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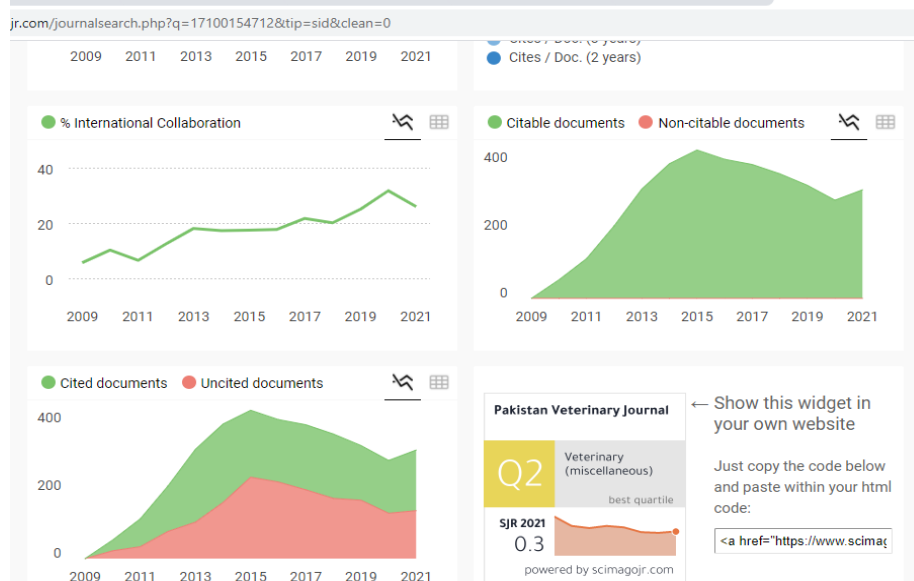
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## RESEARCH ARTICLE

### Protective Effect of Ethanolic Extract of Jati Belanda (*Guazuma ulmifolia* L.) by Inhibiting Oxidative Stress and Inflammatory Processes in Cisplatin-induced Nephrotoxicity in Rats

Wahyu Widowati<sup>1\*</sup>, Sijani Prahastuti<sup>1</sup>, Meilinah Hidayat<sup>1</sup>, Stella Tinia Hasiana<sup>1</sup>, Roro Wahyudianingsih<sup>1</sup>, Ervi Afifah<sup>2</sup>, Hanna Sari Widya Kusuma<sup>2</sup>, Rizal Rizal<sup>2,3</sup> and Mawar Subangkit<sup>4</sup>

<sup>1</sup>Faculty of Medicine, Maranatha Christian University, Jl. Surya Sumantri No. 65 Bandung 40164, West Java, Indonesia  
<sup>2</sup>Biomolecular and Biomedical Research Center, Aretha Medika Utama, Jl. Babakan Jeruk II No. 9, Bandung 40163, West Java, Indonesia; <sup>3</sup>Biomedical Engineering, Department of Electrical Engineering, Faculty of Engineering, Universitas Indonesia, Depok 16426, West Java, Indonesia; <sup>4</sup>Laboratory of Veterinary Pathology, Faculty of Veterinary Medicine, IPB University, Bogor, Indonesia, Jl. Agathis No. 1, IPB University Darmaga Campus, Bogor 16680, West Java, Indonesia  
\*Corresponding author: wahyu\_w60@yahoo.com

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#### ABSTRACT

The accumulation of high concentrations of cisplatin in the kidneys may cause nephrotoxicity. Cisplatin-induced nephrotoxicity happens through the inflammation of the tubules, and apoptosis, necrosis, and vascular defects. Jati Belanda (*Guazuma ulmifolia* L.) leave contain various natural compounds and the ethanolic extract of Jati Belanda decreased Reactive Oxygen Species (ROS) level in diabetic glomerulosclerosis by in vitro study. According to the author's knowledge, no comprehensive work was dedicated to nephroprotective effect of Jati Belanda ethanolic extract (EEJB) in cisplatin-induced nephrotoxic rat. Two doses of EEJB 300 mg/kg bw, EEJB 600 mg/kg bw were administered in nephrotoxicity rats by inducing cisplatin 8 mg/kg bw for three days before EEJB treatment. The measurement of MDA and CRE were done using colorimetric methods while IFN- $\gamma$ , IL-1 $\beta$ , and TNF- $\alpha$  expression was done by using immunochemistry (IHC) assay. The results of this study showed that EEJB 300 and 600 mg/kg bw could decrease MDA and CRE level also IFN- $\gamma$ , IL-1 $\beta$ , and TNF- $\alpha$  expression compared with positive control. Thus, ethanolic extract of Jati Belanda may give protective effect in patients being treated with chemotherapy using cisplatin but further toxicity effect and clinical trials studies are needed.

