# CHAPTER I

# INTRODUCTION

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## A. Background of the Study

In Bandung there are some swimming schools for children to improve and develop their swimming skills. One of the swimming schools is Sensen Swimming School. It provides swimming lessons using a bilingual medium of instruction, Indonesian and English.

When I had to do my internship, I applied to Sensen Swimming School as I used to be an athlete of West Java Swimming Cup in 2010. Therefore, my swimming ability and English competence make me qualified to be a swimming teacher there.

During my internship, I found a significant problem when handling a child who was hyperactive. As stated in my journal internship (June 15, 2017) that during the swimming lesson, I become overwhelmed when the child did not listen to my instructions. Instead, he screamed at me when I gave him instruction to relax and calm down.

Therefore, I searched for information of how to handle him. From his parents I found out that he was diagnosed to have ADHD. His parents told me that her

child was diagnosed hyperactive ADHD and suggested me how to handle her child (Journal, May 28, 2017). According to Rief (2005), "Student with ADHD can have a hard time listening, following direction and paying attention" (para.1).

After experiencing the difficulties, I am interested in finding solutions to solve the problem. Therefore, in this term paper I would like to discuss the problem as well as some potential solutions for solving the problem.

### B. Identification of the problem

The problems are presented in the following:

- 1. What made an ADHD student difficult to follow instruction?
- 2. What were the effects of the problem?
- 3. How can a swimming teacher like me solve the problem?

# C. Objective and Benefit of the Study

This study has three objectives and three benefits. They will be discussed respectively. The first objective is to find out what made an ADHD student difficult to follow the instruction. The second objective is to know what is the effects were. The third objective is to know potential solutions for solving the problem.

The benefit of the study for me is I can find the best solutions for the problem that made me overwhelmed during my internship. Besides, this term paper can be beneficial for the teacher and institution where I did my internship, so they can develop knowledge and provide teaching strategies for the teacher to handle a student with ADHD. This term paper is also beneficial for D3 English

students who are interested in taking similar topics. Moreover, I hope this term paper can provide a solution for readers who have difficulties in handling a student with hyperactive (ADHD).

## D. Descriptions of the Institution

Sensen Swimming School, well-known as S2SS, is an institution which provides swimming lessons. It was established in Bandung in 2014. Nowadays, Sensen Swimming School provides lessons with a bilingual medium instruction The school also offers 4 types of classes: Private (one student and one teacher), Beginner, Intermediate and Expert that consists of five until ten students of each class. Classes take place at Sampoerna sport centre or Grand pacific hotel. The office is on Jl. Wastukencana No. 81 Bandung.

Seni Aprilianty S. Pd. a graduate of FPOK (faculty of physical education and health) as the owner of Sensen Swimming School. Sensen Swimming School has 24 employees: 16 swimming teachers, head coach and 3 staff (marketing, accountant and supervisor). Sensen Swimming School aims at informing that water is safe. Besides, Sensen Swimming School also cooperates with some schools and preschools in Bandung such as Maria Bintang laut and Bandung Independent School. The mission of Sensen swimming school is to serve the best for students and teach students to be able to swim with fun methods (Sensen Swimming School, 2017).

### E. Method of the Study

To collect my data, I did two actions. First, I wrote a daily journal during my internship. Second, I interviewed Seni Aprilianty S. Pd. as the owner of Sensen Swimming School.

In order to get theories to support my analysis I also did two things. First, I searched for theories from the internet. Second, I read books.

#### F. Limitation of the Study

This study is limited in four ways. First, in regard to the participant, I only discussed one student who had an ADHD. Second, I had a short -time internship that started from May 22, 2017 to July 29, 2017 in Sensen Swimming School. Thus, I only collected data in that period. Third, I only collected data by observing my own teaching and reflecting on my teaching in daily journals. Fourth, I only conducted one interview.

## G. Organization of the Term Paper

This term paper contains four chapters. Chapter I is Introduction of the Problem consisting of Background of the Study, Identification of the Problem, Objective and Benefits of the Study, Description of Institution, Method of the study, Limitation of the Study and Organization of the Term paper. Chapter II discusses Problem Analysis which analyzes the problem during internship, including the causes and effects of the problem. Chapter III presents the Potential Solutions to the problem. It contains positive and negative effects of the Potential solutions that might happen. Chapter IV is the summary of the term paper and Conclusion as well as suggestions. The chosen solutions to the problem are also presented in the chapter, Bibliography and appendices.

