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Editors

Jong Seong Kang Hae Dong Jang Lawrence Young Viroj Boon Emmanuel Jean-Francois Ratnadewi

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FOREWORD

Message from the Rector



Honorable Keynote Speaker, Mr. Ignasius Jonan, former Minister of the Energy and Mineral Resources, and previously Minister of the Transportation Ministry of the Republic of Indonesia, we are greatly honored to have you with us this morning.

Distinguished keynote speakers, Prof. Ahmad M. Ramli (represented by Ikhsan Baidirus, S.H., LLM, Director of Post, General Directorate of Post and Information Technology, Ministry of Communication and Information Technology), Prof. John Silke, Dr. Ferry Sandra, Prof. Takayuki Arai, Prof. Young Ho Kim, Prof. Susy Tjahjani, Prof. Pim Martens, Dr. Dwinita Larasati, Prof. Chien-Hsu Chen, Prof. Wilson Bangun and Prof. Marcellia Susan, as well as all participants in the international conferences at Maranatha University.

A very good morning and best wishes to you all, and good evening to our colleagues in the US. Greetings and a warm welcome to Maranatha Christian University (MCU), Bandung, Indonesia.

I am delighted to be here with you today for the opening of the first MCU international conferences. These are: (i) The International Conference on Emerging Issues in Technology, Engineering, and Science, and (ii) The International Conference on Emerging Issues in Humanity Studies and Social Sciences, with the themes of: Digital Ecosystems for Sustainable Health and Community Development towards an Intelligent Society, and Innovations for Sustainable Community Development - Research and Practices, respectively.

We thank the many participants from countries across the different continents: the USA, the UK, the Netherlands, Norway, Taiwan, Japan, Korea, Thailand, Singapore, Malaysia, India, Australia, and New Zealand.

These first international conferences will serve as a platform to enable speakers and participants to share their research results, drawn from up-to-date research work, to initiate and strengthen further collaboration.

Without further ado, I would like to thank all the participants who have joined us for these international conferences. Again, my sincere hope is that what we accomplish today will be beneficial towards establishing collaboration among all the participants of these conferences.

I hereby declare the first international conferences at MCU in 2021 officially open.

May God bless you all. Thank you.

Prof. Ir. Sri Widiyantoro, MSc., PhD., IPU. Rector of Maranatha Christian University

Foreword



On behalf of the committee members, it is a great pleasure to welcome you all to our first two international conferences: Emerging Issues in Technology, Engineering, and Science (ICE-TES) and, Emerging Issues in Humanity Studies and Social Sciences (ICE-HUMS).

ICE-TES and ICE-HUMS are twin events which serve our passion in balancing technology and humanity issues in the world of science and share the core values of our university: Integrity, Care & Excellence (ICE).

This year's theme for both conferences focus on the United Nations' Sustainable Development Goals (SGD), which emphasize the following aspects: ICE-TES (Digital Ecosystem for Sustainable Health & Community Development: Towards the Intelligent Society) and ICE-HUMS (Innovations for Sustainable Community Development: Research and Practices). We believe research and initiatives that has pragmatic and multidisciplinary/interdisciplinary approaches allows us to unravel fundamental problems and answer related questions regarding sustainable development.

The logistics of both of the First ICE-TES and ICE-HUMS 2021 conferences consist of two general and fivescientific keynote speakers. Special tracks are designed in each conference which cover recent developments in: ICE-TES (technologies, engineering, medical, and dentistry), ICE-HUMS (psychology, languages & cultures, economics, arts & design, and laws). The ICE-TES tracks received 82 submissions and 51 are accepted in the proceedings, involving authors from five countries, and corresponding to an acceptance rate of 62.2%. At the same time, the ICE-HUMS has received 130 submissions and 73 are accepted in the proceedings, involving authors from four countries, corresponding to an acceptance rate of 56.1%. All submitted papers were peer-reviewed on the basis of their significance, state-of-the-art contributions, and technical qualities.

Since we are still in the midst of COVID-19 pandemic, the conference has been organized virtually. The organizing committee has been working intensively to ensure that the scientific sessions will be valuable and engaging for all presenters and attendees. The parallel session format is a mix of pre-recorded and synchronous engagement through in-person live videos and question and answer sessions.