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#### INTRODUCTION

Nephrotoxicity is a condition in which renal functions are decreased due to the toxic effects of chemicals or drugs. About 20% of nephrotoxicity is induced and caused by drugs. This percentage is higher on the elderly due to an increase in lifespan and drugs consumed (Marwa *et al.*, 2019). There are several drugs that can affect renal functions predominantly, thus the dosage needs to be adjusted to prevent a decrease in renal function (e.g. heparin). The nephrotoxic effects of most drugs are more profound in patients suffering from renal failure. The markers of nephrotoxicity and early renal dysfunction are blood urea nitrogen (BUN) and serum creatinine (CRE) with low sensitivity (Hameed *et al.*, 2017; Campos *et al.*, 2018).

Cisplatin (CP) is a chemical commonly used in chemotherapy against tumors of the bladder, testes, ovaries, breasts, and lungs (Chirino *et al.*, 2004). This drug is correlated with nephrotoxicity in 28–36% of patients when they received an initial dose (50–100 mg/m<sup>2</sup>) of CP (Badary *et al.*, 2005; Rabik and Dolan, 2007). The accumulation of high concentrations of CP in the renal tissues can cause nephrotoxicity by inducing inflammation of the tubules, and other apoptotic factors, necrosis and vascular factors (Li *et al.*, 2017; Kumar *et al.*, 2017; Zhu *et al.*, 2017). Clinical uses of CP are limited because of these serious complications (Dasari and Tchounwou, 2014). CP can also cause the development of renal tubule lesion by inducing oxidative stress (Chtourou *et al.*, 2015; Lin *et al.*, 2015; Saral *et al.*, 2016; Oh *et al.*, 2017). The reactive nitrogen species (RNS) and reactive oxygen species (ROS) productions in oxidative stress change the function and

structure of cellular membranes (Pedraza-Chaverri *et al.*, 2004; Divya *et al.*, 2016). Moreover, their accumulations in the renal and lysosomes cause CP-induced acute nephropathy (Romero *et al.*, 2009). Therefore, antioxidants and scavengers of free radicals may be capable to prevent the nephrotoxicity that cisplatin induced (Alhoshani *et al.*, 2017). CP increase ROS level and activate Tumor Necrosis Factor Alpha (TNF- $\alpha$ ), caspase-3 (Casp-3) and leads to apoptosis. TNF- $\alpha$  also activates other inflammatory related cytokines including Interferon- $\gamma$  (IFN- $\gamma$ ) and Interleukin-1 $\beta$  (IL-1 $\beta$ ) (Widowati *et al.*, 2022).

Natural products that are obtained from plants and animals offer vast resources of new potential medicinal agents for clinical use. A high number of modern drugs have been made and isolated from natural sources. Those medicinal plants have the potentials to be used in the treatments for various diseases in the world (Patil and Biradar, 2013). Indonesia represents one of the tropical countries that are rich with various species of tropical plants. One of the tropical plants that have long been used to promote health is *Guazuma ulmifolia* L. which is called "Jati Belanda" in Indonesia (Rozqie *et al.*, 2014; Prahastuti *et al.*, 2019). The natural compounds in Jati Belanda leaves are tannins, alkaloids, mucilage, saponins,  $\beta$ -sitosterol, and flavonoids. Ethanolic extract of Jati Belanda (EEJB) can decrease cholesterol levels in hypercholesterol animals model (Rozqie *et al.*, 2014), lower ROS level in diabetic glomerulosclerosis by in vitro study (Prahastuti *et al.*, 2019). This study aimed to measure the levels of malonaldehyde (MDA), CRE, BUN, and kidney weight, protein expression of IFN- $\gamma$ , IL-1 $\beta$ , TNF- $\alpha$  in cisplatin-induced rats as nephrotoxic rat model that were administered with EEJB.

## MATERIALS AND METHODS

**Ethical approval:** The research studies had received approval from a Research Ethics Committee from Faculty of Medicine, Maranatha Christian University Bandung, West Java, Indonesia (No: 138/KEP/IV/2019).

**Extract preparation:** Jati Belanda was collected from Bumi Herbal Dago plantation, Bandung, West Java, Indonesia and the plant was identified by one of the staffs of herbarium of the Department of Biology from the School of Life Science and Technology at Bandung Institute of Technology, Bandung, West Java, Indonesia (0020218-A002). The leaves were collected, chopped, and kept in drier tunnel. The extractions to collect EEJB was done based on the maceration method. The solvent was ethanol (70%) (Widowati *et al.*, 2018; Prahastuti *et al.* 2019; Prahastuti *et al.*, 2020).

