

DAFTAR PUSTAKA

1. Atkinson R C, Shiffrin R M. Chapter: Human memory: A proposed system and its control processes. K.W. Spence and J.T. Spence. *The psychology of learning and motivation*. New York : Academic Press, 1968, pp. 89-195.
2. Putranto PL. *The Effect of Brain Gym to the Short Term Memory Function of Children From Low Economic Status Family*. Thesis. 2009.
3. Price, S., Price, L., & Penoel, D. 2012. *Aromatherapy for Health Professionals* (4th ed.). New York: Elsevier Health Sciences Ltd. Churchill Livingstone.
4. Morton, J. 1987. Grapefruit. p. 152–158. In: *Fruits of warm climates*. Julia F. Morton, Miami, FL
5. Dinas Pertanian Pemerintah Kabupaten Buleleng. [Online] Agustus 2018. <https://distan.bulelengkab.go.id/artikel/mengetahui-asal-usul-tanaman-jeruk-79>
6. Price, S., Price, L., & Penoel, D. 2012. *Aromatherapy for Health Professionals* (4th ed.). New York: Elsevier Health Sciences Ltd. Churchill Livingstone.
7. Woman’s International Pharmacy. [Online] Agustus 2018. <https://www.womensinternational.com/portfolio-items/moods-hormones/>.
8. Reinhart, Ryan. 2016. *The Influence of Lemon Aromatherapy to Improve Short Term Memory*. <http://repository.maranatha.edu/21403/>.
9. Steinberg, Laurence. *Cognitive and Affective Development in Adolescence*. Elsevier. 2005. Vol. 9 No. 2.
10. Sherwood, L. 2013. *Human Physiology From Cells to System* (8th ed.). Toronto, United States of America: Cengage.
11. Tortora GJ, Derrickson B. *Principles of Anatomy and Physiology*. 12th ed. Asia: Wiley; 2009.
12. Guyton AC, John E. Hall PD. *Textbook of Medical Physiology*. 12th ed. Philadelphia: Elsevier, Inc.; 2012.
13. Moghimi M, Parvardeh S, Moini Zanjani T, Ghafghazi S. Protective Effect of α -terpineol Against Impairment of Hippocampal Synaptic Plasticity and Spatial Memory Following Transient Cerebral Ischemia in Rats. *Iran J Basic Med Sci*. 2016;19(9):960-969.

14. Goudarzi S, Rafieirad M. Evaluating The Effect of α -pinene on Motor Activity, Avoidance Memory and Lipid Peroxidation in Animal Model of Parkinson Disease in Adult Male Rats. *Res J Pharmacogn.* 2017;4(2):53-63.
15. Haddy FJ, Vanhoutte PM, Feletou M. 2006. Role of Potassium in Regulating Blood Flow and Blood Pressure. *Diakses Agustus 2018.*
[https://www.ncbi.nlm.nih.gov/pubmed/16467502.](https://www.ncbi.nlm.nih.gov/pubmed/16467502)
16. Snell, Richard S. *Clinical Neuroanatomy.* 7th ed. Philadelphia: Lippincott Williams & Wilkins.
17. Richard L Drake, Wayne Vogl, Adam W M Mitchell. *Gray's Anatomy: Anatomy of the Human Body.* 2nd ed. Philadelphia: Elsevier. 2010.
18. Britannica. [online] Juli 2018. [https://www.britannica.com/science/forebrain.](https://www.britannica.com/science/forebrain)
19. Estomih Mtui, Gregory Gruener, Peter Dockery. *Fitzgerald's Clinical Neuroanatomy and Neuroscience.* 7th ed. Philadelphia: Elsevier. 2016.
20. Ellis, Harold. 2006. *Clinical Anatomy: Applied Anatomy for Student & Junior Doctors.* 11th edition. USA: Blackwell Publishing.
21. Brain Maps. [online] Agustus 2018. <http://www.brain-maps.com/limbic-system.html>
22. Course Lumen Learning. [online] Juli 2018.
[https://courses.lumenlearning.com/boundless-psychology/chapter/structure-and-function-of-the-brain/.](https://courses.lumenlearning.com/boundless-psychology/chapter/structure-and-function-of-the-brain/)
23. Ganong WF. *Buku Ajar Fisiologi Kedokteran.* 22nd ed. Jakarta: EGC; 2008.
24. Wibowo D. *Neuroanatomi Untuk Mahasiswa Kedokteran.* Malang: Bayumedia; 2008.
25. Solso, R.L. 1995. *Cognitive Psychology.* (4th ed). Boston: Allyn and Bacon, Inc.
26. Wade, C., & Wade, T. 2007. *Psikologi Edisi Kesembilan Jilid 2.* Jakarta: EGC.
27. Lahey, B. 2007. *Psychology: An Introduction* (11th ed). New York: McGraw-Hill Book Company.
28. Sharie Jie. *Olahraga Ampuh Pertajam Ingatan.* 2007. [Cited 2018 Januari 25]. Available from: [http://www.medicastore.com.](http://www.medicastore.com)

29. Susanto, dkk. 2009. Pengaruh Olahraga Ringan terhadap Memori Jangka Pendek.
30. Zoeller TR, Dowling ALS, Herzig CTA, Iannacone EA, Gauger KJ, Bansal R. Thyroid Hormone, Brain Development and The Environment. *Environ Heal Perspect.* 2002;110:355-358.
31. Perretta L. Makanan Untuk Otak. Jakarta: Erlangga; 2008.
32. McEwen BS. Physiology and Neurobiology of Stress and Adaption: Central Role of The Brain. *Physiol Rev.* 2007;87:873-904.
33. Baycrest. Memory and Aging System. 2015. [Cited 2018 Februari 10]. Available from: http://www.baycrest.org/MemoryandAging/Session_1/default_24.html.
34. Bhinnety, M. 2008. Struktur dan Proses Memori. Buletin Psikologi Fakultas Psikologis Universitas Gajah Mada.
35. Baihaqi, MIF. 2016. *Pengantar Psikologi Kognitif*. Bandung: PT Refika Aditama.
36. Julia Schwartzbard, MD. 2016. BetterMind, from <http://www.bettermind.com/articles/factors-that-affect-focus-and-concentration/>. Diakses pada tanggal 12 Desember 2017.
37. Jaelani. 2009. *Aromaterapi*. Jakarta: Pustaka Populer Obor.
38. Muchtaridi, & Moelyono. 2015. *Aromaterapi: Tinjauan Aspek Kimia Medisinal*. Yogyakarta: Graha Ilmu.
39. ITIS Government. [online] Juni 2018. https://www.itis.gov/servlet/SingleRpt/SingleRpt?search_topic=TSN&search_value=28887#null
40. James Worthington. Grapefruit Essential Oil Benefits, Uses, and Side Effects. 2018. [Cited 2018 Oktober 2], Available from <https://www.thefusionmodel.com/grapefruit-essential-oil-benefits-uses-and-side-effects/>
41. Scarpina F, Tagini S. The stroop color and word test. *Front Psychol.* 2017;8(APR):1–8.
42. Peterson, L. R., & Peterson, M. G. Short term retention of individual items. *Journal of Experimental Psychology*, 1959, 58, 193-198.

43. Komiya M, Takaeuchi T, Harada E. Lemon oil vapor causes an anti-stress effect via modulating the 5-HT and DA activities in mice. *Behavioural Brain Research*. 2006;172:240-248.
44. Hanjoyo, M. E. (2013). The Influence of Lemon Oil to Improve Short Term Memory. <http://repository.maranatha.edu/id/eprint/12091>.