We would like to express our sincere appreciation to all the keynote speakers, committee members and reviewers for their dedication. Last, but certainly not least, we would like to offer many thanks to all authors who submitted their papers and all participants who registered to join this conference. We believe that ICE-TES and ICE-HUMS 2021 will be an inspiring academic occasion and will become a great platform for many ideas as well as research initiatives in the scientific community. Have an inspiring conference!

Dr. Hapnes Toba, M.Sc., General Chair of ICE-TES and ICE-HUMS 2021 Dr. Wahjoe Widowati, M.Si., General Co-chair of ICE-TES 2021 Joni, Ph.D., Ak., CA., CPSAK., General Co-chair of ICE-HUMS 2021

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FULL PAPERS

The Role of Adult Attachment and Spiritual Well-being towards Wife's Marriage Satisfaction in the Muslim Community of Bandung

Yuspendi[®], Trisa Genia C. Zega[®], Indah Soca R. Kuntari[®], Lie Fun Fun^{®^d} and Ida Ayu N. Kartikawati[®]

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Keywords: Adult Attachment, Spiritual Well-being, Marriage Satisfaction, Muslim Community.

Abstract: Indonesia Has the Top Ranking in the Asia Pacific When It Comes to Divorce Knowing about Marriage Satisfaction Can Help Understand the Problem. This Study Examined the Role of Adult Attachment and Spiritual Well-Being on Marriage Satisfaction. Our Respondents Were 399 Wives in Several Muslim Communities in Bandung. We Run Multiple Regression on Wife Who Had Been Married for at Least 2 Years and Were Still Bound in a Monogamous Marriage. We Tested Three Hypotheses. the First Results Showed That Adult Attachment and Spiritual Well-Being Significantly Affect Wifes' Marriage Satisfaction in the Muslim Community. We Found That Adult Attachment Has a Significant Role in the Satisfaction of the Wife's Marriage. in the Third Result, We Found That Spiritual Well-Being Related Significantly to the Wife's Marriage Satisfaction. This Means That a Romantic Relationship with a Secure Partner Makes the Wife Closer and Less Anxious about Her Partner. Having a Dimension of Good Religiosity towards God Can Increase the Satisfaction of a Wife's Marriage. the Implication of This Study, the Balance of the Role of Adult Attachment and Spiritual Well-Being Can Increase the Satisfaction of Marriage toward Wife so It Can Reduce the Divorce Rate in Families in the Community of Muslim.

1 INTRODUCTION

The issue of intimacy or a close relationship with a married couple has become an important problem in Indonesia. Indonesia has the top ranking in Asia Pacific when it comes to divorce. Indonesia is also one of the countries with the majority of the population who embrace Muslim. Divorce in Indonesia is increasing every year. The Central Bureau of Statistics revealed that the divorce rate in 2015 was 353,843 cases. In 2018 it increased to 408,402 cases. Over the three-year period alone, 54,559 cases, or a 15.41 percent increase. The biggest cause of divorce in 2018 was constant disputes and quarrels with a total of 183,085 cases. The second rank was due to economic problems with a total of 110,909 cases. The rest is due to the departure of a

partner, domestic violence, and disgraceful behavior of the spouse. Even the Supreme Court has released data in April 2019, the number of divorce cases caused by differences in political views (Darmansyah, 2020). This trend will continue to increase over the next five years. This is due to a lack of ability to resolve conflicts that occur and the ability to maintain household harmony (Wibawa, 2017).

Disharmony in husband-wife relationships in the family can be caused by the low satisfaction of marriage related to a healthy relationship with a partner, intensive communication and feelings of happiness when with a partner.

Marriage satisfaction of married couples can be seen through the level of marital satisfaction, where the higher level of marriage satisfaction, the more satisfied the marriage. According to Dabone (2014)

Yuspendi, Zega, T., Kuntari, I., Fun, L. and Kartikawati, I.

The Role of Adult Attachment and Spiritual Well-being towards Wife's Marriage Satisfaction in the Muslim Community of Bandung.