**Nephrotoxicity rat model:** White male Sprague Dawley rats aged 1.5 months with an average body weight of 160 – 180 g were gotten from the National Agency of Drugs and Food Control (Jakarta, Indonesia) and acclimatized for 1 week. The rats were divided into 4 groups according to the number of treatments that were used (I: Negative Control: Aquadest; II: Positive Control: Cisplatin 8 mg/kg bw + Aquadest; III: Cisplatin + EEJB 300 mg/kg bw; IV: Cisplatin + EEJB 600 mg/kg bw). Each treatment was repeated 5 times (5 rats). In all groups beside negative control group, the rats were induced with 8 mg/kg bw of

cisplatin (Kalbe Farma) by intraperitoneal injection for three days and stopped on fourth days. Then, the rats were given the dissolved 500  $\mu$ L of EEJB by gavage for 18 days. On days 0, 9 and 18 after treatment, the blood was collected and processed as plasma for further assays. On the 18th day, the renals were extracted surgically after the rats were euthanized using the CO<sub>2</sub> chamber. The weights of the extracted organs were measured using Analytical Balance (AXIS, Kartuska) (Ajith *et al.*, 2007; Soliman *et al.*, 2016).

**Immunohistochemistry (IHC):** For IHC, antigens retrieval (Abcam, ab208572) was done in citrate buffer with a pH of 6.0 at 121°C for 10 minutes. Endogenous peroxidase was blocked in 3% H<sub>2</sub>O<sub>2</sub> (Merck, 107209) and methanol (Merck, 106009) for 15 minutes in room temperature. The primary antibodies of IFN- $\gamma$  polyclonal antibody (Elabscience, E-AB-40075), TNF- $\alpha$  polyclonal antibody (ElabScience, E-AB-40015) IL-1 $\beta$  polyclonal antibody (ElabScience, E-AB-66749) were incubated overnight in room temperature. Then, the target proteins were visualized using Rabbit-Specific HRP/DAB (ABC) Detection IHC Kit (Abcam, ab64261). Haematoxylin was used for counterstaining agent. The stained tissues were observed in primostar microscope (Zeiss) and lumenera infinity 1-3c was used for photography (Ponti *et al.*, 2005; Pham *et al.*, 2007; Widowati *et al.*, 2022).

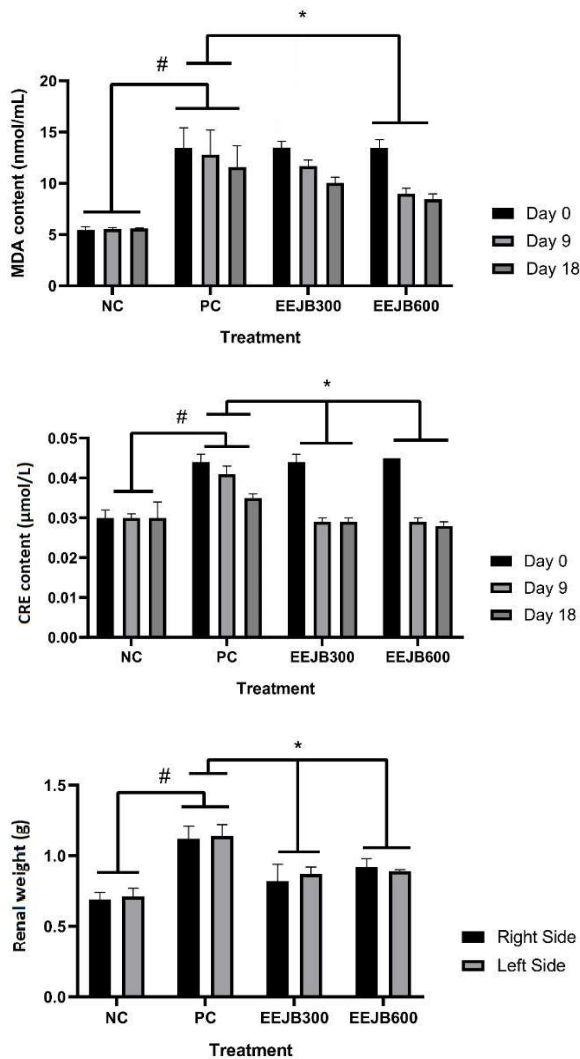
**MDA content:** The measurement of MDA was done using Malondialdehyde (MDA) Assay Kit (Elabscience, E-BC-K025-S). Blood serum was used as a sample for MDA measurement. The blood sampling was taken on three different days (0, 9 and 18 days) after treatment. MDA content from each samples were measured according to the manufacturer protocol and read at 532 nm and 600 nm using the microplate reader (MultiskanTM GO Microplate Spectrophotometer, Thermo Scientific) (Hanny *et al.*, 2019; Ginting *et al.*, 2021).

