

Abstrak

Orang tua terlibat dan berpengaruh pada kehidupan anak, termasuk saat anak menginjak bangku perkuliahan. Salah satu variabel yang menggambarkan keterlibatan orang tua adalah parenting style, parenting style merupakan manifestasi dari control dan wamrth orang tua, yaitu authoritarian, authoritative, permissive, dan neglecting (Maccoby & Martin, dalam Baumrind 1991). Saat berkuliah mahasiswa menghadapi banyak tantangan untuk dapat mencapai kelulusan. Untuk dapat menghadapi tantangan tersebut dan mencapai tujuan, psikologi positif menyajikan variabel grit. Grit merupakan passion dan perseverance untuk mencapai long term goal (Duckworth et al, 2007).

Seratus tiga puluh dua mahasiswa Politeknik Manufaktur Bandung yang mengambil jurusan Teknik Perancangan Manufaktur dari tiga tingkat yang berbeda mengisi kuisioner grit dan persepsi parenting style, dari uji korelasi chi-square yang dilakukan ditemukan bahwa terdapat hubungan yang signifikan antara grit dan persepsi parenting style, dengan koefisien sebesar (ϕ) 0,224 yang menunjukkan efek hubungan yang moderat.

Berdasarkan hasil penelitian yang menunjukkan adanya hubungan yang moderat antara persepsi parenting style dan grit, terdapat saran yang dapat diberikan kepada orang tua dan calon orang tua untuk dapat memilih dan menerapkan pola asuh yang dapat mendorong pertumbuhan grit. Adapun saran untuk peneliti selanjutnya agar mengambil sampel yang lebih luas dan menambah data penunjang, seperti latar belakang etnis.

Kata kunci : persepsi, parentig style, grit, mahasiswa

Absrtact

Parents are involved and effecting their child's life, including life in collage. One variable that describes parents participation is parenting style, parenting style is a manifestation of parent's wamth and control, namely authoritarian, authoritative, permissive, and neglecting (Maccoby & Martin, dalam Baumrind 1991). When attending college, students are struggling to face challenges to achieve graduation. To be able to overcome these challenges and achieve goals, positive psychology presents a variable named grit. Grit is passion and perseverance to achieve long-term goals (Duckworth et al, 2007).

One hundred and thirty-two respondents students from Politeknik Manufaktur Bandung that majored in Foundry Engeneering from tree different semester filled out the grit questionnaire and perceptual parenting style questionnaire. From the chi-square test conducted, we found that there is a significant relationship between grit and perceptions of parenting style, with a coefficient of (phi) 0.224, which showed the effect of the relation is moderate.

Based on the findings that shows a moderate relationship between perception of parenting style and grit, suggestions for parents and prospect parents are to choose and apply parenting style that can help to develop grit. Suggestions for other reseacher are to take a greater sample and conclude more suplementary data, such as ethnicity.

Key Words : perception, perenting style, grit , collage students

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