

## DAFTAR PUSTAKA

- Anggraini, et al. 2009. *Faktor-faktor yang Berhubungan dengan Kejadian Hipertensi pada Pasien yang Berobat di Poliklinik Dewasa Puskesmas Bangkinang Periode Januari sampai Juni 2008*. Available from: <http://yayanakhyar.files.wordpress.com/2009/>, 17 Juli 2016.
- Boron Walter F, Boulpaep Emile L. 2005. *Medical Physiology A Cellular and Mollecular Approach. Updated edition*. Philadelphia: Elsevier Saunders. p. 310-11.
- Brunner & Suddarth. 2001. *Buku Ajar Keperawatan Medikal Bedah*. Ed 8. Jakarta: EGC. p. 520.
- Buassi N. 1998. High dietary calcium decreases blood pressure in normotensive rats. *Brazilian Journal of Medical and Biological Research*. 31: 1099-1101.
- Budiman, et al. 2014. *Kapita Selekt: Medical Research and Advance Medicine*. Ed 3. Bandung: Maranatha University Press. p. 65.
- Budisetio. 2011. *Pencegahan dan pengobatan hipertensi pada Penderita Usia Dewasa*. [http://www.univmed.org/wp-content/uploads/2011/02/Vol.20\\_no.2\\_6.pdf](http://www.univmed.org/wp-content/uploads/2011/02/Vol.20_no.2_6.pdf)., 20 Agustus 2016
- Constanzo, L. S. 2007. *Physiology*. 3<sup>rd</sup> ed. Philadelphia: Elsevier. p. 159-163.
- Dipiro, et.al. 2005. *Pharmacotherapy*. 6<sup>th</sup> Ed. New York: Appleton dan Lange.
- FAO. 1972. *Milk and milk products in human nutrition by S.K. Kon*. FAO Nutritional Studies no. 27. Roma: Food and Agriculture Organization of the United Nations.
- FAO. 1982. *Camels and camel milk, by R. Yagil*. FAO Animal Production and Health Paper 26. Roma., <http://www.fao.org/DOCREP/003/X6528E/X6528E00.htm#TOC>.
- FAO. 2013. *Milk and diary products in human nutrition*. Roma: Food and Agriculture Organization of the United Nations. p. 43-51.
- FAOSTAT. 2012. *FAO statistical database*., <http://faostat.fao.org/>., 21 September 2012.
- Guyton. 2012. *Buku Ajar Fisiologi Kedokteran*. Ed 11. Jakarta: EGC. p. 110-13, 126.
- Haenlein. 2004. Goat milk in human nutrition. *Small Ruminant Res.*, 51(2): 155–163.

- IDFA. 2016. *Milk Definitions.*, <http://www.idfa.org/news-views/media-kits/milk/definition.>, 10 Agustus 2016.
- James Joyce, *et al.* 2008. *Prinsip-prinsip sains untuk keperawatan.* Jakarta: Erlangga. p. 140.
- Jegtvig, Shereen. 2008. *What Is The Safe Or Recommended Amount Of Caffeine One Should Take In One Day.*, <http://nutrition.about.com>.
- JNC. 1997. *The Sixth Report Prevention, Detection, Evaluation, and Treatment of High Blood Pressure.* Bethesda: NIH.
- JNC VII. 2003. *The seventh report of the Joint National Committee on prevention, detection, evaluation, and treatment of high blood pressure.* 42: 1206-52., <http://hyper.ahajournals.org/cgi/content/full/42/6/1206.>, 8 Desember 2009.
- Jorde R, Bona KH. Calcium from dairy products, vitamin D intake, and blood pressure: the Tromso study. *Am J Clin Nutr*, 71:1530–5., <http://www.ajcn.org.>, 10 Januari 2016.
- Juraschek, Stephen P., *et al.* 2012. Effects of vitamin C supplementation on blood pressure: a meta-analysis of randomized controlled trials. *Am J Clin Nutr.* 95:1079–88.
- Kienreich, Katharina., *et al.* 2013. Vitamin D, arterial hypertension & cerebrovascular disease. *Indian J Med Res.* p. 669-679.
- Kotchen TA, Kotchen JM. 2006. *Nutrition, diet, and hypertension.* Dalam: Shils ME, Shike M, Ross AC, Caballero B, Cousins RJ. *Modern nutrition in health and disease. 10th Edition.* Philadelphia: Lippincott Williams and Wilkins. p. 1095-1107.
- Kowalski, Robert E. 2007. *The Blood Pressure Cure: 8 Weeks to Lower Blood Pressure without Prescription Drugs.* New Jersey: John Wiley & Sons. p. 133.
- Krummel DA. 2004. *Medical nutrition therapy in hypertension.* Dalam: Mahan K, Escott-Stump S. *Krause's food, nutrition, & diet therapy.* 11<sup>th</sup> edition. Philadelphia: Saunders. p. 900-18.
- Kumar Vinay. 2013. *Robbins Basic Pathology.* 9<sup>th</sup> ed. Canada: Elsevier Saunders. p. 333.
- Luft FC, Weinberger MH. 1987. Potassium and blood pressure regulation. *Am J Clin Nutr*, 45:1289-94., <http://www.ajcn.org.>, 9 Maret 2010.
- Lumbantobing SM. 2008. *Tekanan Darah Tinggi.* Jakarta: Fakultas Kedokteran Universitas Indonesia. p. 24-26.

