

DAFTAR PUSTAKA

- Bernard, L., K., & Curry, J. F. 2011. *Self-compassion: Conceptualizations, correlates, & interventions. Review of General Psychology*, 15, No.4, 289-303.
- Brown, K. W.; Ryan, R. M. 2003. "The Benefits of Being Present: Mindfulness And its Role in Psychological Well-Being". *Journal of Personality and Social Psychology* 84 (4): 822–848.
- Fredrickson, B. L., Cohn, M. A., Coffey, K. A., Pek, J., & Finkel, S. M. 2008. *Open Hearts Build Lives: Positive Emotions, Induced Through Loving-Kindness Meditation, Build Consequential Personal Resources. Journal of personality and social psychology*, 95(5), 1045-1062.
- Gilbert, P & Procter, S. 2006. *Compassionate mind training for people with high shame and self-criticism: overview and pilot study of a group therapy approach. Clinical Psychology & Psychotherapy*, 13(6), hlm.353-379.
- Hannigan, B., Edwards, D., & Burnard, P. 2004. *Stress and stress management in clinical psychology: findings from a systematic review. Journal of Mental Health*, 13, 235–245.
- Heffernan, M., Griffin, M., McNulty, S., & Fitzpatrick, J. J. 2010. *Self-compassion and emotional intelligence in nurses. International Journal of Nursing Practice*, 16, 366-373.
- Howitt, Dennis & Cramer, Duncan. 2010. *Introduction to Statistics in Psychology Fifth Edition*. UK : Pearson.
- Hurlock, E.B. 1996. Psikologi Perkembangan : Suatu Pendekatan Sepanjang Rentang Kehidupan. Jakarta : Erlangga. (Edisi Kelima).
- Miles, Jeremy & Banyard, Philip. 2007. *Understanding and Using Statistics in Psychology : A Practical Introduction*. London : Sage.

- Moningka, Clara. 2013. Pemaknaan *Self-Compassion* Pada Tenaga Kesehatan Di Jakarta Utara Melalui Pendekan Psikologi Ulayat. Program Studi Psikologi.Jakarta: Universitas Bunda Mulia.
- Neff, K. D. 2003a. *Development and validation of a scale to measure self-compassion*.*Self and Identity*, 2, 223-250.
- Neff, K. D. 2003b. *Self-compassion: An alternative conceptualization of a healthy attitude toward oneself*. *Self and Identity*, 2, 85-102.
- Neff, K.D. 2009. *Self-Compassion*. In M.R. Leary & R. H. Hoyle (Eds.), *Handbook of Individual Differences in Social Behavior* (pp. 561-573). New York: Guilford Press Self and Identity, 2, 223-250.
- Neff, K.D. 2011. *Self Compassion: Stop Beating Yourself Up and Leave insecurity behind*. Texas ; Harper Collins Publishers.
- Neff, K.D. 2011. *Self Compassion: The Proven Power Of Being Kind To Yourself*. New York : Harper Collins Publishers.
- Neff, K. D. 2011. *Self-compassion, self-esteem, and well-being*. *Social and Personality Compass*, 5, 1-12.
- Neff, K. D., Beretvas, S. N. (2013). *The role of self-compassion in romantic relationships*. *Self and Identity*, 12(1), 78-98.
- Neff, K., Kirkpatrick, K. L., & Rude, S. S. 2007. *Self-compassion and adaptive Psychological functioning*. *Journal of Research in Personality*, 41, 139-154.
- Pommier, E. 2010. *The Compassion Scale. (online)*. *Dissertation Abstracts International Section A : Humanities and Social Sciences*, 72, 1174.
- Riasnugrahani, M. 2014. *Self – Compassion dan Compassion for Others* pada Mahasiswa Fakultas Psikologi Universitas Kristen Maranatha. *Repository* Universitas Kristen Maranatha.

Santrock, J. W. (2011). Life-Span Development (13th Edition). New York: McGraw Hill.

Sbarra, D.A., Smith, H.L., & Mehl, M.R. (2012). *When Leaving Your Ex, Love Yourself: Observational Ratings of Self-Compassion Predict the Course of Emotional Recovery Following Marital Separation*. *Psychological Science* 23(3)p. 261-269.



DAFTAR RUJUKAN

Lockhart, Anita RN. MSN, Dr. Lyndon Saputra. (2014). Asuhan kebidanan Kehamilan fisiologis dan patologis. Binarupa Aksara publisher.

Nurrobikha dan Burhan, Asmawati. (2015). Buku Ajar Konsep Kebidanan/oleh. Ed.1, Cet. 1-Yogyakarta: Deepublish.

Panduan penulisan skripsi sarjana edisi revisi II. (2015). Bandung: Fakultas Psikologi Universitas Kristen Maranatha.

Sihite, Margaretha (2017). Studi Deskriptif Mengenai *Self Compassion* pada Remaja SOS Children's Villages Kinderdorf di Bandung. Skripsi. Bandung :Fakultas Psikologi Universitas Kristen Maranatha.

- _____.Komunikasi dalam praktik kebidanan.
(bppsdmk.kemkes.go.id/pusdiksdmk/wp.../Komunikasi-dalam-Praktik-Kebidanan.pdf). Diakses pada tanggal 6 oktober 2017.
- _____.Dokter puskesmas di Bandung jumlahnya diklaim mencukupi.
(<http://www.pubinfo.id/beritapub-dokter-puskesmas-di-bandung-jumlahnya-diklaim-mencukupi.html>). Diakses pada tanggal 6 Oktober 2017.
- _____.Kebidanan untuk lindungi kerja bidan.
(<http://www.dpr.go.id/berita/detail/id/13298/t/RUU+Kebidanan+Untuk+Lindungi+Kerja+Bidan>). Diakses pada tanggal 10 November 2018.
- _____. Apa pentingnya profesi bidan.
(<https://news.okezone.com/read/2013/11/28/373/904174/apa-pentingnya-profesi-bidan>). Diakses pada 10 November 2018.