

**LAMPIRAN 1**  
**KARAKTERISTIK DATA PADA SUBJEK 57 ORANG ANAK JALANAN**  
**USIA 6- 12 TAHUN DI KOTA BANDUNG TENGAH**

| NO. | USIA | JK | BB(KG) | TB(CM) | BB/TB  | BB/U   | TB/U   |                                  |
|-----|------|----|--------|--------|--------|--------|--------|----------------------------------|
| 1   | 11   | P  | 25     | 124    | normal | Normal | <-2SD  | Kini Normal, Dulu pernah KKP     |
| 2   | 11   | L  | 27     | 126    | normal | Normal | <-2SD  | Kini Normal, Dulu pernah KKP     |
| 3   | 10   | P  | 29,2   | 130    | normal | Normal | Normal | Normal                           |
| 4   | 7    | L  | 16,5   | 115    | <-2SD  | <-2SD  | Normal | Kini Kurang Gizi Sedang          |
| 5   | 8    | L  | 22,5   | 120    | normal | normal | Normal | Normal                           |
| 6   | 11   | P  | 28,6   | 134    | normal | normal | <-2SD  | Kini Normal, Dulu pernah KKP     |
| 7   | 9    | P  | 20     | 116    | normal | normal | <-2SD  | Kini Normal, Dulu pernah KKP     |
| 8   | 9    | P  | 20,4   | 118    | normal | normal | <-2SD  | Kini Normal, Dulu pernah KKP     |
| 9   | 8    | L  | 25     | 114    | >+2SD  | normal | <-2SD  | Kini Gizi Lebih, Dulu pernah KKP |
| 10  | 8    | P  | 18,7   | 110    | normal | normal | <-2SD  | Kini Normal, Dulu pernah KKP     |
| 11  | 12   | L  | 24,8   | 127    | normal | <-2SD  | <-2SD  | Kini Normal, Dulu pernah KKP     |
| 12  | 10   | P  | 23,3   | 120    | normal | normal | <-2SD  | Kini Normal, Dulu pernah KKP     |
| 13  | 13   | L  | 31,5   | 138    | normal | normal | <-2SD  | Kini Normal, Dulu pernah KKP     |
| 14  | 9    | L  | 34,9   | 130    | >+2SD  | normal | <-2SD  | Kini Gizi Lebih, Dulu pernah KKP |
| 15  | 11   | P  | 28,3   | 123    | normal | normal | <-2SD  | Kini Normal, Dulu pernah KKP     |
| 16  | 6    | L  | 15,1   | 110    | <-2SD  | <-2SD  | Normal | Kini Kurang Gizi Sedang          |
| 17  | 7    | L  | 20     | 116    | normal | normal | Normal | Normal                           |
| 18  | 11   | L  | 27     | 128    | normal | normal | <-2SD  | Kini Normal, Dulu pernah KKP     |
| 19  | 10   | P  | 24     | 126    | normal | normal | Normal | Normal                           |
| 20  | 12   | L  | 24     | 131    | normal | <-2SD  | <-2SD  | Kini Normal, Dulu pernah KKP     |

