

DAFTAR PUSTAKA

- 1 WHO. WHO | Breastfeeding. World Heal. Organ. 2013. [Cited 2018 October 23], Available from <http://www.who.int/topics/breastfeeding/en/>
- 2 UNICEF. Infant and Young Child Feeding - UNICEF DATA. UNICEF. 2018. [Cited 2018 October 28], Available from <https://data.unicef.org/topic/nutrition/infant-and-young-child-feeding/>
- 3 UNICEF Indonesia. Jutaan Bayi di Indonesia Kehilangan Awal Terbaik Dalam Hidup Mereka. Unicef. 2016. . [Cited 2018 October 23], Available from <https://www.unicef.org/id/pusat-pers>
- 4 Hall JE. Guyton and Hall Textbook of Medical Physiology. 12th ed. Saunders Elsevier: Philadelphia, 2013. P900-1016.
- 5 Brown CR, Dodds L1, Legge A, Bryanton J SS. Factors Influencing The reasons Why Mothers Stop Breastfeeding. 2014; 105(3): 179-85.
- 6 Gbadamosi I, Okolosi O. Botanical Galactogogues: Nutritional Values and Therapeutic Potentials. *J Appl Biosci* 2013; 61: 4460-9.
- 7 Steyn N, Zunza M, Decloedt EH. A cross-sectional descriptive study of breastfeeding behaviour and galactogogue use among private-sector patients in Cape Town, South Africa. *S Afr J Obstet Gynaecol* 2017; 23(1):20-23.
- 8 Mortel M, Mehta SD. Systematic Review of The Efficacy of Herbal Galactogogues. *J Hum Lact* 2013; 29(2): 154-62.
- 9 Tabares FP, Jaramillo JVB, Ruiz-Cortés ZT. Pharmacological Overview of Galactogogues. *Vet. Med. Int.* 2014; 2014: 1-20.
- 10 A M Khorshidian N, yousefi Asli M, Arab M M. Fenugreek: Potential Applications as a Functional Food and Nutraceutical. *Nutr Food Sci Res* 2016; 3(1): 5-16.
- 11 Shawahna R, Qiblawi S, Ghanayem H. Which Benefits and Harms of Using Fenugreek as a Galactogogue Need to Be Discussed during Clinical Consultations? A Delphi Study among Breastfeeding Women, Gynecologists, Pediatricians, Family Physicians, Lactation Consultants, and Pharmacists. *Evidence-based Complement Altern Med* 2018; 2018: 1-13.
- 12 Tabasum Fatima KM and SZH. Potential Health Benefits of Fenugreek. 2018; 6: 166-9.

- 13 Turkyilmaz C, Onal E, Hirfanoglu IM, Turan O, Koç E, Ergenekon E et al. The Effect of Galactagogue Herbal Tea on Breast Milk Production and Short-Term Catch-Up of Birth Weight in the First Week of Life. *J Altern Complement Med* 2011; 17(2): 139-42.
- 14 Sherwood L. Introduction To Human Physiology. 8th ed. United States: Brooks/Cole Cengage Learning; 2013. P 692-830.
- 15 Moore KL, Dalley AF, Agur AM. Moore - Clinically Oriented Anatomy. 7th ed. Philadelphia: Lippincott Williams & Wilkins; 2014. P 91-104.
- 16 Drake RL, Vogl W, Mitchell AWM. Gray's Basic Anatomy. Internatio. Canada: ELSEVIER Churchill Livingstone; 2012. P 58-60.
- 17 Schuenke M, Schulte E, Schumacher U. Atlas of Anatomy Latin Nomenclature. New York: Thieme; 2009. P 62-4.
- 18 LANGE medical book A, Barrett KE, Barman SM, Boitano S, Brooks HL, York Chicago San Francisco Athens London Madrid Mexico City N. Ganong' s Review of Medical Physiology. 25th ed. New York: McGraw Hill Education; 2016. P 332-415.
- 19 Wagner CL. Human Milk and Lactation. Emedicine - Medscape 2012. [Cited 2018 February 2] Available from <https://emedicine.medscape.com/article/1835675-overview>
- 20 Tortora GJ, Derrickson B. Principles of Anatomy and Physiology. 13th ed. New York, United States: John Wiley & Son Inc; 2011. P680-1164.
- 21 WHO. SESSION 2: The Physiological Basis of Breastfeeding. In: Infant and Young Child Feeding: Model Chapter for Textbooks for Medical Students and Allied Health Professionals. 2009. P 9-16.
- 22 Sim TF, Laetitia Hattingh H, Sherriff J, Tee LBG. The use, Perceived Effectiveness and Safety of Herbal Galactagogues during Breastfeeding: A qualitative study. *Int J Environ Res Public Health* 2015; 12(9): 11050-71.
- 23 Gabay MP. Galactagogues: Medications That Induce Lactation. *J Hum Lact* 2002; 18: 274–279.
- 24 Othman N, Lamin RAC, Othman CN. Exploring Behavior on the Herbal Galactagogue Usage among Malay Lactating Mothers in Malaysia. *Procedia - Soc Behav Sci* 2014; 153: 199–208.
- 25 Mohanty I, Senapati MR, Jena D, Behera PC. Ethnoveterinary importance of herbal galactagogues - a review. *Vet World* 2014; 7(5): 325-30.
- 26 Sheikhlar A. *Trigonella foenum-graecum L. (Fenugreek)* as a Medicinal Herb in Animals Growth and Health. *Sci Int* 2013; 1(6) 194-8.

