

DAFTAR PUSTAKA

1. Par'i HM, Wiyono S, Harjatmo TP. Penilaian Status Gizi. Jakarta: Kementerian Kesehatan RI; 2017.
2. Sulistyowati LS, Mustikawati DE, Andinisari S, Saragih RM, Ramayulis R, Triangto M, *et al.* Panduan Pelaksanaan Gerakan Nusantara Tekan Angka Obesitas (GENTAS). Jakarta: Kementerian Kesehatan RI; 2017. p. 1-4.
3. Kennedy ET, Ohls J, Carlson S, Fleming K. The Healthy Eating Index : Design and Applications. *J Am Diet Assoc.* 1995; 95: 1103-8.
4. Kirkpatrick SI, Reedy J, Krebs-Smith SM, Pannucci TSE, Subar AF, Wilson MW, *et al.* Applications of The Healthy Eating Index for Surveillance, Epidemiology, and Intervention Research: Considerations and Caveats. *J Acad Nutr Diet.* 2018; 118(9): 1603-1621.
5. Krebs-Smith SM, Pannucci TSE, Subar AF, Kirkpatrick SI, Lerman JL, Tooze JA, *et al.* Update of the Healthy Eating Index: HEI-2015. *J Acad Nutr Diet.* 2018; 118(9): 1591-1602.
6. Silva DAS, Petroski EL, Peres MA. Is High Body Fat Estimated by Body Mass Index and Waist Circumference a Predictor of Hypertension in Adults? A Population-Based Study. *Nutr J.* 2012; 112 (11).
7. Atmaja, EM. Hubungan Skor Healthy Eating Index Dengan Indeks Massa Tubuh dan Persen Lemak Tubuh Dewasa di Daerah Suburban Kabupaten Bantul. 2018; : 2-3.
8. Hurley KM, Oberlander SE, Merry BC, Wroblewski MW, Klassen AC, Black MM. The Healthy Eating Index and Youth Healthy Eating Index Are Unique, Nonredundant Measures of Diet Quality among Low-Income, African American Adolescents. *J Nutr.* 2009; 139: 359-364.
9. Guyton AC, Hall JE. Buku Ajar Fisiologi 13th ed. Jakarta: EGC; 2016.
10. Akindele MO, Phillips JS, Igumbor EU. The Relationship between Body Fat Percentage and Body Mass Index in Overweight and Obese Individuals In an Urban African Setting. *J Public Health Afr.* 2016; 515(7): 15-19.
11. Stefani S, Ngatidjan S, Paotiana M, Sitompul KA, Abdullah M, Sulistianingsih DP, *et al.* Dietary Quality of Predominantly Traditional Diets is Associated with Blood Glucose Profiles, but Not with Total Fecal *Bifidobacterium* in Indonesian Women. *Plos One.* 2018; 13(12): 1-18

12. Putri PA, Briawan D, Ekayanti I. Application of Alternate Healthy Eating Index to Assess Diet Quality in Male Workers. *J. Gizi Pangan*. 2018; 13(1): 39-46
13. Hendriyanto Y. Healthy Eating Index Remaja di Kota Yogyakarta dan Padang. Bogor. 2014; : 42–43.
14. Citerawati YW, Sukati ND. Asesmen Gizi. Yogyakarta: Trans Medika; 2017. p 61-72.
15. McArdle WD, Katch FI, Katch VL. Exercise Physiology : Nutrition, Energy, and Human Performance. 7th ed.: Lippincott Williams & Wilkins; 2010. p 733-8.
16. Guedes DP. Clinical Procedures Used for Analysis of The Body Composition. *Rev Bras Cineantropom Desempenho Hum*. 2013; 15(1): 113-129.
17. World Health Organization. Obesity and Overweight. 2018.[Cited 2019 July 18], Available from <https://www.who.int/news-room/fact-sheets/detail/obesity-and-overweight>.
18. Kementerian Kesehatan. Hasil Utama RISKESDAS 2018. 2018. [Cited 2019 July 18], Available from <http://www.depkes.go.id/resources/download/info-terkini/hasil-risikesdas-2018.pdf>.
19. Steelman MG, Westman EC. Obesity Evaluation and Treatment Essentials. 2nd ed.: CRC Press; 2016. p 7-46.
20. Gardner DG, Shoback D. Greenspan's Basic & Clinical Endocrinology. 10th ed.: McGraw Hill; 2018.p 735-8.
21. Varhaegen AA, Van Gaal LF. Drugs That Affects Body Weight, Body Fat Distribution, and Metabolism. MDText. 2019
22. Gallagher D, Heymsfield SB, Heo M, Jebb SA, Murgatroyd PR, Sakamoto Y. Healthy Percentage Body Fat Ranges: an Approach for Developing Guidelines Based on Body Mass Index. *Am J Clin Nutr*. 2000; 72: 694-701.
23. Izwardy D, Thaha AR, Astuti M, Achadi EL, Hardinsyah, Kodyat BA, *et al*. Pedoman Gizi Seimbang. Jakarta: Kementerian Kesehatan RI; 2014. p. 5-24.
24. Fahmida U, Dilon DHS. Handbook Nutritional Assessment. 2nd ed. Jakarta: SEAMEO RECFON University of Indonesia; 2011.

25. Monteiro LS, Hassan BK, Estima CCP, Souza AM, Junior EV, Sichieri R, *et al.* Food Consumption According to the Days of the Week – National Food Survey, 2008-2009. *Rev Saude Publica.* 2017; 51: 93.
26. Gross R. Nutrition Surveys and Calculations: Guidelines, Software and Additional Information. 2007. [Cited 2019 January 15], Available from <http://www.nutrisurvey.de/index.html>.
27. Dahlan MS. Statistik untuk Kedokteran dan Kesehatan: Deskriptif, Bivariat, dan Multivariat Dilengkapi Aplikasi Menggunakan SPSS. 6th ed.: PT. Epidemiologi Indonesia; 2014.p286-298.
28. Nenobanu AI, Kurniasari MD, Rahardjo M. Faktor-faktor yang Berhubungan Dengan Perilaku Konsumsi Buah dan Sayur pada Mahasiswi Asrama Universitas Kristen Satya Wacana. *IJMS.* 2018; 5(1): 95-103

