

Abstrak

Penelitian ini bertujuan untuk mendapatkan gambaran mengenai Resiliency pada pasien gagal ginjal terminal yang menjalani terapi hemodialisis di Rumah Sakit “X” Bandung. Untuk dapat mengetahui gambaran dan dinamika dari Resiliency, maka digunakanlah metode penelitian kualitatif dengan pendekatan studi kasus. Alat ukur yang digunakan untuk memperoleh data utama dalam penelitian ini yakni dengan wawancara. Alat ukur disusun berdasarkan empat aspek personal strength sebagai manifestasi dari Resiliency (Bonnie Benard, 2004). Wawancara secara mendalam dilakukan kepada 3 orang pasien gagal ginjal terminal yang menjalani terapi hemodialisis. Hasil wawancara tersebut dianalisis melalui teknik coding, yaitu dengan memecahkan, memeriksa, membandingkan, mengkonseptualisasikan, dan mengkategorisasi data.

Berdasarkan hasil pengolahan data, diperoleh kesimpulan bahwa pasien gagal ginjal terminal yang menjalani terapi hemodialisis memiliki gambaran dinamika Resiliency yang berbeda-beda. Penerimaan diri atas kondisi sakit gagal ginjal terminal yang dialami pasien merupakan salah satu faktor yang memengaruhi dinamika Resiliency. Adanya dukungan dari lingkungan turut memengaruhi Resiliency pasien gagal ginjal terminal yang menjalani terapi hemodialisis.

Saran bagi penelitian selanjutnya, diharapkan agar menggunakan format penelitian kualitatif yang baku. Untuk Rumah Sakit “X” Bandung diharapkan menyediakan layanan konseling bagi pasien yang merasa kesulitan beradaptasi dengan kondisi sakit gagal ginjal terminalnya. Kegiatan konseling diharapkan mampu menambah pemahaman pasien mengenai sakit yang dideritanya serta mampu membangun insight bagi pasien dalam menerima kondisi sakit gagal ginjal terminal sehingga mampu meningkatkan resiliency.

Abstract

This research is done to find a visualization on resilience on patients with terminal renal failure that undergoing hemodialysis therapy at hospital “X” in city of Bandung. To find a visualization and resiliency dynamic, is using qualitative method with case study approach. The measuring instrument used to gained the primary data is a list of interview questions. The measuring instrument is based of four personal aspect strength as manifestation of resiliency (Bonnie Benard, 2004). Depth interview is done to 3 patients with terminal renal failure that undergoing hemodialysis therapy. The result of interview is analyze by coding technique, which is decode, checking, compare conceptualize, and categorize the data.

The research result showed that, patients with terminal renal failure that undergoing hemodialysis therapy are having differents dynamic of resiliency. Self-acceptance of the terminal renal failure disease condition that the patients been through is one of factor that affecting resiliency dynamics. The support of the enviroentment also affecting the resiliency of patients with terminal renal failure failure that undergoing hemodialysis therapy.

Advise given for further research, is to investigate respondent that have the same length of time of suffering from terminal renal failure disease. Also, to hospital “X” Bandung to provide counseling service for them who feel hard to adapt with their terminal renal failure disease. Counseling activity is expected to expanding the patients understanding on accepting their terminal renal failure disease also increasing resiliency.

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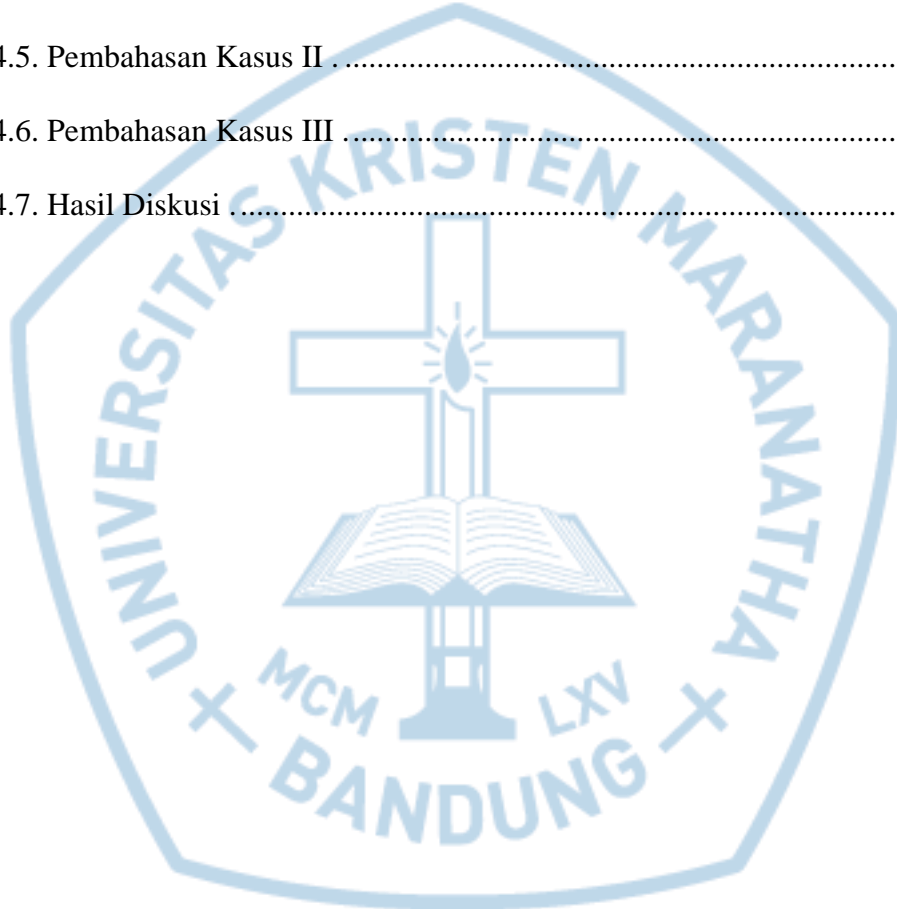
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