**CRE content:** Blood samples were collected on various collection (0, 9 and 18 days) after treatment. Blood plasma was separated by centrifugation and then used for CRE content measurement. CRE content was measured using Creatinine (CRE) Assay Kit (Elabscience, E- BC-K186). Assays were read at 546 nm using the microplate reader according to the manufacturer protocol (Al-Kuraishy *et al.*, 2019).

**Statistical analysis:** The data were analyzed using R software version 1.0.143 (R Studio). One-way ANOVA with Tukey post hoc test, Games-Howell post-hoc test, or Pairwise Wilcoxon non-parametric test were used to show the significance values between treatments.

## RESULTS

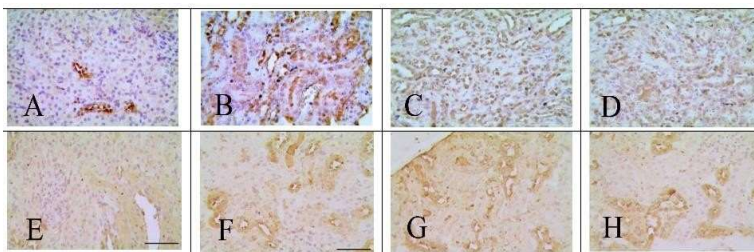
**EEJB effect on MDA content:** CP treatment (8 mg/kg bw) increased MDA content compared to negative control (Fig. 1), indicating of lipid peroxidation. Treatment with EEJB 300 mg/kg bw show didn't show significant decrease in MDA content compared to positive control on day 9 and 18 ( $P > 0.05$ ). Meanwhile, treatment with EEJB 600 mg/kg bw showed a significant decrease in MDA content compared to positive control on day 9 and 18 ( $P < 0.05$ ).



**Fig. 1:** Effects of EEJB on plasma MDA content in nephrotoxic rats. \*NC: negative control/normal rat; PC: nephrotoxic rats; EEJB 300: Positive control + EEJB 300 mg/kg bw; EEJB 600: Positive control + EEJB 600 mg/kg bw. \*Data was presented as mean±standard deviation, the experiment had three replications. Hashtag symbol (#) shows significant difference between control and positive control. Asterisk (\*) shows significant differences between treatment and positive control based on Tukey HSD post hoc test ( $P<0.05$ ) on day 9 and 18.

**Fig. 2:** Effects of EEJB on plasma CRE content of nephrotoxic rats. \*NC: negative control/normal rat; PC: nephrotoxic rats; EEJB 300: Positive control + EEJB 300 mg/kg bw; EEJB 600: Positive control + EEJB 600 mg/kg bw. \*Data was presented as mean±standard deviation, the experiment had three replications. Hashtag symbol (#) shows significant difference between negative control and positive control. Asterisk (\*) shows significant differences between treatment and positive control based on Tukey HSD post hoc test ( $P<0.05$ ) on day 9 and 18.

**Fig. 3:** Effects of EEJB on renal weight in nephrotoxic rats. \*NC: negative control/normal rat; PC: nephrotoxicity rats; EEJB 300: Positive control + EEJB 300 mg/kg bw; EEJB 600: Positive control + EEJB 600 mg/kg bw. \*Data was presented as mean ± standard deviation, the data was three replications. Hashtag symbol (#) shows significant difference between negative control and positive control. While asterisk symbol (\*) marks significant difference between positive control and treatment groups. All the significant differences were based on One-way ANOVA followed by Tukey post hoc test ( $P<0.05$ ).

