

DAFTAR PUSTAKA

- Andria Agusta. 2000. *Minyak Atsiri Tumbuhan Tropik Indonesia, Myristica fragrans* Houtt. Bandung : Penerbit ITB. h. 1-3, 8-22, 72-4.
- Aoshima H., Hamamoto K. 1999. *Terpenoid and Steroid*. <http://www.soc.nii.ac.jp/jsbba/bbb630-4e.html>. 7 Maret 2010.
- Brunetton J. 1999. *Pharmacognosy : Phytochemistry Medical Plants*, 2nd ed. Paris : Intercept Ltd. P567-8.
- Budi Sutomo. 2007. *Buah Pala, Mengobati Gangguan Insomnia, Mual dan Masuk Angin*. <http://budiboga.com/2006/05/buah-pala-mengobati-gangguan-insomnia.html>. 24 Agustus 2009.
- Charney D.S., Mihic S.J., Harris R.A. 2006. *Hypnotic and Sedatives*. In *Goodman and Gillman's The Pharmacological Basis of Therapeutics*, volume 1, 10th ed. Mc Graw Hill. p399-427.
- Clifford B.S, Scammell T.E., and Lu J. 2005. *Hypothalamic regulation of sleep and circadian rhythms*. http://www.nature.com/nature/journal/v437/n7063/fig_tab/nature04284_F3.html. 25 Juni 2010.
- Colton T. 1985. *Statistika Kedokteran*. Diterjemahkan oleh : Rossi Sanosi. Yogyakarta : Gadjah Mada University Press, Fakultas Kedokteran Universitas Gadjah Mada.
- Daniel S. Wibowo. 2008. *Neuroanatomi untuk Mahasiswa Kedokteran*. Malang : Bayumedia Publishing. h58, 147-52.
- De Milto L, Frey RJ. Nutmeg. 2005. In: Longe JL, project editor. *Gale Encyclopedia of Alternative Medicine* . Vol 3. 2nd ed. Detroit : Thomson Gale. p1461-3.
- Diknas. 2007. *Reflection in Action*. <http://pusdiklatdepdiknas.net> . 11 Juni 2010.
- Dorland I, Newman W.A.. 2003. *Kamus Kedokteran Dorland*, 30th ed. Philadelphia : Saunders. p386.
- Duss P. 1996.. *Diagnosis Topik Neurologi Anatomi, Fisiologi, Tanda, Gejala*. Jakarta: EGC. h199-212.

- Ernst E. 2002. *Herbal medicinal products during pregnancy: are they safe?* BJOG. p19, 227-35.
- Erowid. 2009. *Myristica fragrans : an Exploration of the Narcotic Spice*. http://www.erowid.org/plants/nutmeg/nutmeg_article1.shtml. 20 Mei, 2010.
- FAO Corporate Document Repository. 1994. *Nutmeg and Derivates*. Description of components of nutmeg. <http://www.fao.org/docrep/V4084E/v4084e04.htm#5>. 30 Juli 2010.
- FitzGerald T., Gruener G., Mtui E. 2008. *Clinical Neuroanatomy and Neuroscience*, 5th ed. New York : Elsevier. p. 289-94, 367-88.
- Ganong, W.F. 2003. *Fungsi Luhur Sistem Saraf : Refleks Bersyarat, Belajar, dan Fenomena Terkait*. Dalam Ganong, W.F. : *Buku Ajar Fisiologi Kedokteran* 20th ed. Jakarta : EGC. h.258-63.
- Guyton A. C. and Hall J. E. 1997. *Aktivitas Otak – Tidur; Gelombang Otak; Epilepsi; Psikosis*. Dalam A.C. Guyton and J. E. Hall : *Buku Ajar Fisiologi Kedokteran*. 9th ed. Jakarta : EGC. h. 945-56.
- Guyton A. C. and Hall J. E. 1997. *Korteks Serebri; Fungsi Intelektual Otak; dan Proses Belajar dan Mengingat*. Dalam A.C. Guyton and J. E. Hall : *Buku Ajar Fisiologi Kedokteran*. 9th ed. Jakarta : EGC. h. 909-28, 983,1038-1042,1078,1095.
- Hadad EA, E. Randriani, C. Firman, dan T. Sugandi. 2006. *Budidaya tanaman Pala*. <http://balitro.litbang.deptan.go.id/database/BUDIDAYA%20PALA.pdf>. 13 Juli 2010.
- Katzer G. 2005. *Nutmeg and Mace (Myristica fragrans Houtt)*. <http://www.uni-graz.at/~katzer/engl/index.html>. 10 April 2010.
- Kenyon, 2006. *Nuclei Rafe dan Serotonin*. <http://www.flyfishingdevon.co.uk/salmon/year1/psy128anxiety/anxiety.htm>. 23 Juni 2010.
- Love Potion. 2006. *Nutmeg as aphrodisiac*. <http://nepspeed82.blogspot.com/2007/04/nutmeg-as-aphrodisiac.html>. 20 Juni 2010.
- Matlin M. 2009. *Problem Solving*. In *Cognition*, 7th ed. USA : John Wiley & Sons, Inc. p1-40.

- Mdidea. 2007. *Nutmeg is known by many names, such Myristica fragrans, mace, magic, muscdier, muskatbaum, myristica, noz moscada, nuez moscada, and nux moschata*. <http://www.mdidea.com/products/proper/proper074.html>. 6 April 2010.
- Moore. K.L., Dalley A.F. 2006. *Clinically Oriented Anatomy*. Ed 5th. USA: Philadelphia. p. 922.
- Preisseisen B. 2008. *Implementing Technology Education Problem-Solving Activities*. <http://scholar.lib.vt.edu/ejournals/JTE/v2n2/pdf/deluca.pdf>. 20 November 2009.
- Preisseisen. 2008. *Kognitif.2*
<http://djejak-pro.blogspot.com/2008/09/antara-kognitif-dan-metakognitif.html>.
17 Desember 2009.
- Sherwood L. 2006. *The Central Nervous System*. In : *Human Physiology*. New York : Thomson Brooks / Cole. p148-49, 155-60, 167-8.
- Snell. R. S. 2007. *Neuronatomi Klinik*, 5th ed. Jakarta: EGC. hal 318-23.
- Sukardi E. 1985. *Neuroanatomia Medica*. Jakarta : Penerbit Universitas Indonesia. h. 187-92, 204-19.
- Tajuddin, Ahmad S, Latif A, Qasmi IA. 2003. *Nutmeg*. www.pubmedcentral.nih.gov/articlerender.fcgi?artid=270058. 28 Januari 2010.
- Tnalaspurwo. 2010. *Pala (Myristica fragrans Houtt.)*
[http://tnalaspurwo.org/media/pdf/kea_pala_\(myristica_fragrans\).pdf](http://tnalaspurwo.org/media/pdf/kea_pala_(myristica_fragrans).pdf). 10 November 2010.
- Van Gils C, Cox PA. 1994. *Ethnobotany of nutmeg in the Spice Islands*. New York : J Ethnopharmacol .p42, 117-24.
- Wikipedia. 2009. *Nutmeg*. <http://en.wikipedia.org/wiki/Nutmeg>. 1 Januari 2010.
- Woolson R.F. 1987. *Statistical Method for the Analysis of Biomedical Data*. New York : John Wiley & Sons, Inc. p.154.