

## DAFTAR PUSTAKA

- Graziano M. Anthony & Raulinn L. Michael. (2014). *Pearson New International Edition: Research Methods A Process of Inquiry*. USA: British Library Cataloguing-in Publication Data.
- Hersen, Michel & Jay C. Thomas, (2006) .*Comprehensive Handbook of Personality and Psychopathology*. Canada: John Wiley & Sons, Inc
- Jiménez, Bernardo Moreno & Alfredo Rodríguez-Muñoz. (2014) .*Development and validation of the Occupational Hardiness Questionnaire*. Journal of Psychology. Vol. 26, No. 2, 207-214.
- Khoshaba & Maddi. (2005). *Resilience at work: how to succeed no matter what life throws at you*. United States of America: Amacom
- Kobasa, S. C. (1979). “*Stressful life events, personality, and health-Inquiry into hardiness*”. *Journal of Personality and Social Psychology*. 37(1): 1-11.
- Lazarus, Richard S. & Susan Folkman. (1984). *Stress, Appraisal, and Coping*. New York: Springer Publishing Company, Inc.
- Maddi, Salvatore R. (2006). *Hardiness: The courage to grow from stresses*. The Journal of Positive Psychology, July 2006; 1(3): 160–168
- Maddi, Salvatore. (2002). *The Story of Hardiness: Twenty Years of Theorizing, Research, and Practice*. Consulting Psychology Journal: Practice and Research, Vol. 54, No. 3, 175–185
- Suzanne C. Kobasa, Salvatore R. Maddi, and Stephen Kahn. (1982). *Hardiness and Health: A Prospective Study*. Journal of Personality and Social Psychology. Vol. 42, No. 1, 168-177
- Tingey, H., Kiger, G., & Riley, P. J. (1996). Juggling Multiple Roles: Perceptions of Working Mothers. *Journal of Social Science*. Vol. 33/No. 2/1996, 184
- Sugiyono. (2010). *Metode Penelitian Kuantitatif Kualitatif dan R&D*. Bandung: Alfabeta

## DAFTAR RUJUKAN

- Alvina, Silviana. (2017). *Studi Diferensial Tentang Hardiness Pada Ibu Dengan Anak Autis dan Ibu Tanpa Anak Berkebutuhan Khusus di Bandung*. Skripsi. Bandung: Fakultas Psikologi Universitas Kristen Maranatha Bandung
- Apreviadizy P. & Puspitacandri A. (2014). Perbedaan Stres Ditinjau dari Ibu Bekerja dan Ibu Tidak Bekerja. Jurnal Psikologi Tabularasa, 9. Diakses dari: <https://media.neliti.com/media/publications/127612-ID-perbedaan-stres-ditinjau-dari-ibu-bekerj.pdf>
- DetikHealth. (2018). Fisik Lelah Plus Tak Dapat Dukungan, Ibu Bekerja Rentan Stres dan Depresi. (<https://health.detik.com/ibu-dan-anak/d-3294852/fisik-lelah-plus-tak-dapat-dukungan-ibu-bekerja-rentan-stres-dan-depresi> diakses pada 12 agustus 2018)
- DetikHealth. (2016). Memahami Stres yang Rentan Dialami Ibu Bekerja. (<https://health.detik.com/ulasan-khas/d-3377897/memahami-stres-yang-rentan-dialami-ibu-bekerja> diakses pada 14 Agustus 2018)
- Encyclopedia of Child's Health, n. d. (2006). Working Mothers. (<https://www.encyclopedia.com/medicine/encyclopedias-almanacs-transcripts-and-maps/working-mothers> diakses 6 Oktober 2018)
- Putri, Yayan Indah A. (2017). *Hardiness Pada Ibu bekerja*. (Skripsi). Universitas Muhammadiyah: Surakarta
- Sindonews. (2014). Tantangan Peran Ganda Ibu. (<https://lifestyle.sindonews.com/read/930694/152/tantangan-peran-ganda-ibu-1417248127> diakses pada 6 Juni 2018)
- Springerlink. 2007. (<http://link.springer.com/article/10.1007/s10882-007-9034-z> diakses pada 22 Agustus 2018)
- Tumbo, Pascana Rara. 2016. *Studi Diferensial tentang Hardiness Antara Ko-asisten dan Mahasiswa Kedokteran Umum Angkatan 2015*. Skripsi. Bandung: Fakultas Psikologi Universitas Kristen Maranatha Bandung
- Yunita, Rosana dewi. (1999). *Dilema Ibu Bekerja*. Jurnal Psikologi, 9.Vol.3,No.1 7- 12. Diakses dari: <http://journals.ums.ac.id/index.php/indigenous/article/view/4292/2725>