

DAFTAR PUSTAKA

- Anderson J., Young L., Long E. 2008. *Potassium and health*. <http://www.ext.colostate.edu/pubs/foodnut/09355.html>, 5 Juli 2012.
- Anonymus. 2009. *Lemon*. <http://www.drugs.com/npp/lemon.html>, 9 Januari 2012.
- Anonymus. 2009. *Penyakit Darah Rendah (Hipotensi)*. <http://www.infopenyakit.com/2008/02/penyakit-darah-rendah-hipotensi.html>. 18 Juni 2012.
- Bruneton J. 1999. Flavanoids. *Pharmacognosy Phytochemistry Medical Plants*. 2nd ed. New York: Intercept Ltd. h.322-5.
- Buhler D. R., Miranda C. 2000. *Antioxidant Activitie of Flavonoids*. Oregon: Department of Environtmental and Molecular Toxicology Oregon State University. <http://lpi.oregonstate.edu/f-w00/flavonoid.html>, 24 Mei 2012
- Cardiology. 2011. <http://humanphysiology2011.wikispaces.com/06.+Cardiology>. Diunduh 13 November 2012.
- Departemen Kesehatan Republik Indonesia. 2007. *Menyokong Penuh Penanggulangan Hipertensi*. <http://www.depkes.go.id/index.php?option=news&task=viewarticle&sid=2406&Itemid=2>, 10 Desember 2011.
- Drake V. 2007. *Calcium*. <http://lpi.oregonstate.edu/infocenter/minerals/calcium/>, 4 Januari 2012.
- Emma S. Wirakusumah. 2006. *Buah dan Sayur Untuk Terapi*. Depok: Penebar Swadaya, anggota Ikapi. h.45, 122.
- Ganong. 2005. *Review of Medical Physiology*. Singapore: Mc Graw Hill. p.244, 359-60, 442, 454-8, 584-5, 588, 590, 604, 633-4.
- Gray, H.H., Dawkins, K.D., Morgan, J.M., Simpson, I.A. 2005. *Hipertensi*. Lecture Notes Kardiologi. Edisi ke-4. Jakarta: Erlangga. p.57-62.
- Guyton and Hall. 2006. *Buku Ajar Fisiologi Kedokteran*. Edisi 11. Jakarta :EGC.p.109, 111-3, 118, 167-77, 178-87, 212, 219-21, 233-36, 239, 794.
- Hembing Wijayakusuma. 2007. *Penyembuhan Dengan Jeruk..* Jakarta: Sarana Pustaka Afiat. h.20-3.

- Higdon J. 2006. *Vitamin C*. Linus Pauling Institute, Oregon State University. <http://lpi.oregonstate.edu/infocenter/vitamins/vitaminC>, 7 Juli 2012.
- Houssay. 1955. *Human Physiology*. New York: McGraw Hill Book Company. p.182-5, 497, 1113-4.
- Ibnu Masud. 1996. *Dasar-dasar Fisiologi Kardiovaskuler*. Jakarta: ECG. h.111-9.
- Indy Ainun Hakimah. 2012. *81 Macam Buah Berkhasiat Istimewa*. Yogyakarta: IN AzNa Books. h.23-6.
- Jansen Silalahi. 2006. *Makanan Fungsional*. Yogyakarta: Kanisius. h.118-24.
- Katzung B.G. 2007. Agents Used in Cardiac Arrhythmias. In: Hume J.R., Grant A.O., eds: *Basic & Clinical Pharmacology*. 10th ed. USA: Mc Graw Hil. p.214.
- Kemas Ali Hanafiah. 2005. *Rancangan Percobaan: Teori & Aplikasi*, Edisi 3. Jakarta: Rajawali Pers.
- Leni Herliani Afrianti. 2010. *33 Macam Buah-Buahan Untuk Kesehatan*. Bandung: Alfabeta. h.15-7, 45-7.
- Loizzo M.R., Said A., Tundis R., Rashed K., Statti G.A., Hufner A., et al. 2006. *Inhibition of Angiotensin Converting Enzyme (ACE) by Flavonoids isolated from Ailanthus excelsa (Roxb) (Simaroubaceae)*. *Phytother. Res.*, 21: 32–36.
- Longo D.L., Kasper D.L., Jameson J.L., Fauci A.S., Hauser S.L., Loscalzo J. 2011. Hypertensive Vascular Disease. In: *Harrison's Principles of Internal Medicine*, 18th ed. United State of America: McGraw-Hill Companies, Inc. p. 3328-9
- Lukas Tarsono Adi. 2009. *Tanaman Obat & Jus untuk Mengatasi Penyakit Jantung, Hipertensi, Kolesterol, dan Stroke*. Jakarta: DeMedia Pustaka. h.21, 43.
- Mills S., Bone K. 2000. *Principles and Practise Of Phytotherapy: Modern Herbal Medicine*. London: Churchill Livingstone. p.33.
- Mohammad Yogiantoro. 2006. *Ilmu Penyakit Dalam Jilid 1*. Edisi 4. Editor : Aru W Sudoyo. Jakarta: Pusat Penerbitan Departemen Ilmu Penyakit Dalam Fakultas Kedokteran Universitas Indonesia. p.599.