- Marliani, L & Tantan, S. 2007. *100 questions & answers hipertensi*. Jakarta: PT Elex Komputido. p. 89.
- Megan Ware RDN LD. 2015. *Milk: Health Benefits and Nutritional Information*. *Medical News Today*. [www.medicalnewstoday.com/articles/273451.php](http://www.medicalnewstoday.com/articles/273451.php), 14 Januari 2016.
- Ménard, O., Ahmad, S., Rousseau, F., Briard-Bion, V., Gaucheron, F. & Lopez, C. 2010. Buffalo vs. cow milk fat globules. Size distribution, zeta-potential, compositions in total fatty acids and in polar lipids from the milk fat globule membrane. *Food Chem.*, 120(2): 544–551.
- Mierlo, LAJ van., et al. 2006. Blood pressure response to calcium supplementation: a meta-analysis of randomized controlled trials. *Journal of Human Hypertension*. 2006: 20, 571–580.
- Milkfacts. 2016. *Nutritional Components in Milk*. <http://milkfacts.info/Nutrition%20Facts/Nutritional%20Components.htm>., 1 Agustus 2016.
- Muhammadun, AS. 2010. *Hidup Bersama Hipertensi*. Yogyakarta: In-Books.
- NHLBI. 2006. *Your Guide to Lowering Blood Pressure with DASH*. U.S: *Departement of Health and Human Services*. p. 8.
- NIHRD. 2013. *Hipertensi dalam Risesdas 2013 (Riset Kesehatan Dasar Masyarakat)*. Jakarta: Badan Penelitian dan Pengembangan Kesehatan Kementerian Kesehatan RI. p. 88.
- NYS. 1981. *Worksheet to Estimate Your Total Daily Calcium Intake*. <https://www.health.ny.gov/publications/1981/index.htm>., 1 Agustus 2016.
- Park, Y.W., Juárez, M., Ramos, M. & Haenlein, G.F.W. 2007. Physico-chemical characteristics of goat and sheep milk. *Small Ruminant Res.*, 68(1–2): 88–113.
- Price & Wilson. (2005). *Patofisiologi: Konsep Klinik dan Proses-Proses Penyakit Edisi 6*. Jakarta: EGC.
- Reid IR, Ames R, Mason B, Bolland MJ, Bacon CJ, Reid HE, et al. 2010. Effects of calcium supplementation on lipids, blood pressure, and body composition in healthy older men: a randomized controlled trial. *Am J Clin Nutr.* 91:131-139.
- Rolfes SR, Pinna K, Whitney E. 2006. *Water and the major mineral*. Dalam: *Understanding normal and clinical nutrition*. 7th edition. USA: Thomson wadsworth. p. 411-22.

- Shapo L, Pomerleau J, McKee M. 2003. Epidemiology of Hypertension and Associated Cardiovascular Risk Factors in a Country in Transition. *Albania: Journal Epidemiology Community Health*, 57:734–739.
- Sherwood L. 2012. *Fundamentals of Human Physiology*. 4<sup>th</sup> ed. USA: Brooks/Cole.
- Standring, 2008, *Gray's Anatomy 4th Edition*. United Kingdom: Elsevier. p. 964-73.
- Tomaschitz, Andreas., et al. 2012. Aldosterone and parathyroid hormone: a precarious couple for cardiovascular disease. *Cardiovascular research*. p . 10-19.
- WHO. 2013. *Hypertension: The Basic Facts. A Global Brief of Hypertension*. Switzerland: World Health Organization. p. 20