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marriage satisfaction is a mental condition that reflects the meaning of profit and loss in an individual marriage. If individuals feel a lot of losses, their satisfaction will decrease and vice versa if they feel a lot of benefits, their satisfaction will increase. The mental condition that reflects the many losses in this marriage can lead to divorce.

Fowers and Olson (1989) states that marriage satisfaction is an evaluation of areas in marriage which include communication, leisure time activities, religious orientation, conflict resolution, financial management, sexual relations, family and friends, equality of roles and child care. Ghorbanalipoor et. al (2008) added three areas in marriage satisfaction, that are age of marriage, length of marriage and commitment.

A healthy relationship with a partner can be formed if you have a secure attachment. Hazan and Shaver (in Brennan, 2009) argue that emotional bonding (adult attachment) developed through a romantic relationship with a partner has the following characteristics: (1) there is a feeling of security when close to each other, (2) both have closeness, intimacy and body contact, and (3) feelings of insecurity when other people don't accept it.

There are two dimensions of adult attachment, namely the avoidance dimension and the anxiety dimension which will determine the attachment pattern, whether secure and insecure attachment. If the two dimensions get a high score then the adult attachment leads to secure attachment, whereas if one or both of these dimensions get a low score then the adult attachment leads to insecure attachment.

To increase the satisfaction of marriage, spiritual well-being (SWB) is needed in relation to a close relationship with God. Research on SWB shows a positive relationship with positive self-perception, purpose and meaning in life, self-confidence, physical health, emotional adjustment, and selfcontrol. On the other hand, if the SWB is low, it will be associated with distress, poor health, low ability to adjust emotions, dissatisfaction in life and lack of life goals (Phillip, Mock, Bopp, Dudgeon & Hand, 2006).

Spiritual well-being (SWB) is an individual subjective perception of the quality of his life related to spiritual life through two dimensions, namely the dimension of religious well-being (RWB), which is a vertical dimension that refers to welfare in relation to God or a higher power. The other dimensions namely existential well-being (EWB) is a horizontal dimension that refers to goals and satisfaction in life (Monad in Darvyri et. al., 2014).

Paloutzian and Ellison (in Darvyri, et. Al., 2014) explain that spiritual well-being is positively related to life goals, religious intrinsic commitment and selfesteem, while it is negatively related to individualism, freedom and loneliness.

This research needs to be done to obtain a model description of the relationship between adult attachment and spiritual well-being on marriage satisfaction in husband and wife. Efforts to increase the happiness of husband and wife need to be done to prevent the increasing number of divorces in Indonesia. Steps that need to be taken are to improve the satisfaction of a married couple's marriage by increasing their relationship with their partner (adult attachment) and their relationship with God (spiritual well-being).

If the determinant factors of a husband and wife are well developed, it will affect the satisfaction of marriage in dealing with the partner in maintaining integrity so that it becomes the basis for the formation of superior generations in the future.

2 METHODS

Respondents of this research are husband and wife who have been married at least 2 years and who are monogamous in their marriage who live in the city of Bandung. The measurement tool for this research is husband-wife attachment measured using the Experiences in Close Relationships (ECR) Inventory - Adult Attachment Questionnaire developed by Brennan, Clark and Shaver which has been translated and validated by Yuspendi (2014), where 36 of these items selected based on the results of the factor analysis of 482 items by Brennan et al. (1998), Ellison and Paloutzian's Spiritual Well-Being Scale, Marital satisfaction is measured using Rusbult's (1993) Marital Satisfaction Level measurement tool. Data processing used multiple regression statistical tests to test the research hypothesis by obtaining a model of the relationship between the role of adult attachment and spiritual well-being on marriage satisfaction.

The research hypothesis proposed in this study is as follows:

(a) Adult attachment and spiritual well-being simultaneously play a role in marriage satisfaction in husband and wife. (b) Adult attachment plays a role in marriage satisfaction in husband and wife. (c) Spiritual well-being plays a role in the satisfaction of marriage in husband and wife.

3 RESULTS AND DISCUSSION

3.1 Results

Based on the results of research on 399 wife respondents who participated in the activities of the Muslim community in the Taklim Council which were spread over approximately 20 sub-districts in the city of Bandung. A complete description of the data will be presented in the following section including descriptions of research respondents related to demographic data and statistical test results from data processing in accordance with the research hypothesis.