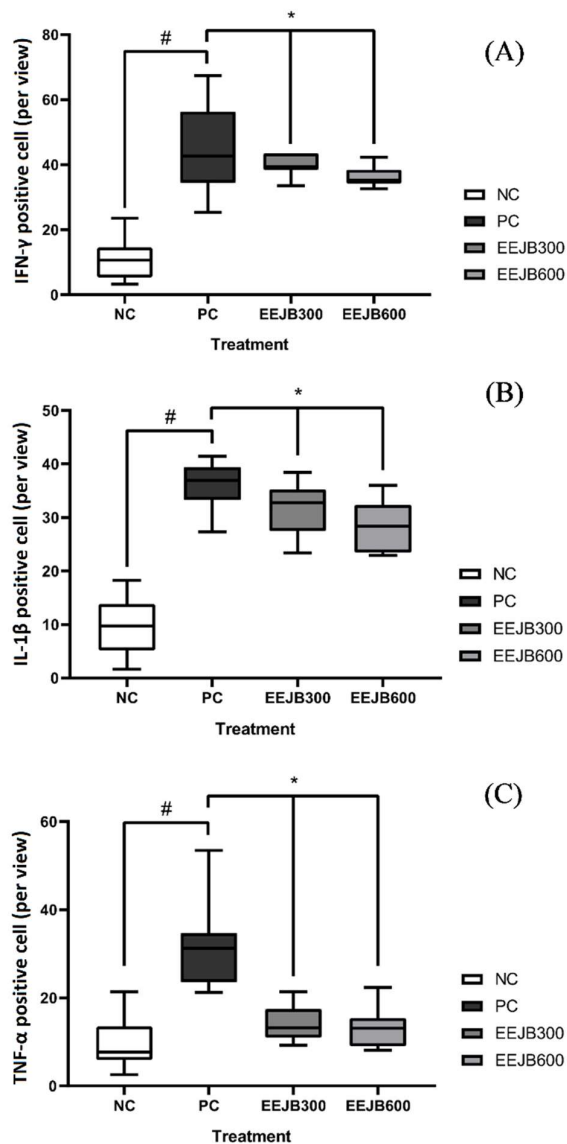


**Fig. 4:** Effects of EEJB toward renal IFN- $\gamma$  expression in nephrotoxic rats by IHC assay \*A-D are IFN- $\gamma$  expression at magnification 400x while E-H are IFN- $\gamma$  expression at magnification 1000x. \*A and E are negative control (normal rat); B and F are positive control (acute renal disease model); C and G are EEJB300 (Positive control + EEJB 300 mg/kg bw) and; D and H are EEJB600 (Positive control + EEJB 600 mg/kg bw).

**EEJB effect on CRE content:** The CRE contents in EEJB treatments can be seen in Fig. 2. In this study, treatment with CP (8 mg/kg bw) showed an increasing CRE content compared to negative control. Treatments using EEJB 300 and 600 mg/kg.bw showed significant decreases in CRE contents compared to positive control on day 9 and 18.

**EEJB effect on kidneys weight:** In Fig. 3, CP induction showed significant increase in kidneys weight of the rats which marked hypertrophy. Treatment with EEJB seemed to protect the nephrotic renal from hypertrophy. This can be seen by the significant decrease in renal weight in EEJB groups compared to positive control ( $P<0.05$ ).

**EEJB effect on IFN- $\gamma$  expression:** The expression of IFN- $\gamma$  can be seen in Fig. 4 and Fig. 5A. Scattered, and weak IFN- $\gamma$  stained cytoplasm in renal tubules were found negative control with a score of 10.556. In positive control, the IFN- $\gamma$  expressions were diffuse and showed strong IFN- $\gamma$  stained cytoplasm with highest scores (43.861) than negative control and treatment group with  $P<0.05$ . The EEJB300, EEJB600 were lower compared to positive control with score 39.383, 36.107 respectively. Based on the Pairwise Wilcoxon test ( $P<0.05$ ) showed EEJB300 and EEJB600 were significantly difference compared to positive control, the EEJB600 was effective in reducing renal IFN- $\gamma$  expression.



**Fig. 5:** Effect of EEJB toward in nephrotoxic rats using quantitative IHC assay (A) IFN- $\gamma$  expression; (B) IL-1 $\beta$  expression \*Data was presented as mean  $\pm$  standard deviation, the data was ten observations. Hashtag symbol (#) shows significant difference between negative control and positive control. While asterisk symbol (\*) marks significant difference between positive control and EEJB600. The significant differences were based on Pairwise Wilcoxon test ( $P < 0.05$ ); (C) TNF- $\alpha$  expression: \*Data was presented as mean  $\pm$  standard deviation, the data was ten observations. Hashtag symbol (#) shows significant difference between negative control and positive control. While asterisk symbol (\*) marks significant difference between positive control and EEJB300, positive control and EEJB600. The significant differences were based on Pairwise Wilcoxon tests ( $P < 0.05$ ).

**EEJB effect on IL-1 $\beta$  expression:** The expressions of IL-1 $\beta$  by the treatment groups can be seen in Fig. 5B and Fig. 6. Expression seemed to be scattered and weak IL-1 $\beta$  stained cytoplasm in renal tubules epithelium with a score of 9.541. The positive control showed diffuse, strong IL-1 $\beta$  stained cytoplasm in renal tubules epithelium with highest scores (36.178) than negative control and treatment group with  $P < 0.05$ . The EEJB300, EEJB600 were lower compared to positive control with score 32.133, 28.657 respectively (Fig. 5C). Based on the Pairwise Wilcoxon test ( $P < 0.05$ ) showed EEJB600 was significantly difference

compared to positive control, the EEJB600 was effective in reducing renal IL-1 $\beta$  expression.

