

CHAPTER I

INTRODUCTION

A. Background of the Study

This term paper is based on my internship at Education and Learning Solution (henceforth, ELS) from June 16, 2015 until August 14, 2015. ELS is an education course where children and adults can learn subjects such as Math, English, Mandarin, and motor skills. I had a position as a teacher and I was given an opportunity to teach children with special needs. I had to teach three classes with around 20 students in total. I had a flexible schedule which meant I could teach different numbers of students each day. Sometimes I would teach privately, but most of the time there were about eleven students in the class which I taught. I dealt with students with different characteristics and ages. Each and every one of them is unique. As a teacher, I had to teach and also attend a meeting to discuss teaching-learning program, make lesson plan, prepare teaching aids, help students while they were doing activities and make study report for the owner of ELS and the students' parents. I also learned to improve my soft skill through explaining to the parents about their children's progress in learning and having to cooperate well with other teachers.

During my internship, I faced several problems. However, there was one boy who became my main focus. He could not sit still on his chair and he walked back and forth. Sometimes, he would run around the classroom and bother me. He also talked excessively and was very easily distracted. His behaviors show that he is a hyperactive child, as stated by Melissa Conrad Stoppler (2014),

Hyperactivity is a state of excess activity that may be manifested by symptoms such as fidgeting, jumpiness, nervousness, or excessive movement.

It is often accompanied by difficulty concentrating or focusing on a task, excessive talking, or difficulty remaining quiet in school (para. 1).

Hyperactivity is one of the signs of Attention Deficit Hyperactivity Disorder or ADHD in short. As stated by Virtual Medical Centre (2015), “ADHD is characterized by symptoms such as impulsivity, hyperactivity and/or inattention.”

The boy who became my main focus has not been properly diagnosed with ADHD yet, but he is doing his medical therapy of severe hyperactivity. His severe hyperactivity has shown a symptom of disorder, which has also affected his academic performance and social relationship. Virtual Medical Centre (2014) stated, “Many normal children may at times be hyperactive or restless, but when the hyperactivity begins to affect performance in school, social relationships or behaviour at home, an underlying disorder may be suspected.”

When the boy could not stop talking in class, I failed to keep him focused on the lesson so I went along with his conversation because I was too frustrated handling his excessive talking. When he ran away to avoid me asking him questions, I sat on the chair and I was unable to do anything because he could not stop moving and it overwhelmed me. I could not handle the boy because I failed

to keep him focused on the lesson. I could not keep him from running in class, I could not stop him from talking too much during lesson, and sometimes smaller and unimportant things such as mosquitoes caught his attention more than my lesson.

I chose *Overcoming My Difficulty in Handling a Hyperactive Boy Aged seven years old at Education and Learning Solution* as the topic of my term paper because I would like to find out the solutions on how to handle a hyperactive student. If this problem is solved, I would feel confident when I teach hyperactive students because I will be able to understand them better. Therefore, I think this would be the best topic for me.

B. Identification of the Problem

The problem that I am going to analyze is my difficulty in handling a hyperactive boy aged seven years old at ELS. The problem of my analysis is formulated in the following questions:

1. Why did I face difficulty in handling a hyperactive 7-year-old boy during my internship at ELS?
2. How did the problem influence the boy and me?
3. How should I effectively handle this boy in the classroom?

C. Objectives and Benefits of the Study

The objective of writing this term paper is to elaborate the causes and effects of the problem and also the potential solutions. This term paper is expected to help other teachers either in ELS or in other education institutions to have better understanding about the causes and effects of hyperactiveness in class.

Furthermore, the teachers may apply the solutions to the problem which I have analyzed on my term paper.

For the readers, this term paper is expected to give more information and knowledge about hyperactive students and potential solutions on how to handle them, especially in the classroom. This is useful if they have acquaintances or relatives who are hyperactive.

For me as a writer, this term paper is helpful so that I would gain more knowledge in dealing with hyperactive students. In case I meet other hyperactive students in the future, I would be able to handle them more effectively by using this paper as my guidance.

D. Description of the Institution

Education and Learning Solution is an institution that works in education field. ELS was located on Jalan Mekar Kencana no. 58A and is currently moved to Jalan Mekar Harum no. 18. Based on the written source on ELS brochure (n.d), ELS has a commitment to children's future. With experienced teacher staff and various programs, children will find that learning can be fun. They can also build friendship and good relationship with the teachers. Based on the interview with

the owner of ELS (August 10, 2015), Ms. Elisa, ELS was first opened on November 30, 2009. ELS was built because she saw an opportunity to build a learning centre due to a large number of schools in Mekarwangi area and because she likes teaching children. She took teaching as her concentration when she was still a college student of D3 English Program in Maranatha Christian University and she obtained her first teaching experience by teaching at a language course when she was in the second semester. After gaining the experience, she then had the confidence to open her own learning centre.

The first time ELS was opened, it had around 12 teachers and 60-90 students. ELS has classes with varieties such as English, Mandarin, and Mathematics. For young learners, ELS offers Reading, Writing, Counting class and also Motor skill class. Furthermore, there is Creativity class where children learn how to draw and color. The facilities provided in ELS are library, children playground, whiteboards and enough tables and chairs in every class. ELS's slogan is "The Creative Ways for Learning", which means ELS believes that there are many creative and fun ways for learning. There is an interesting information about ELS. When most learning centers only offer learning programs for children who are still in school, ELS accepts adult students. In other words, ELS is opened to all ages. The difference between ELS and other learning centres is that ELS applies Multiple Intelligence to their students.

E. Method of the Study

The data used in this term paper are taken from library research such as books and articles from the Internet and field research such as internship journal, and interview. The interview source is Ms. Elisa, the owner of Education and Learning Solution. The interview took place at ELS around 11 a.m during my internship. The journal is based on my internship at ELS from 16 June 2015 until 14 August 2015. These data are used to analyze the causes, effects, and solutions of the problem.

F. Limitation to the Study

The focus of my study is my difficulty in handling a hyperactive boy aged seven years old at Education and Learning Solution. He is a second grader at Trimulia Hits Elementary School. My position was a teacher. My internship started from 16 June 2015 until 14 August 2015. I taught him for around three weeks and I was overwhelmed by his rapid and constant movements which caused negative effects both to the boy and me.

G. Organization of the Term Paper

This term paper starts with the Abstract, which is the summary of the whole chapters of the term paper in Indonesian. The purpose is to let readers know the whole content of the term paper briefly. Then, there is Declaration of Originality which is the writer's statement of her work's authenticity/originality. It is

followed by Acknowledgements containing words of gratitude from the writer to related parties that were involved in the making of this term paper, and Table of Contents. This term paper has four chapters. Chapter I is Introduction, including Background of the Study, Identification of the Problem, Objectives and Benefits of the Study, Description of the Institution, Method of the Study, Limitation of the Study, and Organization of the Term Paper. Chapter II is Problem Analysis which analyzes the problem during writer's internship. Chapter III is Potential Solutions. Chapter IV is Conclusion. The questions in Identification of the Problem have to be answered in this chapter. Then, there are References. The last part is Appendices which contain Flowchart, Transcript of Interview, Internship Journal, and Study Report.

