

DAFTAR PUSTAKA

- Aguilera G, Kiss A, Hauger R. 1992. Regulation of the hypothalamic pituitary adrenal axis during stress: Role of neuropeptides and neurotransmitters. In Kvetnansky : *Stress neuroendocrine and molecular approach*. USA : Gordon and Breach Science. p.365-382.
- Akiskal HS. 2009. Mood disorders : historical introduction and conceptual overview. In Kaplan HI editor. *Comprehensive textbook of psychiatry* 9th ed. William & Wilkins, Baltimor. p.1630-1643..
- Ali Khomsan. 2002. *Coklat baik untuk jantung dan suasana hati*. <http://www.kolompacific.net.id>. 13 Oktober 2011.
- Anonim. 2011. *Theobromine*. <http://www.biosite.dk/leksikon/images>.
- Anonim. 2009. *Catechin*. <http://www.biochemj.org/bj/386/0471/bj3860471.htm>
- Asaad G. 1996. Theoretical and clinical aspects. *Psychosomatic disorders*. New York : Brunner.
- Baba S, Osakabe N, Kato Y. 2007. Continuous intake of polyphenolic compounds containing cocoa powder reduces LDL oxidative susceptibility and has beneficial effects on plasma HDL-cholesterol concentrations in humans. *Am J Clin Nutr*; 85: 709–717.
- Baldessarini RJ. 2008. Obat-obat dan penanganan gangguan kejiwaan. *Dasar Farmakologi Terapi*. Goodman & Gilman. Edisi 10. Jakarta. EGC. h. 433-464.
- Butterweck V, Nishibe S, Sasaki T, Uchida M. 2001. Antidepressant effects of *Apocynum venetum* leaves in a forced swimming test. *Biol PharmBull*; 24: 848–851.
- Carpenter RHS. 1996. *Neurophysiology*. New York: Oxford University Press, Inc. p.206.
- Cryan JF, Page ME, Lucki I. 2005. Differential behavioural effects of the antidepressants reboxetine, fluoxetine, and moclobemide in a modified forced swim test following chronic treatment. *Psychopharmacology*; 182: 335–344.
- Daniel S Wibowo. 2008. Sistem saraf pusat. *Anatomi tubuh manusia*. Malang. Bayumedia. h. 103-147.

- Direktorat Kesehatan Jiwa 2008. *Studi proporsi gangguan jiwa*. <http://perpustakaan.depkes.go.id/>. 10 Oktober 2011.
- Duke J A. 1983. *Theobroma cacao* L. Handbook of Energy Corps.
- Elson MS. 1990. Serotonin: A common neurobiologic substrate in anxiety and depression. *J Clin Psychopharmacol*; 10:265–303.
- Feldman RS, Meyer JS, Quenzer LF. 1997. *Principles of Neuropsychopharmacology*. Sunderland: Sinauer.
- Gluckman MI and Baum T. 1969. The pharmacology of iprindole, a new antidepressant. *Psychopharmacologia*. 15:169-185.
- Guyton C.A., Hall J. E. 1997. Mekanisme Perilaku dan Motivasi pada Otak. Dalam: Irawati Setiawan. Edisi 9. *Fisiologi Kedokteran*. Jakarta: EGC. hal929-942.
- Grollman FF. 1972. Pharmacology and therapy of depression. *Am J of Psychiatry*. Philadelphia; 113:950.
- Harvey WF, John UL. 1995. *Theobroma cacao*. <http://www.henriettesherbal.com/>. 21 November 2010.
- Hatta S. 1992. *Budidaya Coklat, Pengolahan Hasil dan Aspek Ekonominya*. Kanisius, Yogyakarta.
- Holt RR, Lazarus SA, Sullards MC. 2002. Procyanidin dimer B2 [epicatechin-(4beta-8)-epicatechin] in human plasma after the consumption of a flavanol-rich cocoa. *AmJ ClinNutr*; 76: 798–804.
- Ikarowina Tarigan. 2010. *Dark chocolate berkhasiat obat*. <http://www.ehow.com>, 7 September 2011.
- Iskandar Y. 1998. Prevalensi dan terapi penyakit depresi. *Majalah Kedokteran Indonesia*; 44:68-75.
- Kalkunte SS, Singh AP, Chaves F. 2007. Antidepressant and antistress activity of GC-MS characterized lipophilic extracts of *Ginkgo biloba* leaves. *Phytother Res*; 21: 1061-1065.
- Kelsoe JR. 2009. Mood disorders : genetics. In Kaplan HI editor. *Comprehensive textbook of psychiatry* 9th ed. William & Wilkins, Baltimor. p.1654-1664.

