

## DAFTAR PUSTAKA

- 1 Medscape. Hypertension: Practice Essentials, Background, Pathophysiology. Medscape. 2017.
- 2 Dallas GA. Why High Blood Pressure is a ‘Silent Killer’. Am. Hear. Assoc. 2017
- 3 March DJ, Planas E. Pusat Data dan Informasi Kementerian Kesehatan RI. 1997; : 147–60.
- 4 Reckelhoff J. Sex and Gender Differences in Cardiovascular-Renal Diseases and Hypertension. Colloq. Ser. Integr. Syst. Physiol. From Mol. to Funct. 2014; **6**: 1–97.
- 5 Badan Penelitian Dan Pengembangan Kesehatan Kementerian Kesehatan RI. Riset Kesehatan Dasar 2013. 2013 doi:1 Desember 2013.
- 6 Lenfant C, Chobanian AA V, Jones DWD, Roccella EEJ, Bakris GL, Black HR *et al.* Conflicts of Interest - Financial Disclosure: The Seventh Report of the Joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure (JNC 7). *Seventh Rep Jt Natl Comm Prev Detect Eval Treat High Blood Press (JNC 7)* 2003; **289**: 1206–52.
- 7 Ioanna Tzoulakiet *et al.* Relation of iron and red meat intake to blood pressure: Cross sectional epidemiological study. Bmj. 2008; **337**: 215–17.
- 8 Hagans JA, Brust AA. The natural history of hypertension. Am. J. Med. 1960; **28**: 905–12.
- 9 Widiyani R. Imbangi Daging Merah dengan Sayur, Buah, Air Putih - Kilaskementerian. 2013.
- 10 Kappeler R, Eichholzer M, Rohrmann S. Meat consumption and diet quality and mortality in NHANES III. Eur. J. Clin. Nutr. 2013; **67**: 598–606.
- 11 Atsumura YM, Kui TO, No HO, Iso YK, Anaka TT. Antihypertensive Effects of Chicken Extract against Deoxycorticosterone Acetate-Salt-Induced Hypertension in Rats. 2001; **24**: 1181–4.
- 12 Rousell M.A. *et al.* Effects of a DASH-like diet containing lean beef on vascular health. J. Hum. Hypertens. 2014; **28**: 600–5.
- 13 Park YJ, Volpe SL, Decker EA. Quantitation of carnosine in humans plasma after dietary consumption of beef. J Agric Food Chem 2005; **53**: 4736–9.
- 14 Decker, E. A.; Ivanov, V.; Zhu, B. Z.; Frei B. Inhibition of low-density lipoprotein oxidation by carnosine histidine. .

- 15 Awwaly KU, Triatmojo S, Erwanto Y, Artama wayan tunas. Komponen Bioaktif dalam Daging dan Sifat Fungsionalnya; Bioactive Components in The Meat and Their Functional Properties : A Literature Study. *J Ilmu dan Teknol Has Ternak* 2015; **10**: 22–34.
- 16 John Edward Hall ACG. Guyton and Hall Textbook of Medical Physiology. Elsevier,. 2011.
- 17 Cushman DW, Cheung HS, Sabo EF, Ondetti MA. Development and design of specific inhibitors of angiotensin-converting enzyme. *Am J Cardiol* 1982.
- 18 Cushman DW, Ondetti MA. Design of angiotensin converting enzyme inhibitors. *Nat. Med.* 1999.
- 19 William P. Nutritional composition of red meat, Nutrition and Dietetics. *J Dietitians Aust Sep 1* 2007; **64**.
- 20 Moore KL, Dalley AF, Agur AMR. *Clinically Oriented Anatomy (Seventh Edition)*. 2014
- 21 Sherwood L. Introduction to Human Physiology 8th edition. *United State Brooks/Cole, Cengage Learn* 2013.
- 22 Jacob SW. Sobotta Atlas of Human Anatomy. *JAMA J Am Med Assoc* 1999.
- 23 Eroschenko VP. *Atlas Histologi, diFiore*. 2011.
- 24 Junqueira L, Carneiro J. *Basic Histology: Text & Atlas (Junqueira's Basic Histology)*. 2005.
- 25 Tortora GJ, Derrickson B. <*Gerard J. Tortora, Bryan H. Derrickson Principles of Anatomy and Physiology, Thirteenth Edition .pdf*>. 2010.
- 26 Armstrong PW, Willerson JT. Clinical cardiology: New frontiers. *Circulation* 1998; **97**: 1107.
- 27 Kumar. *Robbins Basic Pathology*, 8th ed. 2007
- 28 Maas AHFM, Franke HR. Women's health in menopause with a focus on hypertension. *Netherlands Hear. J.* 2009; **17**: 68–72.
- 29 Lizcano F, Guzmán G. Estrogen deficiency and the origin of obesity during menopause. *Biomed Res. Int.* 2014; **2014**.
- 30 Jackson FLC. The Slavery Hypertension Hypothesis- Natural Selection and Scientific Investigation. 2006; **14**: 173–5.
- 31 Kaplan NM, Victor RG. *Kaplan's clinical hypertension: Eleventh edition*. 2014.
- 32 Pooler C. Porth Pathophysiology: Concepts of Altered Health States. 2009; : 1601.