|    |    |   |    |     |        |        |        |  |
|----|----|---|----|-----|--------|--------|--------|--|
| 21 | 12 | P | 42 | 146 | normal | normal | Normal | Normal                                   |
| 22 | 12 | P | 44 | 142 | normal | normal | Normal | Normal                                   |
| 23 | 10 | L | 23 | 119 | normal | normal | <-2SD  | Kini Normal, Dulu pernah KKP             |
| 24 | 12 | L | 23 | 127 | normal | <-2SD  | <-2SD  | Kini Normal, Dulu pernah KKP             |
| 25 | 8  | P | 27 | 125 | normal | normal | Normal | Normal                                   |
| 26 | 12 | P | 32 | 140 | normal | normal | Normal | Normal                                   |
| 27 | 11 | P | 25 | 128 | normal | normal | <-2SD  | Kini Normal, Dulu pernah KKP             |
| 28 | 12 | L | 26 | 133 | normal | <-2SD  | <-2SD  | Kini Normal, Dulu pernah KKP             |
| 29 | 12 | L | 45 | 155 | normal | normal | Normal | Normal                                   |
| 30 | 12 | L | 33 | 138 | normal | normal | Normal | Normal                                   |
| 31 | 11 | L | 25 | 135 | normal | normal | Normal | Normal                                   |
| 32 | 10 | L | 25 | 122 | normal | normal | <-2SD  | Kini Normal, Dulu pernah KKP             |
| 33 | 12 | L | 40 | 153 | normal | normal | Normal | Normal                                   |
| 34 | 11 | L | 24 | 121 | normal | <-2SD  | <-2SD  | Kini Normal, Dulu pernah KKP             |
| 35 | 12 | L | 32 | 140 | normal | normal | Normal | Normal                                   |
| 36 | 11 | P | 31 | 134 | normal | normal | <-2SD  | Kini Normal, Dulu pernah KKP             |
| 37 | 11 | L | 27 | 123 | normal | normal | <-2SD  | Kini Normal, Dulu pernah KKP             |
| 38 | 12 | P | 24 | 122 | normal | <-2SD  | <-2SD  | Kini Normal, Dulu pernah KKP             |
| 39 | 12 | P | 30 | 133 | normal | normal | <-2SD  | Kini Normal, Dulu pernah KKP             |
| 40 | 12 | P | 25 | 114 | >+2SD  | <-2SD  | <-2SD  | Kini Gizi Lebih, Dulu pernah KKP         |
| 41 | 6  | P | 23 | 109 | >+2SD  | normal | Normal | Kini Gizi Lebih                          |
| 42 | 11 | P | 28 | 123 | normal | normal | <-2SD  | Kini Normal, Dulu pernah KKP             |
| 43 | 6  | P | 12 | 101 | <-2SD  | <-2SD  | <-2SD  | Kini Kurang Gizi Sedang, Dulu pernah KKP |
| 44 | 10 | L | 21 | 116 | normal | <-2SD  | <-2SD  | Kini Normal, Dulu pernah KKP             |
| 45 | 12 | P | 46 | 145 | normal | normal | Normal | Normal                                   |

|    |    |   |    |     |        |        |        |                                  |
|----|----|---|----|-----|--------|--------|--------|----------------------------------|
| 46 | 8  | L | 25 | 112 | >+2SD  | normal | <-2SD  | Kini Gizi Lebih, Dulu pernah KKP |
| 47 | 8  | L | 24 | 117 | normal | normal | Normal | Normal                           |
| 48 | 8  | P | 18 | 109 | normal | normal | <-2SD  | Kini Normal, Dulu pernah KKP     |
| 49 | 12 | P | 48 | 147 | normal | normal | Normal | Normal                           |
| 50 | 12 | L | 42 | 155 | normal | normal | Normal | Normal                           |
| 51 | 6  | L | 15 | 96  | normal | <-2SD  | <-2SD  | Kini Normal, Dulu pernah KKP     |
| 52 | 6  | L | 21 | 107 | normal | normal | Normal | Normal                           |
| 53 | 12 | L | 39 | 156 | normal | normal | Normal | Normal                           |
| 54 | 10 | L | 37 | 134 | normal | normal | Normal | Normal                           |
| 55 | 6  | L | 18 | 102 | normal | normal | Normal | Normal                           |
| 56 | 12 | L | 44 | 146 | normal | normal | Normal | Normal                           |
| 57 | 11 | P | 26 | 123 | normal | normal | <-2SD  | Kini Normal, Dulu pernah KKP     |