- Kemas Ali Hanafiah. 2005. *Dasar-dasar statistika*. Jakarta: PT Raya Grafindo Persada. h. 257-262.
- Kupfermann I. 1985. Hypothalamus and Limbic System: peptidergic neurons, homeostasis and emotional behavior. In: Kandel ER, Schwartz JH eds. *Principles of Neural Science*. 2nd ed. New York: Elsevier Science Publishing CO, Inc. p.612-625.
- Markowitz JC, Milrod BL. 2009. Mood Disorders: Intrapsychic and Interpersonal Aspects. In Kaplan HI editor. *Comprehensive textbook of psychiatry* 9th ed. William & Wilkins, Baltimor. p.1687-1693.
- Martin JH. 1985. Development as a guide to the regional anatomy of the brain. In: Kandel ER, Schwartz JH eds. *Principles of Neural Science*. 2nd ed. New York: Elsevier Science Publishing CO, Inc. p.255-259.
- Messaoudi M, Bisson JF, Nejdi A, Rozan P, Javelot H. 2008. Antidepressant-like effects of a cocoa polyphenolic extract in Wistar–Unilever rats. In: *Nutritional Neuroscience*. Vol 11.
- M. I. Widiastuti. 2005. Sistem limbik. Dalam: *Aspek anatomi terapan pada pemahaman neuromuskuloskeletal kepala*. Semarang: UNDIP. h.22-28.
- Millward J. 2001. *Phenylethylamine*. www.chm.bris.ac.uk/webprojects2001/.
- Minifie, B.W., 1999. Chocolate, Cocoa and Confectionary. *Science and Technology*. The AVI Publishing, Connecticut, USA.
- Mudjaddid E. 1994. Gangguan psikosomatik di bidang ilmu penyakit dalam. *Naskah Simposium Psikosomatik*. Jakarta: FKUI.
- Nasution Z. 1976. Pengolahan Cokelat, *Departemen Teknologi Hasil Pertanian*. IPB-Press, Bogor.
- Nomura S, Shimizu J, Kinjo M. 1982. A new behavioral test for antidepressant drugs. *European Journal of Pharmacology*; 83:171-175.
- Nurmiati Amir. 2005. *Gangguan depresif Aspek Neurobiologi dan Tatalaksana*. Fakultas Kedokteran Universitas Indonesia. Jakarta. h.1-140.
- Nurtitalapandua. 2010. *5 makanan yang membuat kita kenyang lebih lama*. <http://www.wordpress.com>. 27 Mei 2011.

- Oken D. 1989. Current theoretical concepts in psychosomatic medicine. In: Kaplan HI. *Comprehensive textbook of psychiatry 25th*. Baltimore: William & Wilkins. p.1160-1169.
- Porsolt, RD, Anton G, Blavet N. 1978. Behavioral despair in rats: A new model sensitive to antidepressant treatments. *European Journal of Pharmacology*; 47:379-391.
- Porsolt, RD, Bertin A, Jalfre M. 1977. Behavioral despair in mice: A primary screening test for antidepressants. *Archives Internationales de Pharmacodynamie et de Therapie*; 229:327-336.
- Porsolt, RD, Le Pichon M, Jalfre M. 1977. Depression: A new animal model sensitive to antidepressant treatments. *Nature*; 226:730-732.
- Poedjiwidodo Y . 1996. *Sambung samping kakao*. Trubus Agriwidya, Ungaran.
- Pusat Penelitian kopi dan kakao Indonesia. 2004. *Panduan Lengkap Budidaya Kakao*. Jakarta: Agromedia Pustaka.
- Raudenbush B. 2006. *The effects of various chocolate types on brain power*. <http://www.nootropics.com/chocolate/>. 6 Oktober 2011.
- Rusdi Maslim. 2001. *Pedoman penggolongan dan diagnosis gangguan jiwa III di Indonesia (PPDGJ III)*. Jakarta: Departemen Kesehatan RI. h.58–65.
- Schildkraut J & Ketty S. 1967. Biogenic amines and emotion. *Science*; 156:21-30.
- Setyonegoro RK. 1982. Anxiety dan depresi suatu tinjauan umum tentang diagnostic dan terapi. In: *Depresi*. Setyonegoro editor. Jakarta. Yayasan Dharma Graha. h.1-7.
- Sherwood L. 2007. The Central Nervous System. *Human physiology from cells to system*. Belmont: Yolanda cossio. p.146-156.
- Sukatman D. 1987. Ketidakseimbangan vegetatif (vegetative imbalance). Dalam: Daldiyono editor. *Naskah lengkap forum diskusi ilmiah ilmu penyakit dalam I*. Jakarta: Balai Penerbit FKUI. h.75-80.
- Susanto FX. 1994. *Tanaman Kakao Budidaya dan Pengolahan Hasil*. Yogyakarta. Kanisius.
- Thase ME. 2009. Mood disorders : neurobiology. In Kaplan HI editor. *Comprehensive textbook of psychiatry 9th ed*. William & Wilkins, Baltimor. p.1665-1674.

Van Riezen H, Behagel IRH and Chafik M. 1975. Development of psychotropic drugs. *Psychopharmacological Bulletin*. 11:10-15.

Wolfe D. 2010. *Methylxanthines: Caffeine and Theobromine*. http://www.greatvistachemicals.com/protein_sugarsnucleotides/theobromine.html. 27 Juni 2010.

WHO. 2006. Collaborating reabuse for mental health and substance abuse. *Management of Mental Disorders*. Sydney. Wild and Woolky Ptd Ltd. p. 159-289.

WHO. 2011. *Depression*. <http://www.who.int/en/>. 14 Juni 2011.