**EEJB effect on TNF- $\alpha$  expression:** TNF- $\alpha$  expression can be seen in Fig. 5C and Fig. 7. Scattered, and weak TNF- $\alpha$  stained cytoplasm in renal tubules epithelium can be found in negative control with a score of 9.307. The scores of EEJB300 and EEJB600 groups were higher in Fig. 5C (11.182 and 11.810 respectively). Compared to the other groups, positive control showed strong TNF- $\alpha$  stained cytoplasm with a score of 31.447. The treatment groups were shown to be effective in reducing the renal TNF- $\alpha$  expression. Based on the statistic test, there was a significant difference between positive control and normal control and the treatment groups (EEJB300 and EEJB600) were effective to reduce renal TNF- $\alpha$  expression based on Pairwise Wilcoxon test ( $P < 0.05$ ) (Fig. 5C).

## DISCUSSION

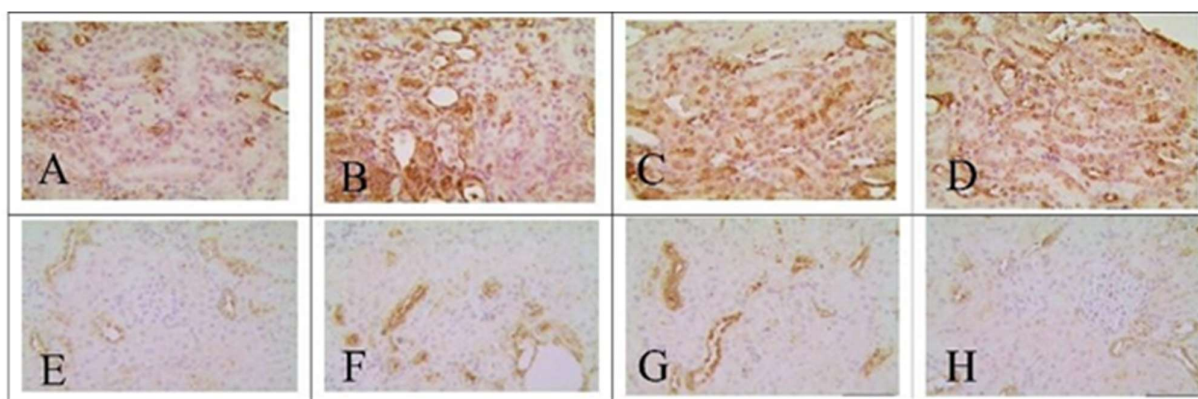
CP can bind to lipid membrane and causes lipid peroxidation that produces MDA and destroys the cells of renal tubules (Rehman *et al.*, 2014; Divya *et al.*, 2016). CP can induce the production of free radicals such as hydrogen peroxide ( $H_2O_2$ ) superoxide anions ( $O_2^{\cdot-}$ ) and hydroxyl radicals ( $\cdot OH$ ) which triggering oxidative stress. They can cause reactions that result in peroxidation of the lipid membranes on tubule cells (Rehman *et al.*, 2014; Divya *et al.*, 2016).

Oxidative stress has been shown to contribute to CP-induced nephrotoxicity by increasing MDA level in a previous study (El-Beshbishy *et al.*, 2011; Rehman *et al.*, 2014). EEJB and EEJB600 decreased MDA level significantly ( $P < 0.05$ ) (Fig. 1), this result was validated by previous research that flavonoid of extract of *Sambucus nigra* L. reduced MDA in nephrotoxic rat (Ungur *et al.*, 2021). EEJB contained phenols, flavonoids and had antioxidant activity (Prahastuti *et al.*, 2019; Prahastuti *et al.*, 2020).