- NHLBI. 2004. *The seventh report of the Joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure*. <http://www.nhlbi.nih.gov/guidelines/hypertension/jnc7full.htm>, 15 Januari 2012.
- NHLBI. 2006. *DASH Eating Plan Lower Your Blood Pressure*. http://www.nhlbi.nih.gov/health/public/heart/hbp/dash/new_dash.pdf, 10 November 2012.
- Nurheti Yulianti. 2011. *1001 Khasiat Buah-Buahan*. Yogyakarta: C.V ANDI OFFSET. h.12-4, 95-101.
- Oates J. A., Brown N. J. 2001. Antihypertensive agents and the drug therapy of hypertension. In Hardman, J. G. & Limbird, L.E.: *Goodman & Gilman's the Pharmacological Basis of Therapeutics*. 19th ed. New York: Mc Graw-Hill Medical Publishing Division. p.871-86.
- Quarters C. 2011. *The Differences Between Red and Green Delicious Apples*. http://www.ehow.com/info_12179541_differences-between-red-green-delicious-apples.html#ixzz1hEs5E89D, 23 Desember 2011.
- Rad A. 2006. *Renin-angiotensin-aldosterone system*. http://en.wikipedia.org/wiki/File:Renin-angiotensin-aldosterone_system.png, Diunduh 13 November 2012.
- Riskesdas. 2007. *Riset Kesehatan Dasar 2007*. www.riskesdas.litbang.depkes.go.id/download/PedomanBiomedis.pdf, 17 Januari 2012.
- Robinson T. 1995. *Kandungan organik tumbuhan tinggi*. Edisi 6. Bandung: ITB.
- Saseen J.J & Carter B.L. 2005. Hypertension. In: Dipiro J.T, Talbert R.L, Yee G.C, Mazke G.R, Wells B.G, Posey L.M: *Pharmacotherapy, A Pathophysiologic Approach*. 6th Edition. New York : Mc graw Hill. p.185, 193, 286.
- Setiawan Dalimartha., Felix Adrian. 2011. *Khasiat Buah & Sayur*. Depok: Penebar Swadaya. h.16-7.
- Sheps S.G. 2010. *Sleep deprivation: a cause of high blood pressure*. <http://www.mayoclinic.com/health/sleep-deprivation/AN01344>, 24 Mei 2012

Sri Rini Dwiari., Danik Dania Asadayanti., Nurhayati., Mira Sofyaningsih., Sandi Frida A.R. Yudhanti., Ida Bagus Ketut Widyana Yoga. 2008. Hasil PertanianTanaman Pangan. In: Tarkus Suganda. ed. *Teknologi Pangan*, Jilid 1, Jakarta: Direktorat Pembinaan Sekolah Menengah Kejuruan Direktorat Jenderal Manajemen Pendidikan Dasar dan Menengah Departemen Pendidikan Nasional. h.9.

The McGill Physiology Virtual Lab. 2012a. *Blood Pressure In Auscultatory Method*. <http://www.medicine.mcgill.ca/physio/vlab/cardio/auscul.htm>. Diunduh 20 Juni 2012.

_____. 2012b. *Blood Pressure In Palpation Method*. <http://www.medicine.mcgill.ca/physio/vlab/cardio/palpa.htm>. Diunduh 20 Juni 2012.