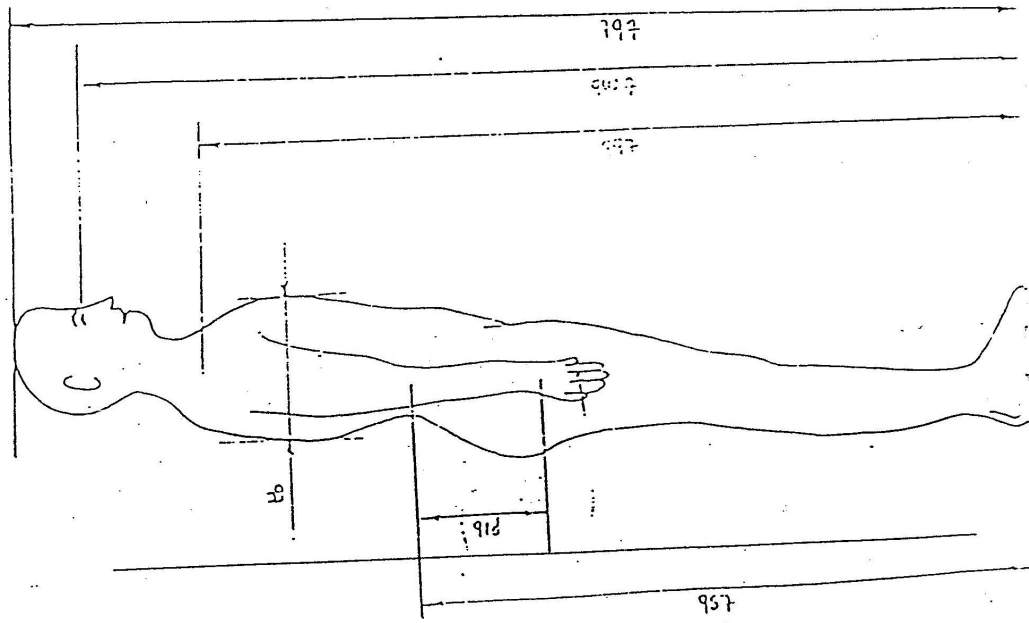
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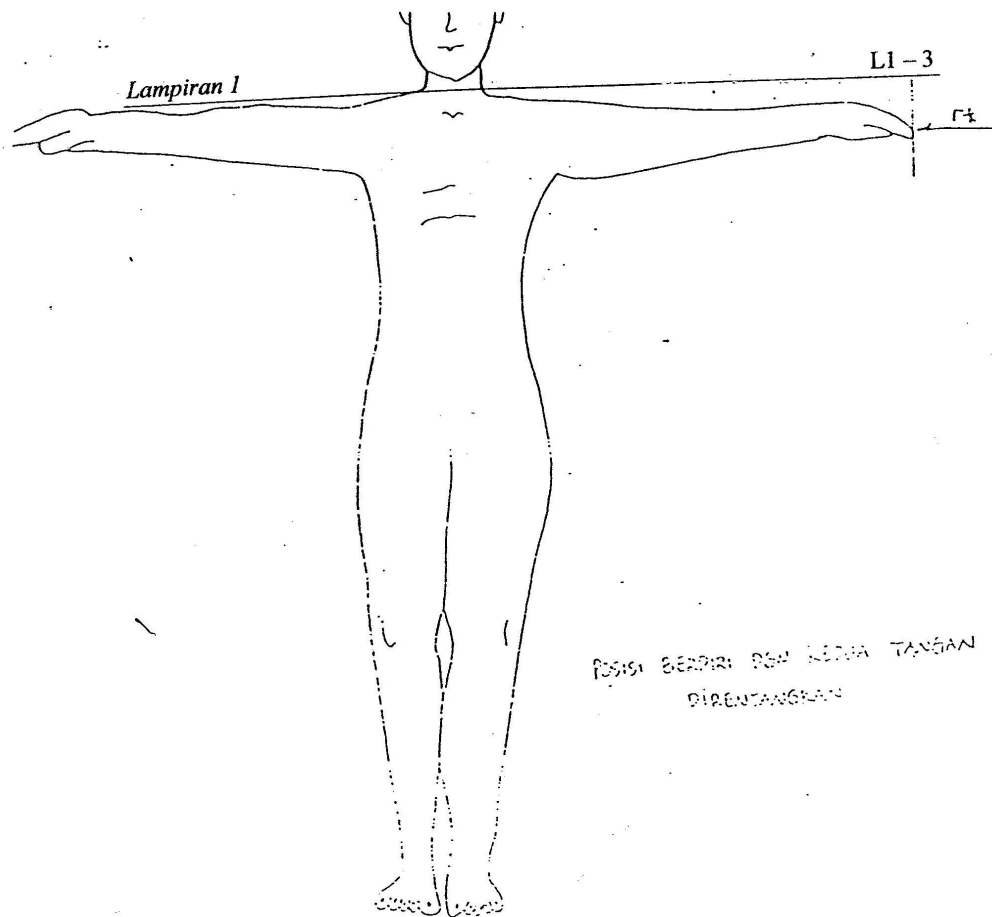
- **Gambar Anthropometri Tubuh Manusia**
- **Data Anthropometri**