- 33 Virdis A, Giannarelli C, Fritsch Neves M, Taddei S, Ghiadoni L. Cigarette Smoking and Hypertension. *Curr. Pharm. Des.* 2010; **16**: 2518–25.
- 34 Beevers DG. Alcohol and hypertension. *Hypertens. Princ. Pract.* 2005; : 187–194.
- 35 Rosenthal T, Shamiss A, Holtzman E. Dietary electrolytes and hypertension in the elderly. *Int Urol Nephrol* 2001; **33**: 575–582.
- 36 Ha SK. Dietary salt intake and hypertension. *Electrolyte Blood Press.* 2014; **12**: 7–18.
- 37 Rosenthal J. *Arterial Hypertension\_ Pathogenesis, Diagnosis, and Therapy*.
- 38 Whelton PK, He J, Appel LJ, Cutler JA, Havas S, Kotchen TA *et al.* Primary prevention of hypertension: Clinical and public health advisory from the National High Blood Pressure Education Program. *J. Am. Med. Assoc.* 2002; **288**: 1882–8.
- 39 Cornelissen V.A., Effects of endurance training on blood pressure, blood pressure-regulating mechanisms, and cardiovascular risk factors. *Hypertension.* 2005; **46**: 667–75.
- 40 Dimeo F, Pagonas N, Seibert F, Arndt R, Zidek W, Westhoff TH. Aerobic exercise reduces blood pressure in resistant hypertension. *Hypertension.* 2012; **60**: 653–8.
- 41 Blush JA. Integrative treatment of hypertension: A clinical and mechanistic approach. *Integr. Treat. Hypertens. A Clin. Mech. Approach.* 2013; : 1–180.
- 42 Ciccone C. Pharmacology in Rehabilitation - Charles D Ciccone - Google Books. 2015; : 736.
- 43 Maillard M, Burnier M. Angiotensin II receptor antagonists. *Hypertens. Princ. Pract.* 2005; : 499–516.
- 44 Letter P. Treatment of Hypertension : JNC 8 and More What lifestyle changes are recommended to reduce cardiovascular risk ? 2014.
- 45 Bakris GL, Sorrentino MJ. Hypertension: A Companion to Braunwald's Heart Disease. *Hypertens. A Companion to Braunwald's Hear. Dis.* 2017; : 1–497.
- 46 Ahhmmed AM, Muguruma M. A review of meat protein hydrolysates and hypertension. *Meat Sci* 2010; **86**: 110–8.
- 47 Sim MK. Cardiovascular actions of chicken-meat extract in normo- and hypertensive rats. *Br J Nutr* 2001; **86**: 97–103.
- 48 Babizhayev MA, Seguin MC, Gueyne J, Evstigneeva RP, Ageyeva EA, Zheltukhina GA. L-Carnosine and Carcinine Act As Natural Antioxidants With Hydroxyl-Radical-Scavenging and Lipid-Peroxidase Activities. *Biochem J* 1994; **304**: 509–16.

- 49 Niijima A, Okui T, Matsumura Y, Yamano T, Tsuruoka N, Kiso Y *et al.* Effects of L-carnosine on renal sympathetic nerve activity and DOCA-salt hypertension in rats. *Auton. Neurosci. Basic Clin.* 2002; **97**: 99–102.
- 50 Navarro MP, Vaquero MP. Potassium: Physiology. *Encycl. Food Heal.* 2015; : 432–8.
- 51 WHO. WHO | Potassium intake for adults and children. Who. 2015.
- 52 Tumbela A. *Dasar Dasar Metodologi Penelitian Klinis*. Edisi 4. Sagung Seto: Jakarta, 2011.
- 53 Brar KS, Ramesh S. Technique of blood pressure measurement. *Med J Armed Forces India* 2003; **59**: 51–2.
- 54 Gbenga Ogedegbe, MD and Thomas Pickering, MD Dp. Principles and techniques of blood pressure measurement.
- 55 Madiyono B et al. *Perkiraan Besar Sampel*. In: S Ismael & S Sastroasmoro, *Dasar-dasar Metodologi Penelitian Klinis*. Edisi 4. Sagung Seto: jakarta, 2011.