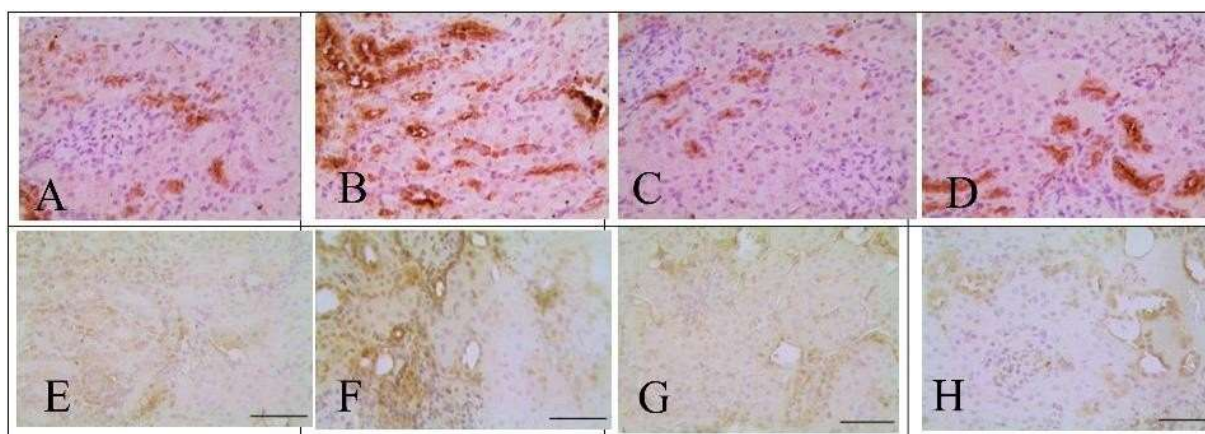
In the serum biomarkers, nephrotoxicity is characterized by a reduction in glomerular filtration, and an increase of serum CRE (Mashhadi *et al.*, 2013). In the previous study, CP could increase serum levels of CRE significantly as biomarkers for CP-induced nephrotoxicity (Oh *et al.*, 2014). CRE is distributed throughout the total body water and is normally removed from the blood by the renal (Alibakhshi *et al.*, 2018). This study showed EEJB 300 and 600 mg/kg bw could decrease plasma CRE content in renal nephrotoxic rat. This result is validated by previous study that phenolic compounds might prevents the increase of CRE level because of their antioxidant properties and by inhibiting arginase activity (Akomolafe *et al.*, 2014).

In this result, treatments with EEJB were effective in decreasing renal weight and preventing renal hypertrophy. Renal injuries can occur because of high oxidative stress and high rate of phenolic compounds such as coumaric and cinnamic acids free radicals scavenger in the renal tissue. The antioxidants in EEJB might have contributed to decrease the occurrence of cisplatin induced-renal hypertrophy in administration by defending against oxidative stress (Himmelfarb *et al.*, 2004; Dennis and Witting, 2017).





**Fig. 6:** Effect of EEJB toward renal IL-1 $\beta$  expression in nephrotic rats by IHC assay \*A-D are IL-1 $\beta$  expression at magnification 400x while E-H are IL-1 $\beta$  expression at magnification 1000x. \*A and E are negative control (normal rat); B and F are positive control (acute renal disease model); C and G are EEJB300 (Positive control + EEJB 300 mg/kg bw) and; D and H are EEJB600 (Positive control + EEJB 600 mg/kg bw).

