

**LAMPIRAN 1****DATA SUBJEK PENELITIAN**

NO	UMUR (th)	TB (cm)	VC pred (L)	VEP <sub>1</sub> (L)
1	21	170	4,29	3,26
2	21	175	4,40	4,24
3	21	171	4,33	3,86
4	21	180	4,56	4,60
5	20	173	4,40	3,64
6	20	184	4,68	3,41
7	21	173	4,37	4,06
8	21	167	4,23	3,71
9	21	173	4,38	3,99
10	21	172	4,36	4,24
11	21	172	4,37	4,34
12	22	172	4,31	3,27
13	21	171	4,34	3,66
14	20	179	4,57	4,00
15	19	176	4,58	4,21
16	20	168	4,26	3,64
17	21	175	4,40	4,02
18	21	171	4,33	3,71
19	20	180	4,59	4,21
20	22	173	4,34	3,21
21	21	165	4,17	3,89
22	21	177	4,46	4,11
23	20	178	4,54	4,21
24	21	172	4,36	4,11
25	21	171	4,33	3,87

## LAMPIRAN 2

**HASIL PENGUKURAN VOLUME EKSPIRASI PAKSA detik pertama  
(VEP<sub>1</sub>) SEBELUM DAN SESUDAH PERLAKUAN MENGGUNAKAN  
SEDUHAN TEH HIJAU**

NO	VEP <sub>1</sub> SEBELUM				VEP <sub>1</sub> SESUDAH			
	I	II	III	RATA	I	II	III	RATA
1	2,98	3,42	3,38	<b>3,26</b>	3,35	3,18	3,21	<b>3,25</b>
2	4,18	4,29	4,24	<b>4,24</b>	4,22	3,47	4,07	<b>3,92</b>
3	3,63	3,82	4,13	<b>3,86</b>	3,79	3,96	3,92	<b>3,89</b>
4	4,55	4,52	4,73	<b>4,60</b>	4,62	4,72	4,75	<b>4,70</b>
5	3,65	3,69	3,59	<b>3,64</b>	3,68	3,84	3,73	<b>3,75</b>
6	3,38	3,34	3,50	<b>3,41</b>	3,84	3,81	3,85	<b>3,83</b>
7	4,14	3,98	4,05	<b>4,06</b>	4,18	3,97	4,13	<b>4,09</b>
8	3,68	3,70	3,74	<b>3,71</b>	3,53	3,69	3,69	<b>3,64</b>
9	3,72	4,04	4,22	<b>3,99</b>	4,20	4,22	4,23	<b>4,22</b>
10	4,13	4,33	4,27	<b>4,24</b>	4,31	4,31	4,30	<b>4,31</b>
11	4,43	4,29	4,29	<b>4,34</b>	4,21	4,18	4,15	<b>4,18</b>
12	3,17	3,30	3,33	<b>3,27</b>	3,31	3,32	3,47	<b>3,37</b>
13	3,71	3,70	3,56	<b>3,66</b>	3,65	4,12	4,22	<b>3,99</b>
14	4,10	4,01	3,90	<b>4,00</b>	4,19	4,24	4,33	<b>4,25</b>
15	4,21	4,22	4,20	<b>4,21</b>	4,60	4,44	3,95	<b>4,33</b>
16	3,70	3,45	3,77	<b>3,64</b>	3,95	3,70	3,48	<b>3,71</b>
17	4,10	3,92	4,03	<b>4,02</b>	3,87	4,10	4,18	<b>4,05</b>
18	3,65	3,85	3,64	<b>3,71</b>	3,94	3,66	3,62	<b>3,74</b>
19	4,13	4,44	4,06	<b>4,21</b>	4,27	4,26	4,28	<b>4,27</b>
20	3,11	3,45	3,06	<b>3,21</b>	3,44	3,11	3,03	<b>3,19</b>
21	3,66	4,05	3,96	<b>3,89</b>	3,98	3,93	3,94	<b>3,95</b>
22	4,13	4,16	4,05	<b>4,11</b>	4,05	4,20	4,20	<b>4,15</b>
23	4,21	4,33	4,10	<b>4,21</b>	4,22	4,16	4,37	<b>4,25</b>
24	3,98	4,22	4,13	<b>4,11</b>	4,19	4,18	4,17	<b>4,18</b>
25	3,66	3,83	4,11	<b>3,87</b>	3,88	3,86	4,01	<b>3,92</b>

**LAMPIRAN 3**

**HASIL UJI STATISTIK VOLUME EKSPIRASI PAKSA detik pertama  
(VEP<sub>1</sub>) SEBELUM DAN SESUDAH PERLAKUAN MENGGUNAKAN  
*WILCOXON SIGNED RANK TEST***

*Paired t-test:*

*Data source: Data 1 in Notebook*

*Normality Test: Failed (P = 0.011)*

*Test execution ended by user request, Signed Rank Test begun*

*Wilcoxon Signed Rank Test*

*Data source: Data 1 in Notebook*

<i>Group</i>	<i>N</i>	<i>Missing</i>
<i>Col 1</i>	25	0
<i>Col 2</i>	25	0
<i>Tested</i>	25	0

<i>Group</i>	<i>Median</i>	<i>25%</i>	<i>75%</i>
<i>Col 1</i>	3.990	3.655	4.210
<i>Col 2</i>	3.990	3.748	4.228

*W = 204.000 T<sub>+</sub> = 264.500 T<sub>-</sub> = -60.500 (P = 0.006)*

*The change that occurred with the treatment is greater than would be expected by chance; there is a statistically significant difference (P = 0.006).*