

**LAMPIRAN I**  
**ANALISIS STATISTIK SISTOL**

**T-TEST SISTOL**

<b>Paired Samples Statistics</b>					
		Mean	N	Std. Deviation	Std. Error Mean
Pair 1	TekananDarahSistolSebelum	107,17	30	9,418	1,719
	TekananDarahSistolSesudah	94,27	30	9,479	1,731

<b>Paired Samples Correlations</b>				
		N	Correlation	Sig.
Pair 1	TekananDarahSistolSebelum & TekananDarahSistolSesudah	30	,592	,001

<b>Paired Samples Test</b>									
Paired Differences									
		Mean	Std. Deviation	Std. Error Mean	95% Confidence Interval of the Difference		t	df	Sig. (2-tailed)
					Lower	Upper			
Pair 1	TekananDarahSistol Sebelum - TekananDarahSistol Sesudah	12,900	8,535	1,558	9,713	16,087	8,278	29	,000

**LAMPIRAN II**  
**ANALISIS STATISTIK DIASTOL**

**T-TEST DIASTOL**

<b>Paired Samples Statistics</b>					
		Mean	N	Std. Deviation	Std. Error Mean
Pair 1	TekananDarahDiastolSebelum	72,67	30	7.024	1,282
	TekananDarahDiastolSesudah	65,80	30	5.762	1,052

<b>Paired Samples Correlations</b>				
		N	Correlation	Sig.
Pair 1	TekananDarahDiastolSebelum& TekananDarahDiastolSesudah	30	,891	,000

<b>Paired Samples Test</b>									
Paired Differences									
95% Confidence Interval of the Difference									
	Mean	Std. Deviation	Std. Error Mean	Lower	Upper	t	df	Sig. (2-tailed)	
Pair 1	TekananDarahDiastol Sebelum - TekananDarahDiastol Sesudah	6,867	3,224	,589	5,663	8,071	11,665	29	,000

**LAMPIRAN III**  
**CONTOH INFORM CONSENT**

Yang bertanda tangan dibawah ini:

N a m a :

U s i a :

Alamat :

Dengan sesungguhnya menyatakan bahwa:

setelah mendapat keterangan sepenuhnya menyadari, mengerti, dan memahami tentang tujuan, manfaat dan risiko yang mungkin timbul dalam penelitian, maka saya **setuju** ikut serta dalam penelitian yang berjudul:

”Pengaruh Jus Belimbing Wuluh (*Averrhoa Bilimbi* Linn.) Terhadap Tekanan Darah Normal Pada Wanita Dewasa.”

Demikian surat pernyataan ini saya buat dengan sesungguhnya dan tanpa paksaan.

Bandung, November 2010

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LAMPIRAN IV  
DATA HASIL PERCOBAAN

SP	Sebelum Minum Jus Belimbing Wuluh (mmHg)							Setelah Minum Jus Belimbing Wuluh (mmHg)						
	TD Normal	X	5'	10'	15'	20'	25'	30'	35'	40'	45'	50'	55'	60'
1	100/70	108/70	110/70	106/70	100/68	100/68	98/68	92/66	92/66	90/68	100/68	108/68	110/70	
2	110/70	110/70	108/70	109/70	102/70	96/68	92/68	88/64	94/66	96/68	110/68	110/70		
3	100/80	100/80	100/80	100/80	96/80	90/76	88/70	82/70	92/70	96/74	100/80			
4	102/70	100/70	100/70	101/70	96/70	96/68	92/66	90/64	92/64	94/66	98/70	100/70		
5	100/70	100/70	98/70	99/70	98/70	90/66	86/64	82/62	80/60	84/62	90/66	96/66	100/70	
6	118/72	110/70	110/70	113/71	108/70	106/70	100/68	90/60	102/70	106/70	110/70			
7	108/66	104/66	104/66	105/66	98/66	96/64	90/64	90/62	84/60	90/60	94/62	98/64	104/66	104/66
8	130/90	128/90	130/90	129/90	126/86	122/80	120/80	120/76	124/76	126/80	130/90			
9	110/60	108/60	110/60	109/60	102/58	90/58	90/56	102/58	106/58	108/60	110/60			
10	108/70	108/70	108/70	108/70	102/70	102/70	100/70	96/62	98/70	98/70	106/70	106/70	108/70	
11	100/70	100/70	100/70	100/70	100/70	100/70	96/68	92/66	92/66	92/70	92/70	96/70	100/70	
12	118/68	100/66	102/66	107/67	98/66	96/64	90/64	90/64	88/62	90/64	96/66	100/66		
13	120/70	120/70	120/70	120/70	108/66	98/66	90/62	88/60	84/60	90/62	100/64	108/60	114/68	120/70
14	100/76	100/76	100/76	100/76	94/74	94/72	92/70	92/70	94/74	96/74	98/76	100/76		
15	108/80	108/80	108/80	108/80	102/80	102/78	100/78	102/70	102/74	102/80	108/80			

SP	Sebelum Minum Jus Belimbing Wuluh (mmHg)							Setelah Minum Jus Belimbing Wuluh (mmHg)							
	TD Normal	x	5'	10'	15'	20'	25'	30'	35'	40'	45'	50'	55'	60'	
16	110/80	110/80	108/78	109/79	109/79	102/70	110/70	108/78	98/78	108/80	110/80				
17	110/68	110/68	110/68	110/68	108/68	108/68	106/68	106/66	108/66	108/66	110/68				
18	100/70	100/70	100/70	100/70	100/70	100/68	98/68	94/68	92/66	96/68	98/70	100/70			
19	90/60	90/60	90/70	90/63	90/60	90/60	90/58	88/62	88/60	88/60	88/62	90/60			
20	120/80	120/80	120/80	120/80	116/80	116/78	110/78	110/76	114/76	114/80	116/80	120/80			
21	100/70	100/60	100/70	100/66	110/70	90/68	90/60	96/60	96/64	96/64	100/70				
22	110/80	100/80	100/80	100/80	100/70	98/70	96/70	96/68	98/68	100/70	100/78	100/80			
23	130/80	130/80	130/80	130/80	128/76	108/76	100/72	98/70	94/70	98/72	114/78	118/78	124/80	130/80	
24	108/80	108/80	108/80	108/80	100/78	100/78	98/74	96/74	100/78	104/80	108/80				
25	108/68	108/68	104/68	107/68	106/68	106/68	104/68	102/66	104/68	106/68	108/68				
26	100/70	100/70	100/70	100/70	98/70	98/70	96/68	94/68	96/70	100/70					
27	118/78	116/78	118/78	117/78	116/78	112/74	110/74	110/78	114/78	116/78	118/78				
28	108/80	108/80	104/80	107/80	108/78	106/76	104/74	106/76	108/78	108/80					
29	120/60	110/60	110/60	113/60	110/60	110/60	108/60	104/58	104/58	108/60	110/60				
30	90/70	90/70	90/70	90/70	90/70	90/70	90/64	80/60	80/60	86/70	88/70	90/70			

## **RIWAYAT HIDUP**

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Riwayat Pendidikan :

- TK Islam Az-Zahrah Palembang, lulus tahun 1992
- SD Islam Az-Zahrah Palembang, lulus tahun 1998
- SLTP Negeri 17 Palembang, lulus tahun 2001
- SMA Negeri 1 Palembang, lulus tahun 2004
- D1 Farmasi Universitas Padjajaran Bandung, lulus tahun 2004
- Mahasiswa Fakultas Kedokteran Universitas Kristen Maranatha, Bandung  
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