Respondents from the Muslim community attend activities at the mosque at least once a week (Mean = 4.87, SD = 1.27) and carry out religious activities such as recitation more than twice a week (Mean = 3.76, SD = 1.32). The level of appreciation of spirituality is at a moderate level (Mean = 4.22, SD = 1.29).

Based on the results of statistical tests on the 3 research hypotheses, the following results were obtained:

A. Adult Attachment plays a role in the satisfaction of the wife's marriage in the Muslim Community

Table 1: Dimension of Adult Attachment toward Marriage Satisfaction.

Variable	es	Marriage Sa	tisfaction
		β	Sig.
Adult Attachment	Avoidance	442**	.000
	Anxiety	172**	.006
Note. *<.05 **<	.01 Multip	le Regression	N=399

In the per-path test (see table 1) it appears that both adult attachment dimensions have a significant role in a negative direction on marriage satisfaction, both the avoidance dimension (β -.442, Sig.000) and the anxiety dimension (β -172, Sig. 006).

Table 2: Adult Attachment toward Marriage Satisfaction.

Dependent	Multiple Regression				
Variables	R	R Square	F	Sig.F	%
Marriage Satisfaction	.355**	.126	28.60	.000	12.6

Note. *<.05 **<.01 N=399

a. Dependent Variable: marriage satisfaction

b. Predictors: (Constant), Avoidance, Anxiety

The results in table 2 in testing the research hypothesis A show that the adult attachment dimension simultaneously have a significant role in the satisfaction of the wife's marriage in the Muslim community with an R coefficient of .355 with a value of Sig.000. The contribution of the adult attachment dimension to marriage satisfaction is 12.6% and the rest is influenced by other factors.

B. Spiritual Well-Being has a role in the satisfaction of the wife's marriage in the Muslim community

 Table 3: Dimension of Spiritual Well-Being toward

 Marriage Satisfaction.

Variables		Marriage Sa	tisfaction	
			β	Sig.
Spiritual Well-	· Religious	Well-	.371**	.000
Being	Being	g		.063
	Existen	tial	.087	
	Well-Be	eing		
Note. *<.05	**<.01	Multip	ole Regression	N=399

Based on the per-path test, it can be seen in table 3 that the spiritual dimension of well-being has a significant role in marriage satisfaction, that is the dimension of religious well-being (β .371, Sig.000), while the dimension of existential well-being does not have a significant role (β . 087, Sig. 063).

Table 4: Spiritual Well-being toward Marriage Satisfaction.

Dependent	Multiple Regression				
Variables	R	R Square	F	Sig.F	%
Marriage	.373**	.136	31.95	.000	13.6
Satisfaction					
		1 01			

Note. *<.05 **<.01 N=399

a. Dependent Variable: Marriage Satisfaction

b. Predictors: (Constant), EWB, RWB

The results of the research hypothesis B in table 4 show that the spiritual dimension of well-being has a significant role simultaneously on the satisfaction of the wife's marriage in the Muslim community with an R coefficient of .373 with a value of Sig.000. The contribution of the spiritual dimension of well-being to marriage satisfaction is 13.6% and the rest is influenced by other factors.

C. Adult Attachment and Spiritual Well-Being simultaneously play a role in the satisfaction of the wife's marriage in the Muslim community

Table 5: Adult Attachment and Spiritual Well-Beingtoward Marriage Satisfaction.

Dependent		Multiple	Regress	ion	
Variables	R	R Square	F	Sig.F	%
Marriage	.483**	.233	29.96	.000	23.3
Satisfaction					
Note. *<.05	**<.01	N=	399		

a. Dependent Variable: marriage satisfaction

b. Predictors: (Constant), EWB, Avoidance, RWB, Anxiety

Based on table 5, the results of research hypothesis C show that adult attachment and spiritual well-being simultaneously have a significant role in the satisfaction of a wife's marriage in the Muslim community with an R coefficient of .483 with a value of Sig.000. The contribution of adult attachment and spiritual well-being to marriage satisfaction is 23.3% and the rest is influenced by other factors.