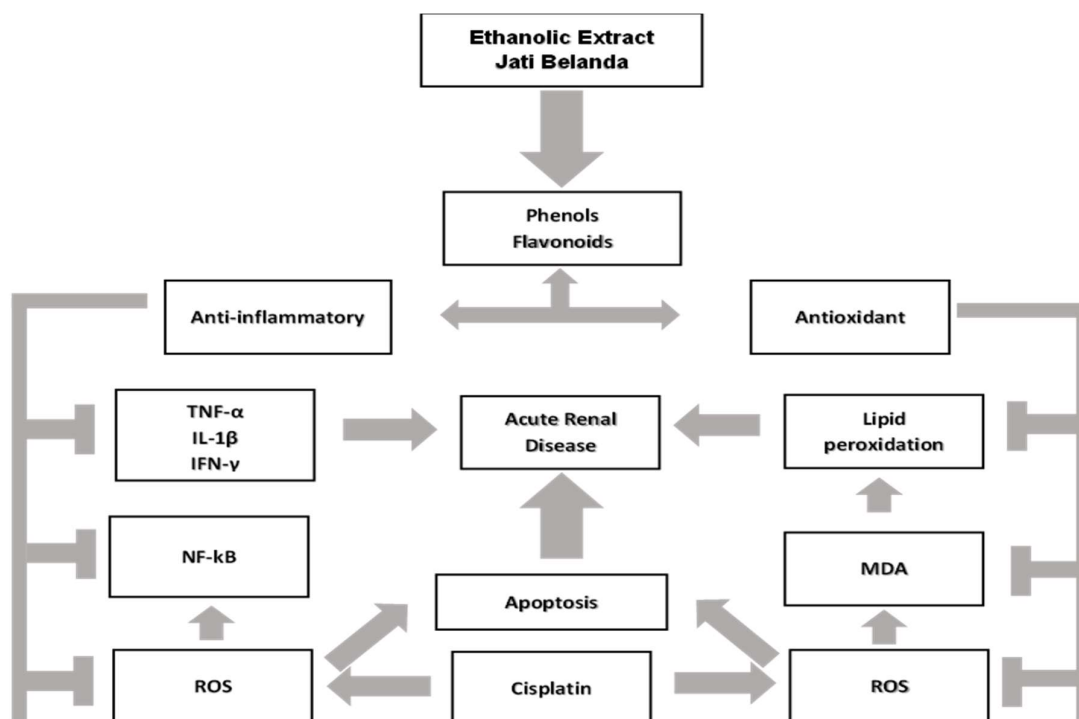


**Fig. 7:** Effect of EEJB toward TNF- $\alpha$  expression in nephrotic rats by IHC assay \*A-D are TNF- $\alpha$  expression at magnification 400x while E-H are TNF- $\alpha$  expression at magnification 1000x. \*A and E are negative control (normal rat); B and F are positive control (acute renal disease model); C and G are EEJB300 (Positive control + EEJB 300 mg/kg bw) and; D and H are EEJB600 (Positive control + EEJB 600 mg/kg bw).

Based on the result showed that EEJB could reduce IFN- $\gamma$  expression of significantly ( $p < 0.05$ ) of kidneys (Fig. 4, 5A). A previous study showed that the phenolic compound, kaempferol, could decrease IFN- $\gamma$  expression (Miles *et al.*, 2005). Phenol compounds in EEJB as anti-inflammatory potential (Gonzalez *et al.*, 2011; Bouriche *et al.*, 2016). Flavonoids in EEJB were effective to have anti-inflammatory activity (Rathee *et al.*, 2009; Bouriche *et al.*, 2016). EEJB lowered IL-1 $\beta$  expression of renal tissue significantly (Fig. 5B, 6), previous studies have shown the phenolic compounds in decreasing IL-1 $\beta$  expression (Gauliard *et al.*, 2008; Da Rosa *et al.*, 2019). The phenolic compounds such as coumaric and cinnamic acids decreased expression of IL-1 $\beta$  (Rafiee *et al.*, 2020). EEJB is able to reduce ROS level in chronic kidney disease cells model through their phenol and flavonoid content (Prahastuti *et al.*, 2019). TNF- $\alpha$  is expressed mainly by macrophages renal tubular cells, mesangial cells, TNF- $\alpha$  regulates damage, promoting inflammation and cell death signaling (Black *et al.*, 2019). TNF- $\alpha$  regulates the production of nitrogen oxide (NO) that is linked to the increase of oxidative stress in the body that

plays an important role in nephrotoxicity by cisplatin. In this study, TNF- $\alpha$  expression of kidneys was reduced by EEJB treatment (Fig. 5C, 7), this result was validated by previous research that extracts are rich phenolics, flavonoids, compound have antioxidant activity and reducing stress oxidative which play rolling in inflammation (Bouriche *et al.*, 2016). Oolong tea contained high polyphenol has anti-inflammatory activities by reducing NO, cyclooxygenase-2 (COX-2), IL-6, IL-1 $\beta$ , and TNF- $\alpha$  level in inflammatory cells model (Novilla *et al.*, 2017).

Hence, we proposed the mechanism of EEJB in improving nephrotoxicity in Fig. 8 based on our results and study literature. This study showed that oxidative stress plays an important role in CP-induced nephrotoxicity. Moreover, the antioxidant effect of EEJB is responsible for reducing MDA and CRE content, IFN- $\gamma$ , IL-1 $\beta$ , and TNF- $\alpha$  expression resulting in improvement of renal function in nephrotic rat. Therefore, pre-treatment combining EEJB may be useful for patients undergoing chemotherapy using CP but further *in vivo* studies and clinical trials are required.



**Fig. 8:** Proposed mechanism of EEJB in improving nephrotoxic condition. CP could induce the ROS production. The exposure of ROS could damage cell membrane indicated by the increment of MDA that leads lipid peroxidation. On the other hand, ROS also could increase the apoptosis and cell death in renal. The treatment of Jati Belanda ethanolic extract which containing phenols, flavonoids as antioxidant, anti-inflammatory reduced ROS. It can reduce the production of MDA also neutralize the pro-inflammatory cytokines (TNF- $\alpha$ , IL-1 $\beta$ , IFN- $\gamma$ ) thus protecting the renal from injury.

**Authors contribution:** All Authors designed the project. SP and EA constructed and made sample preparation. SP, EA, HSWK, STH, RW executed the experiment and analyzed the tissue samples. SP, MH, RW, HSWK, RR, WW, and MW analyzed the data. All authors critically revised the manuscript and approved the final version.

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