- 27 Dangi RS, Lagu MD, Choudhary LB, Ranjekar PK, Gupta VS. Assessment of genetic diversity in *Trigonella foenum-graecum* and *Trigonella caerulea* using ISSR and RAPD Markers. *BMC Plant Biol* 2004; 4(13).
- 28 Moradi N, Didarshetaban MB, Reza H, Pour S. Fenugreek (*Trigonella foenum-graecum* L.) As a Valuable Medicinal Plant. 2013; 1(8): 922-31.
- 29 Ghosh B, Chandra I, Chatterjee S. Fenugreek (*Trigonella foenum-graecum* L.) and its necessity [Review Paper]. *Fire J Eng Technol* 2015; 1: 60-7.
- 30 Yadav UCS, Baquer NZ. Pharmacological Effects of *Trigonella foenum-graecum* L. in Health and Disease. *Pharm Biol* 2014; 52: 243-54.
- 31 Khorshidian N, Yousefi Asli M, Arab M, Adeli Mirzaie A, Mortazavian AM. Fenugreek: Potential Applications as a Functional Food and Nutraceutical. *Nutr Food Sci Res* 2017; 3: 5-16.
- 32 Abdou RM, Fathey M. Evaluation of Early Postpartum Fenugreek Supplementation on Expressed Breast Milk Volume and Prolactin Levels Variation. *Egypt Pediatr Assoc Gaz* 2018; 66: 57-60.
- 33 Chaudhary S, Chaudhary PS, Chikara SK, Sharma MC, Iriti M. Review on Fenugreek (*Trigonella foenum-graecum* L.) and its Important Secondary Metabolite Diosgenin. *Not. Bot. Horti Agrobot. Cluj-Napoca*. 2018; 46(1): 22-31.
- 34 Wani SA, Kumar P. Fenugreek: A review on its nutraceutical properties and utilization in various food products. *J. Saudi Soc. Agric. Sci.* 2018; 17(2): 97-106.
- 35 Hasin D, Pampori ZA, Ahmad Sheikh A, Aarif O, Bhat IA, Abdullah M. Milk Production and Hormonal Profile as Affected by Fenugreek Supplementation in Lactating Goats of Kashmir Valley. *Biol Rhythm Res* 2019; 00: 1-8.
- 36 Wan EWX, Davey K, Page-Sharp M, Hartmann PE, Simmer K, Ilett KF. Dose-Effect Study of Domperidone as a Galactagogue in Preterm Mothers with Insufficient Milk Supply, and its Transfer Into Milk. *Br J Clin Pharmacol* 2008; 66(2): 283-9.
- 37 Barone JA. Domperidone: A peripherally Acting Dopamine2-Receptor Antagonist. *Ann. Pharmacother*. 1999; 33(4):429-40.
- 38 Paul C, Zénut M, Dorut A, Coudoré MA, Vein J, Cardot JM et al. Use of Domperidone as a Galactagogue Drug: A Systematic Review of The Benefit-Risk Ratio. *J. Hum. Lact.* 2015; 31(1): 57-63.
- 39 Zuppa AA, Sindico P, Orchi C, Carducci C, Cardiello V, Romagnoli C et al. Safety and Efficacy of Galactagogues: Substances That Induce,

- Maintain and Increase Breast Milk Production. *J. Pharm. Pharm. Sci.* 2010; 13(2): 162-74.
- 40 Humphrey S, Romm A. Breastfeeding and Botanical Medicine. In: Botanical Medicine for Women's Health. 2010. [Cited 2019 June 20], Available from <http://www.sciencedirect.com/topics/pharmacology-toxicology-and-pharmaceutical-science/galactogogue>
- 41 Brogden RN, Carmine AA, Heel RC, Speight TM, Avery GS. Domperidone: A Review of its Pharmacological Activity, Pharmacokinetics and Therapeutic Efficacy in the Symptomatic Treatment of Chronic Dyspepsia and as an Antiemetic. *Drugs* 1982; 24(5):360-400.
- 42 Vaughn CJ. Drugs and Lactation Database: LactMed. *J Electron Resour Med Libr* 2012; 9(4): 272-7.
- 43 Forinash AB, Yancey AM, Barnes KN, Myles TD. The Use of Galactagogues in the Breastfeeding Mother. *Ann Pharmacother* 2012; 46(10): 1392-404.
- 44 Reeder C, Legrand A, O'connor-Von SK. The Effect of Fenugreek on Milk Production and Prolactin Levels in Mothers of Preterm Infants. *Clin Lact* 2013; 4(4).
- 45 Campbell-Yeo ML, Allen AC, Joseph KS, Ledwidge JM, Caddell K, Allen VM et al. Effect of Domperidone on The Composition of Preterm Human Breast Milk. *Pediatrics* 2010; 125(1): 107-14.