Table 6 shows each path analysis of the dimensions of adult attachment and spiritual wellbeing, the results of the avoidance dimension has a significant role in a negative direction on marriage satisfaction with the coefficient β -.352, Sig.000, while the anxiety dimension does not play a significant role in marriage satisfaction with the coefficient β -.071, Sig. 233. In the spiritual dimension of well-being, it appears that both of them have a significant role, both religious well-being (β . 331, Sig. 000) and existential well-being (β . 102, Sig. 000) on marriage satisfaction.

Table 6: Adult Attachment and Spiritual Well-Being toward marriage satisfaction.

Var	iables	Marriage Satis	
		β	Sig.
Adult	Avoidance	.352**	.000
Attachment	Anxiety	071	.233
SWB	RWB	.331**	.000
	EWB	.102*	.023
Note. *<.05	**<.01 Multip	ole Regression	N=399

3.2 Discussion

Based on the results of the study in tables 1 and 2, the analysis per variable is carried out. It is found that adult attachment has a significant role in the satisfaction of wife's marriage in the Muslim community with an R coefficient of .355 with a value of Sig .000. The contribution of adult attachment dimension to wife's marriage satisfaction is 12.6% and the rest is influenced by other factors. This is related to the role of the adult attachment dimension, both the avoidance dimension (β -.442, Sig.000) and the anxiety dimension (β -172, Sig. 006) in the wife in the Muslim community. This means that the lower dimensions of avoidance and anxiety will make the wife feel closer and not feel anxious when she is close to her partner so that she feels satisfied in her marriage relationship.

Likewise, spiritual well-being has a significant role in the satisfaction of wife's marriage in the Muslim community with a coefficient of R of .373 with a value of Sig. 000. The contribution of the spiritual dimension of well-being to marriage satisfaction is 13.6% and the rest is influenced by other factors (see tables 3 and 4), but only one spiritual dimension of well-being has a significant role, namely the dimension of religious well-being (β .371, Sig. .000), while the dimensions of existential well-being do not play a significant role. (β . 087, Sig. 063). This means that in the analysis per variable it is known that religious activities can increase marriage satisfaction for wives in the Muslim community.

It is known that there is a significant role between adult attachment and spiritual well-being simultaneously on the satisfaction of a wife's marriage in the Muslim community with an R coefficient of .483 with a value of Sig.000. The contribution of adult attachment and spiritual wellbeing to marriage satisfaction is 23.3% and the rest is influenced by other factors (see table 5).

Path analysis between adult attachment and spiritual well-being show the role of the adult attachment dimension, that is the avoidance dimension with a negative direction and two dimensions of spiritual well-being, namely religious and existential well-being toward marriage satisfaction (see table 6). This means that lower avoidance will make the wife want to be closer to her partner, balanced with the desire to continue to foster a relationship with God as a source that gives her a sense of well-being.

The contribution of adult attachment and spiritual well-being to wife's marriage <u>satisfaction</u> in the Muslim community appears to be almost the same, is about 12.6% -13.6% (see table 2 and 4). The balance of the role of adult attachment and spiritual wellbeing can increase the satisfaction of a wife's marriage in the Muslim community.

The strengths of this study are that the majority of the population in Indonesia is Muslim so that it will be more contextual in accordance with the description of the population in Indonesia compared to previous studies.

4 CONCLUSIONS

Based on the results of research and research discussion, we found that adult attachment played a significant role in the satisfaction of the wife's marriage in the Muslim community, related to the two dimensions of adult attachment, both avoidance and anxiety dimensions of wives in the Muslim community. Likewise, spiritual well-being has a significant role in the satisfaction of a wife's marriage in the Muslim community, but only one spiritual dimension of well-being has a significant role, namely religious well-being.

It can be concluded that there is a significant role between adult attachment and spiritual well-being simultaneously on the satisfaction of a wife's marriage in the Muslim community. Based on the results of the path analysis between adult attachment and spiritual well-being, it is known that the role of the adult attachment dimension is avoidance and two spiritual dimensions of well-being, namely religious and existential well-being on marriage satisfaction.

The contribution of adult attachment and spiritual well-being to the satisfaction of a wife's marriage in the Muslim community appears almost as large. The balance of the role of adult attachment and spiritual well-being can increase the satisfaction of marriage and wife in the Muslim community.

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