

## ABSTRAK

*Penelitian ini berjudul Studi Deskriptif Mengenai Self-Regulated Learning Fase Forethought (Perencanaan) Pada Mahasiswa Angkatan 2016 Fakultas Psikologi di Universitas “X” Bandung. Tujuan penelitian ini adalah untuk mengetahui derajat self-regulated learning fase forethought (perencanaan) pada mahasiswa angkatan 2016 Fakultas Psikologi di Universitas “X” Bandung.*

*Penelitian ini merupakan penelitian deskriptif dan dilakukan dengan metode survey. Responden dalam penelitian ini adalah seluruh mahasiswa angkatan 2016 yang berjumlah 118 mahasiswa. Alat ukur yang digunakan adalah kuesioner yang dikonstruksi sendiri oleh peneliti berdasarkan teori self-regulated learning fase forethought (perencanaan) Zimmerman (1989). Uji validitas pada penelitian ini menggunakan rumus koefisien dari Rank Spearman dengan bantuan program SPSS v. 16, angka validitas adalah 0.345 – 0.757. Uji reliabilitas dilakukan dengan bantuan SPSS v.16 menggunakan teknik Split Half dengan angka reliabilitas adalah 0,838.*

*Hasil pengolahan data menunjukkan bahwa sebanyak 52,5 % mahasiswa angkatan 2016 Fakultas Psikologi di Universitas “X” Bandung memiliki kemampuan self-regulated learning fase forethought (perencanaan) yang tinggi, dan sebanyak 47,5 % memiliki kemampuan self-regulated learning fase forethought (perencanaan) yang rendah. Faktor lingkungan fisik dan sosial memiliki kecenderungan keterkaitan dalam pembentukan self-regulated learning fase forethought (perencanaan) mahasiswa angkatan 2016 Fakultas Psikologi di Universitas “X” Bandung.*

*Saran yang diajukan adalah melakukan penelitian melakukan penelitian lebih lanjut mengenai faktor pembentukan self-regulated learning fase forethought (perencanaan) dan melakukan penelitian lanjutan mengenai fase self-regulated learning lainnya. Selain itu disarankan bagi kepala program studi sarjana (S1) Fakultas Psikologi untuk menyusun program atau kegiatan yang dapat meningkatkan self-regulated learning fase forethought (perencanaan) pada mahasiswa.*

*Kata kunci: self-regulated learning, fase forethought*

## **ABSTRACT**

*This research entitled Descriptive Study of Self-Regulated Learning Forethought (Planning) Phase In the Faculty of Psychology Students Branch of 2016 at University "X" Bandung. The purpose of this study was to determine the degree of self-regulated learning forethought (planning) phase in the Faculty of Psychology students branch of 2016 at the University of "X" Bandung.*

*This research is descriptive research and conducted by survey method that contains of 118 students. Measuring tool used is a questionnaire constructed by the researchers is based on the theory of self-regulated learning phase forethought (planning) Zimmerman (1989). This research uses coefficient formula of Rank Spearman with SPSS v.16 for validity test of with the result 0.345 - 0.757 and using Split Half technique with SPSS v.16 for reliability test with the result 0.838.*

*The results of data processing showed that as many as 52.5% of students branch of 2016 in Faculty of Psychology at University of "X" Bandung have high phase of self-regulated learning forethought (planning) and as much as 47,5% have low phase of self-regulated learning forethought (Planning. Physical and social environment factors have a tendency relevance in forming self-regulated learning forethought (planning) phase.*

*The suggestion is to conduct further research about factor on the formation of the self-regulated learning forethought (planning) phase and conduct further research on other self-regulated learning phases. In addition, it is recommended for the head of the undergraduate (S1) Faculty of Psychology to develop a program or activities to improve self-regulated learning forethought (planning) phase in collage student.*

**Keyword :** Self-regulated learning, fase forethought

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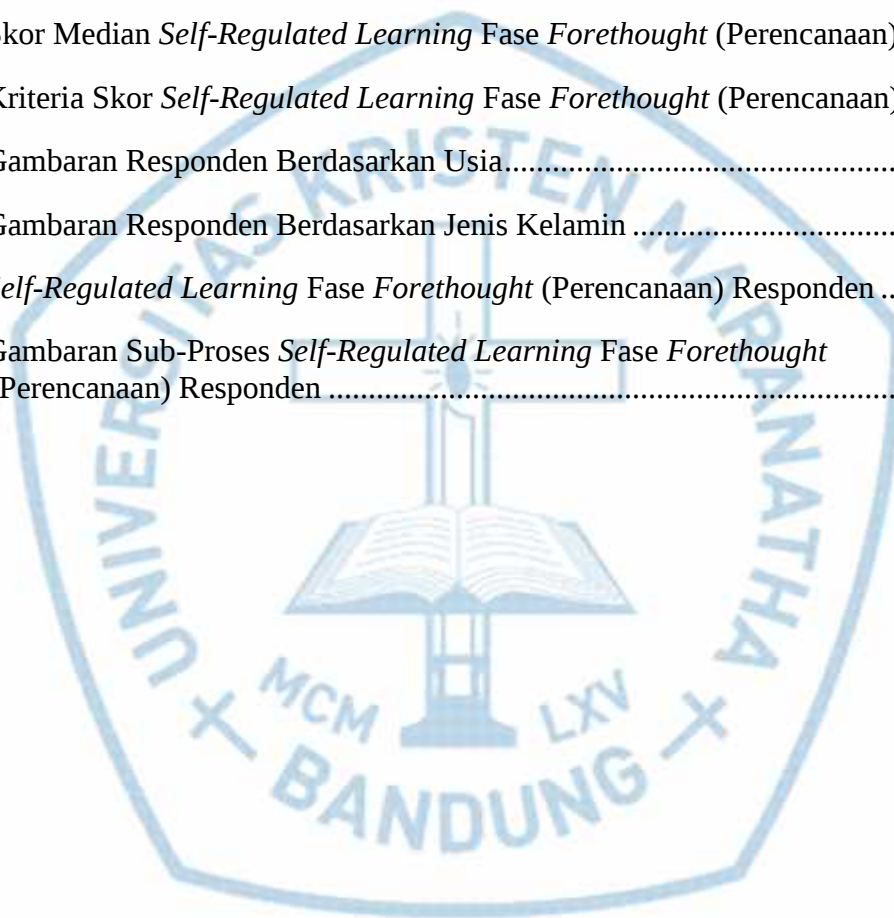
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