## LAMPIRAN 2

## KARAKTERISTIK KECUKUPAN KALORI DAN GIZI PADA SUBJEK

| No. | Nama   | Seks | Umur | Kkal-Hit | Kkal-Obs | Pr-Hit | Pr-Obs | Fat-Hit | Fat-Obs | KH-Hit | KH-Obs |
|-----|--------|------|------|----------|----------|--------|--------|---------|---------|--------|--------|
| 1   | Siti   | P    | 11   | 1706     | 1599     | 256    | 84     | 512     | 338     | 1109   | 1034   |
| 2   | Ardian | L    | 11   | 1591     | 1903     | 239    | 168    | 477     | 230     | 1034   | 1358   |
| 3   | Soni   | P    | 7.5  | 1796     | 1307     | 269    | 104    | 539     | 423     | 1167   | 780    |
| 4   | Dini   | L    | 10   | 1315     | 1520     | 197    | 120    | 394     | 212     | 854    | 1172   |
| 5   | Anin   | L    | 8    | 1476     | 1424     | 221    | 69     | 443     | 479     | 960    | 872    |
| 6   | Anggra | P    | 11   | 1790     | 1507     | 269    | 160    | 537     | 279     | 1164   | 1060   |
| 7   | Anggi  | P    | 9    | 1622     | 1593     | 243    | 108    | 486     | 495     | 1054   | 1000   |
| 8   | Idah   | P    | 9    | 1634     | 1383     | 245    | 116    | 490     | 198     | 1062   | 1020   |
| 9   | Taufik | L    | 8    | 1483     | 1395     | 223    | 96     | 445     | 405     | 964    | 880    |
| 10  | Imas   | P    | 8    | 1592     | 1390     | 239    | 75     | 478     | 316     | 1035   | 858    |
| 11  | Ifan   | L    | 12   | 1539     | 1440     | 231    | 92     | 462     | 387     | 1001   | 952    |
| 12  | Lia    | P    | 10   | 1676     | 1495     | 251    | 100    | 503     | 369     | 1090   | 884    |
| 13  | David  | L    | 12   | 1764     | 1354     | 265    | 116    | 529     | 396     | 1147   | 696    |
| 14  | Gomez  | L    | 9    | 1819     | 2455     | 273    | 278    | 546     | 333     | 1182   | 1708   |
| 15  | Cici   | P    | 11   | 1754     | 1583     | 263    | 200    | 526     | 657     | 1140   | 920    |
| 16  | Ikhwan | L    | 6    | 1255     | 1034     | 188    | 80     | 376     | 270     | 815    | 704    |
| 17  | Fikri  | L    | 7    | 1400     | 1498     | 210    | 155    | 420     | 302     | 910    | 1018   |
| 18  | Ade    | L    | 11   | 1607     | 1663     | 241    | 176    | 482     | 432     | 1044   | 1032   |
| 19  | Tessa  | P    | 10   | 1704     | 1950     | 256    | 246    | 511     | 568     | 1108   | 1078   |
| 20  | Asep   | L    | 12   | 1554     | 1728     | 233    | 187    | 466     | 158     | 1010   | 1378   |
| 21  | Agus   | P    | 12   | 2023     | 2335     | 304    | 319    | 607     | 374     | 1315   | 1620   |
| 22  | Faisal | P    | 12   | 2043     | 2216     | 306    | 239    | 613     | 419     | 1328   | 1584   |
| 23  | Nutrio | L    | 10   | 1457     | 1469     | 219    | 197    | 437     | 356     | 947    | 860    |

