

## DAFTAR PUSTAKA

1. Weinbach N, Henik A. The relationship between alertness and executive control. *J Exp Psychol Hum Percept Perform*. 2012;38(6):1530–40.
2. BPJS Ketenagakerjaan. Jumlah kecelakaan erja di Indonesia masih tinggi [Internet]. 2016. 2016. Available from: <http://www.bpjsketenagakerjaan.go.id/berita/5769/Jumlah-kecelakaan-kerja-di-Indonesia-masih-tinggi.html> di 25 juli 2017
3. Scholey A, Owen L. Effects of chocolate on cognitive function and mood: A systematic review. *Nutr Rev*. 2013;71(10):665–81.
4. Beckett Stephen T. *The Science of Chocolate*. USA: Royal Society of Chemistry; 2015.
5. Adnamazida Rizqi. 11 Mitos Umum tentang Cokelat [Internet]. 2012. Available from: <https://www.merdeka.com/gaya/11-mitos-umum-tentang-cokelat.html>
6. Katz DL, Doughty K, Ali A. Cocoa and Chocolate in Human Health and Disease. *Antioxid Redox Signal* [Internet]. 2011;15(10):2779–811. Available from: <http://www.liebertonline.com/doi/abs/10.1089/ars.2010.3697>
7. Guyton A., Hall J. *Textbook Of Medical Physiology*. 11th ed. Jakarta: Elsevier Inc.; 2008. 517-518 ; 731-738, 1065 p.
8. Baggott MJ, Childs E, Hart AB, De Bruin E, Palmer AA, Wilkinson JE, et al. Psychopharmacology of theobromine in healthy volunteers. *Psychopharmacology (Berl)*. 2013;228(1):109–18.
9. Choi OH, Shamim MT, Padgett WL DJ. Caffeine and Theophylline Analogues : Correlation of Behavioral Effect with Activity as Adenosine Receptor Antagonist and as Phosphodiesterase Inhibitors. 1988;43(5):375–98. Available from: <https://www.ncbi.nlm.nih.gov/pubmed/2456442>
10. Martínez-Pinilla E, Oñatibia-Astibia A, Franco R. The relevance of theobromine for the beneficial effects of cocoa consumption. *Front Pharmacol*. 2015;6(FEB):1–6.
11. Guidelines C. of Anxiety Management of anxiety. 2004;(December):1–165.
12. Tortora Gerrad J DB. *Principles of Anatomy and Physiology*. 12th ed. USA: John Wiley&Sons, Inc; 2009.

13. Sidharta P. *Tata Pemeriksaan Klinis dalam Neurologi*. 2nd ed. Dian Rakyat, editor. Jakarta; 2005.
14. Longman. *Dictionary of Contemporary English*. Edinburg: Pearson Edu; 2001.
15. Kaplan H, Saddock B G. *Sinopsi Psikiatri*. Jakarta: Binarupa Aksara; 2010.
16. Sherwood L. *Fisiologi Manusia: Dari Sel ke Sistem*. 8th ed. Jakarta: EGC; 2013.
17. Wibowo DS. *Neuroanatomi Untuk Mahasiswa Kedokteran*. Bayumedia, editor. Malang; 2008.
18. Mai, Jürgen K. ; Paxinos G. *The Human Nervous System*. 3rd ed. Jakarta: Elsevier Inc.; 2012.
19. Johns P. *Clinical Neuroscience*. Elsevier, editor. Jakarta; 2014.
20. Snell RS. *Neuroanatomi Klinik*. 7th ed. Jakarta: EGC; 2015.
21. Ganong. *Review of Medical Physiology*. 23rd ed. Jakarta: EGC; 2010.
22. Wada N, Yamashita Y, Matsuishi T, Ohtani Y KH. The test of variables of attention (TOVA) is useful in the diagnosis of Japanese male children with attention deficit hyperactivity disorder. *brain&development*. 2000;22(6):378–82.
23. Braverman ER, Chen AL, Chen TJ, Schoolfield JD, Notaro A, Braverman D, Kerner M, Blum SH, Arcuri V, Varshavskiy M, Damle U, Downs BW, Waite RL, Berman MO, Giordano J BK. Test of variable of attention (TOVA) as a predictor of early attention complaints, an antecedent to dementia. 2010;6(1):681–90. Available from: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2987500/>
24. Chan M. *The Miracle of Chocolate*. Surabaya: Tribun Media; 2012.
25. *History of Chocolate* [Internet]. Available from: <https://www.sfu.ca/geog351fall03/groups-webpages/gp8/history/history.html>
26. *Theobroma cacao L* [Internet]. Available from: <http://plants.usda.gov/core/profile?symbol=thca>
27. USDA. *USDA Branded Food Products Database Full Report ( All Nutrients ) 45080168 , KEFIR CULTURED WHOLE MILK , UPC : 855088005351*. 2018;45080168.
28. Katzung BG. *Farmakologi Dasar & Klinik*. 12th ed. Jakarta: EGC; 2010.
29. Pubchem. *Caffeine* [Internet]. Available from:

<https://pubchem.ncbi.nlm.nih.gov/compound/caffeine>

30. Nawrot P, Jordan S, Eastwood J, Rotstein J, Hugenholtz A, Feeley M. Effects of caffeine on human health. *Food Addit Contam.* 2003;20(1):1–30.
31. Pubchem. Theobromine [Internet]. Available from: <https://pubchem.ncbi.nlm.nih.gov/compound/theobromine#section=Top>
32. Pubchem. Phenethylamine [Internet]. Available from: <https://pubchem.ncbi.nlm.nih.gov/compound/Phenethylamine#section=Top>
33. Kay GG. The effects of antihistamines on cognition and performance. 2000;622–7.
34. Coenenb A. Effects of the Tranquillizer Diazepam and the Stimulant Methylphenidate on Alertness and Memory. 1997;42–8.
35. Field DT, Williams CM, Butler LT. Consumption of cocoa flavanols results in an acute improvement in visual and cognitive functions. *Physiol Behav* [Internet]. 2011;103(3–4):255–60. Available from: <http://dx.doi.org/10.1016/j.physbeh.2011.02.013>

