

ABSTRAK

Penelitian ini bertujuan untuk mengetahui hubungan antara Perceived Social Support dan Parenting Self-Efficacy pada Single Mother yang Ditinggal Meninggal dan Memiliki Anak Usia Kanak Madya. Penelitian ini dilakukan dengan pendekatan kuantitatif. Jenis penelitian yang digunakan dalam penelitian ini adalah metode korelasi terhadap 32 orang single mother dengan anak usia 6-12. Teknik penarikan sampel yang digunakan adalah purposive sampling.

Dalam penelitian ini menggunakan alat ukur Multidimensional Scale of Perceived Social Support yang disusun oleh Zimet (1988) dan Self-Efficacy Parenting Tasks Index (Coleman & Karrakers, 2000) yang telah di adaptasi. Validitas alat ukur Perceived Social Support berkisar 0,429-0,866 dengan reliabilitas 0,856. Validitas alat ukur Parenting Self-Efficacy berkisar 0,369-0,639 dengan reliabilitas 0,898.

Berdasarkan pengolahan data, diperoleh hasil bahwa tidak terdapat hubungan yang signifikan antara Perceived Social Support dan Parenting Self-Efficacy pada Single Mother yang Ditinggal Meninggal dan Memiliki Anak Usia Kanak Madya. Nilai koefisien korelasinya sebesar 0,224 yang berarti tidak terdapat hubungan antara Perceived Social Support Dan Parenting Self-Efficacy pada Single Mother yang Ditinggal Suami dan Memiliki Anak Usia Kanak Madya.

Peneliti mengajukan saran agar peneliti selanjutnya melakukan penelitian lebih lanjut mengenai faktor-faktor yang memengaruhi Parenting-Self-Efficacy. Penelitian ini diharapkan dapat memberikan gambaran mengenai parenting self-efficacy yang dimiliki oleh single mother yang ditinggal meninggal dan memiliki anak usia kanak madya menjadi referensi dalam melakukan tugas parenting anak usia kanak madya.

Kata Kunci : Perceived Social Support, Parenting Self-Efficacy, Single Mother, Anak Usia Kanak Madya

ABSTRACT

This study aims to determine the relationship between Perception of Social Support and Self-Efficacy of Parenting in Widowed Single Mothers with Middle-Aged Children. This research was conducted using quantitative. The type of research used in this study is the research method of 32 single mothers with children aged 6-12 years in the "X" community of Bandung. The sampling technique used was accidental sampling.

In this study using a Multidimensional Scale of Perceived Social Support measure compiled by Zimet (1988) and the Self-Efficacy Parenting Index (Coleman & Karrakers, 2000) that has been adapted. The validity of Perceived Social Support measuring instruments ranged from 0.429-0.866 with reliability of 0.856. The validity of the measuring tool for Parenting Self-Efficacy ranged from 0.369 to 0.639 with reliability of 0.898.

Based on data processing, the results show that there is no significant relationship between Perceived Social Support and Parenting Self-Efficacy in Single Mothers Widowed with Middle-Aged Children in the "X" Community Bandung, the correlation coefficient is 0.224 which means there is no relationship between perceived social support and parenting self-efficacy in the single mother who was left by her husband and had a middle-aged child in the "X" community of Bandung.

The researcher suggests that the next researcher conduct further research regarding the factors that influence parenting-self-efficacy. This study is expected to provide an overview of the parenting self-efficacy of the widowed single mother and has a middle-aged child in the "X" community of Bandung to be a reference in carrying out the task of parenting middle-aged children.

Key Words : *Perceived Social Support, Parenting Self-Efficacy, Single Mother, Middle-Aged Children*

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