|    |             |   |    |      |      |     |     |     |     |      |      |
|----|-------------|---|----|------|------|-----|-----|-----|-----|------|------|
| 24 | Dadang      | L | 12 | 1500 | 1395 | 225 | 106 | 450 | 320 | 975  | 964  |
| 25 | Mala        | P | 8  | 1763 | 1781 | 264 | 175 | 529 | 311 | 1146 | 1296 |
| 26 | Darini      | P | 12 | 1852 | 1955 | 278 | 188 | 556 | 486 | 1204 | 1292 |
| 27 | Lita        | P | 11 | 1718 | 1518 | 258 | 92  | 515 | 378 | 1117 | 1020 |
| 28 | Velka       | L | 12 | 1614 | 1512 | 242 | 133 | 484 | 542 | 1049 | 804  |
| 29 | Rismawan    | L | 12 | 2209 | 2566 | 331 | 308 | 663 | 418 | 1436 | 1954 |
| 30 | Aso         | L | 12 | 1808 | 1956 | 271 | 164 | 543 | 599 | 1176 | 1198 |
| 31 | Sansan      | L | 11 | 1619 | 1485 | 243 | 121 | 486 | 381 | 1052 | 816  |
| 32 | Deni        | L | 10 | 1526 | 1322 | 229 | 127 | 458 | 214 | 992  | 655  |
| 33 | Ade         | L | 12 | 2083 | 2320 | 312 | 350 | 625 | 446 | 1354 | 1446 |
| 34 | Dedi        | L | 11 | 1485 | 1293 | 223 | 161 | 445 | 219 | 965  | 884  |
| 35 | David       | L | 12 | 1802 | 2003 | 270 | 188 | 541 | 351 | 1172 | 1370 |
| 36 | Dessy       | P | 11 | 1827 | 1610 | 274 | 152 | 548 | 477 | 1188 | 968  |
| 37 | Yudi        | L | 11 | 1567 | 1497 | 235 | 114 | 470 | 349 | 1018 | 1018 |
| 38 | Mega        | P | 12 | 1678 | 1540 | 252 | 199 | 503 | 331 | 1091 | 1019 |
| 39 | Ros         | P | 11 | 1802 | 1775 | 270 | 148 | 540 | 225 | 1171 | 1504 |
| 40 | Ega         | P | 12 | 1670 | 1631 | 251 | 125 | 501 | 416 | 1086 | 1080 |
| 41 | Intan       | P | 6  | 1670 | 1635 | 251 | 163 | 501 | 306 | 1086 | 1185 |
| 42 | Nurul       | P | 11 | 1750 | 1573 | 262 | 189 | 525 | 434 | 1137 | 942  |
| 43 | Ririn       | P | 6  | 1478 | 1339 | 222 | 115 | 443 | 124 | 961  | 1044 |
| 44 | Reza        | L | 10 | 1389 | 1395 | 208 | 117 | 417 | 192 | 903  | 1076 |
| 45 | Novi        | P | 12 | 2082 | 2142 | 312 | 216 | 625 | 370 | 1353 | 1544 |
| 46 | Rizky       | L | 8  | 1467 | 1419 | 220 | 101 | 440 | 497 | 954  | 848  |
| 47 | Ripan       | L | 8  | 1485 | 1500 | 223 | 80  | 446 | 360 | 965  | 1088 |
| 48 | Windi       | P | 8  | 1578 | 1230 | 237 | 64  | 473 | 279 | 1026 | 882  |
| 49 | Mirna       | P | 12 | 2118 | 2395 | 318 | 223 | 636 | 439 | 1377 | 1639 |
| 50 | Aji         | L | 12 | 2143 | 2314 | 321 | 287 | 643 | 291 | 1393 | 1741 |
| 51 | Ari         | L | 6  | 1140 | 1040 | 171 | 44  | 342 | 162 | 741  | 840  |
| 52 | Febriansyah | L | 6  | 1361 | 1307 | 204 | 44  | 408 | 135 | 885  | 1120 |
| 53 | Eki         | L | 12 | 2085 | 2054 | 313 | 179 | 625 | 259 | 1355 | 1611 |

|    |        |   |             |      |      |     |     |     |     |      |      |
|----|--------|---|-------------|------|------|-----|-----|-----|-----|------|------|
| 54 | Jembar | L | 10          | 1887 | 2165 | 283 | 270 | 566 | 536 | 1226 | 1350 |
| 55 | Adit   | L | 6           | 1255 | 990  | 188 | 84  | 376 | 198 | 815  | 730  |
| 56 | Imam   | L | 12          | 2115 | 2462 | 317 | 228 | 635 | 325 | 1375 | 1752 |
| 57 | Bunga  | P | 6           | 1719 | 1780 | 258 | 140 | 516 | 284 | 1117 | 1351 |
|    |        |   | <b>Mean</b> | 1682 | 1669 | 252 | 156 | 504 | 352 | 1093 | 1132 |