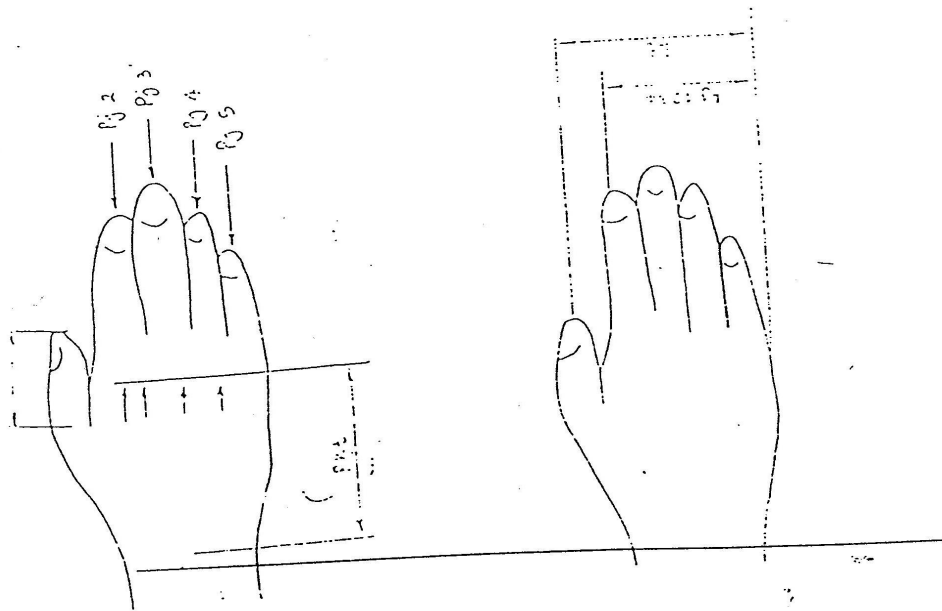


POSISI BERDIRI DGN TANGAN
LURUS KE DEPAN





POSISI BERDIRI DENGAN KEDUA TANGAN
DIREBTANGKAN



LAMPIRAN 2

- **Gambar *Comfort Zone as a Function of Relative Humidity Versus Temperature***
- **Tabel *General Illumination Levels and Types of Illumination for Different Task Conditions***
- **Tabel *Percent Effective Ceiling or Floor Cavity Reflectance***
- **Tabel *Coefficient of Utilization***
- **Gambar *Faktor Luminaire Dirt Depreciation (LDD)***
- **Tabel *Data Lampu Fluorescent***
- **Tabel *Reflectance Factors for Surface Color***

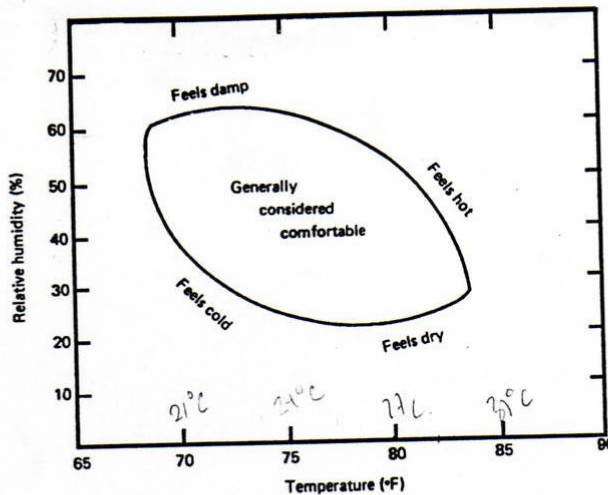


Figure WRKSTN-E4: Comfort Zone as a Function of Relative Humidity Versus Temperature²

Table WRKSTN-E3: Maximum Recommended Work Loads, Heat Discomfort Zone¹

Maximum Recommended Work Load					
Ambient Temperature		Relative Humidity			
°C	°F	20%	40%	60%	80%
27	80	VH	VH	VH	H
32	90	VH	H	M	L
38	100	H	M	L	NR
43	110	M	L	NR	NR
49	120	L	NR	NR	NR

Note: Assumptions include 2-hour continuous exposure, 0.6 clo insulation, air velocity less than 0.5 m/sec (100 ft/min). Higher work loads may be sustained for shorter work periods. See Figure VD-3 for further information. Definitions of work load abbreviations: VH = very heavy, 350-420 W (300-360 kcal/hr); H = heavy, 280-350 W (240-300 kcal/hr); M = moderate, 140-280 W (120-240 kcal/hr); L = light, less than 140 W (120 kcal/hr). NR = not recommended for 2 hours of continuous exposure.

Table WRKSTN-D5: Recommended Illumination Levels for Interior Lighting²

Activity type	Illumination level (lx)
Rough orientation	75
Occasional rough visual tasks	150
Rough assembly	320
Rough toolmaking	550
Office work—simple	750
Bookkeeping—small character size	1,500
Difficult inspection	1,500
Technical drawing	2,200
Precise assembly work	5,000
Prolonged difficult visual task	7,500
Precise and delicate visual work	11,000
Very special visual tasks—extremely low contrast and small object size	15,000

Table WRKSTN-D6: General Illumination Levels and Types of Illumination for Different Task Conditions³

Task condition	Type of task or area	Illuminance level (Ft.-c)	Type of illumination
Small detail, low contrast, prolonged periods, high speed, extreme accuracy.	Sewing, inspecting dark materials, etc.	100	General plus supplementary, e.g., desk lamp.
Small detail, fair contrast, speed not essential.	Machining, detail drafting, watch repairing, inspecting medium materials, etc.	50-100	General plus supplementary.
Normal detail, prolonged periods.	Reading, parts assembly; general office and laboratory work	20-50	General, e.g., overhead ceiling fixture.
Normal detail, no prolonged periods.	Washrooms, power plants, waiting rooms, kitchens	10-20	General, e.g., random natural or artificial light
Good contrast, fairly large objects.	Recreational facilities..	5-10	General.
Large objects.....	Restaurants, stairways, bulk-supply warehouses.	2-5	General.

