

DAFTAR PUSTAKA

- Andria Agusta. 2000. *Minyak Atsiri Tumbuhan Tropika Indonesia*. Bandung: ITB. p.72-74.
- Aoshima H., Hamamoto K. 1999. *Terpenoid dan steroid*.
http://www.soc.nii.ac.jp/jsbba/e/e_05/bbindex_e.html. January 27th 2009.
- BAPPENAS. 2005. Budidaya Pertanian Pala (*Myristica fragrans* Houtt.).
<http://www.iptek.net.id/ind/warintek/?mnu=6&ttg=2&doc=2a18>.
8 November 2007.
- Barbara MG. 2006. Nutmeg. <http://www.theepicentre.com/Spices/nutmeg.html>.
17 Juni 2006.
- British Herbal Medicine Association. 1983. *British Herbal Pharmacopoeia*. London: Association Scientific Comitee. p.147-148.
- Budi Sutomo, *Buah Pala, Mengobati Gangguan Insomnia, Mual dan Masuk Angin*.
<http://budiboga.com/2006/05/buah-pala-mengobati-gangguan-insomnia.html>.
24 Agustus 2009.
- Dailley, J.W. 2004. *Modern Pharmacology with Clinical Application*. 6th ed. Philadelphia : Lippincott William & Wilkins. p. 227-228.
- Daniel Wibowo.1994. *Anatomi Saraf Pusat*. Jakarta:EGC. p.41.
- Ganong W.F. 2003. *Buku Ajar Fisiologi Kedokteran*. Edisi 17. Jakarta : EGC. p.142-147, 187-197.
- Goodman & Gillman. 2001. *The Pharmacological Basis of Therapeutics*. 10th ed. USA : Mc Graw Hill Book Company, Inc. p. 104-106.
- Guyton and Hall. 1997. *Buku Ajar Fisiologi Kedokteran ed 9*..Jakarta: EGC. p.954-948.
- Ibo Nagano.2009. *Myristica fragrans*.
<http://www.erowid.org/plants/nutmeg/>. 20 Mei 2009.
- Kaplan, H. I., Saddock, B. J., Grebb, J. A. 1997. *Sinopsis Psikiatri*, Edisi 7, Jilid I. Jakarta : Binarupa Aksara. Hal : 589-591; 598-600.

- Kasahara, S dan S. Hemmi. 1999. *Medical Herbs Index In Indonesia*, ed.2. Jakarta: EGC. p.2030.
- Martini. 2004. *Fundamentals of anatomy and physiology*. 6th ed. New York : Pearson Education. p. 554-556.
- Duss P. 1996. *Diagnosis Topik Neurologi Anatomi, Fisiologi, Tanda, Gejala*. Jakarta: EGC.
- Priguna sidharta.2005. *Tata pemeriksaan klinis dalam neurologi*. Edisi 2. Jakarta: Dian Rakyat. Hal: 538-541, 560.
- Quirk . 2001. *Longman Dictionary of Contemporary English*. 3rd edition. Edinburg :Tearson Education Limited. p. 75; 201
- Vijaya Kumar. 2006. *Rahasia Kesehatan Rempah dan Bumbu Dapur*. Jakarta: Bhuana Ilmu Populer. Hal: 31-33.
- Wikipedia. 2008. Medical condition.
http://en.wikipedia.org/wiki/Medical_conditions. 7 Juli 2008.
- Wikipedia. 2010. Nutmeg.
<http://en.wikipedia.org/wiki/Nutmeg>. 31 mei 2010.
- World Health Organization. 2004. *Traffic accidents*.
http://upload.wikimedia.org/wikipedia/commons/3/3e/Road_traffic_accidents_world_map_-_DALY_-_WHO2004.svg. 11November 2009.