### LAMPIRAN 3

## KUESIONER SURVEI KONSUMSI MAKANAN PADA PENILAIAN STATUS GIZI DAN GAMBARAN KEHIDUPAN ANAK JALANAN

### 1. Identias / Data pribadi

|   |  |
|---|--|
| Nama  |  |
| Usia  |  |
| Jenis kelamin                                 |  |
| Berat badan (kg)                              |  |
| Tinggi badan(cm)                              |  |
| Lingkar lengan atas (cm )                     |  |
| Pekerjaan<br>Tinggal<br>Tinggal bersama siapa |  |

### 2. Pola aktivitas dijalan

| Frekuensi | Durasi | Aktivitas dijalan |
|-----------|--------|-------------------|
|           |        |                   |

### 3 . Penampilan fisik

|                  |  |
|------------------|--|
| Bentuk tubuh     |  |
| Rambut           |  |
| Kulit            |  |
| Bibir            |  |
| Mata             |  |
| Sifat Psikologis |  |

#### **4 .Status sosial ekonomi dan pekerjaan orang tua**

- a. Nama ayah/ibu:
- b. Usia:
- c. Tingkat pendidikan terakhir:
- d. Pekerjaan:
  - Ayah:
  - Ibu:
- e. Jumlah saudara (jika ada) :
- f. Lama asi eksklusif:
- g. Status imunisasi:
- h. Tempat tinggal:
- i. Penghasilan :

\*Anak jalanan:



- a. Berapa lama dijalan/ hari :
- b. Sekolah :
- c. Penghasilan :
- Jumlah :
- Dipergunakan untuk :

### 5. Sanitasi dan kebersihan

|  |  |
|--|--|
| Makanan  |  |
| Air minum (air putih)<br>Jumlah /hari  |  |
| Sanitasi :<br><br>a. Mencuci tangan<br>b. Kebiasaan Mandi<br>c. Mengganti baju<br>d. Memotong kuku<br>e. Menggunakan alas kaki<br>f. Buang air besar<br>g. Buang air kecil |  |

### 6. Kebiasaan buruk

|         |           |  |
|---------|-----------|--|
| Merokok | (+) / (-) |  |
|---------|-----------|--|

|                             |           |  |
|-----------------------------|-----------|--|
| Menghirup lem aibon         | (+) / (-) |  |
| Konsumsi minuman beralkohol | (+) / (-) |  |

**7.Riwayat Penyakit Infeksi Dahulu (Status kesehatan anak jalanan)**

| Diare,<br>mual,<br>muntah | Demam | Batuk/pilek | Lain-lain |
|---------------------------|-------|-------------|-----------|
|                           |       |             |           |

**8. Jenis makanan yang dimakan****-sehari makan berapa kali**

|      | <b>Jenis makanan yang dimakan</b>   |  | <b>Takaran</b> |
|------|---|--|----------------|
| PAGI | a. Karbohidrat:<br><br>b. Protein:<br><br>c. Lemak:<br><br>d. Sayur :<br><br>e. Buah: |  |                |



|       |   |  |  |
|-------|---|--|--|
|       | e. Buah:  |  |  |
| MALAM | a. Karbohidrat:<br><br>b. Protein:<br><br>c. Lemak:<br><br>d. Sayur : |  |  |

|           |                                   |  |  |
|-----------|-----------------------------------|--|--|
|           | e. Buah:                          |  |  |
| Lain-lain | a. Cemilan / snack<br><br>b. Susu |  |  |

LAMPIRAN 4

GAMBAR PENELITIAN









**LAMPIRAN 5**

## **RIWAYAT PENULIS**

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