

ABSTRAK

EFEK ANALGESIK EKSTRAK BUAH MENGKUDU (*Morinda citrifolia*) PADA MENCIT BETINA GALUR *Swiss-Webster*

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Nyeri merupakan gejala yang paling sering dikeluhkan banyak orang, sehingga mendorong individu bersangkutan untuk mencari pengobatan. Salah satu tanaman obat yang digunakan untuk menghilangkan nyeri adalah *Morinda citrifolia* (Mengkudu).

Tujuan penelitian ini adalah untuk mengetahui efek analgesik ekstrak etanol buah mengkudu.

Desain penelitian adalah prospektif eksperimental sungguhan dengan Rancangan Acak Lengkap (RAL) bersifat komparatif. Pengujian efek analgesik dilaksanakan dengan metode induksi nyeri cara termik. Hewan coba 25 ekor mencit betina galur *Swiss Webster* dengan berat badan 20-25 gram, dibagi menjadi lima kelompok (n=5). Kelompok I, II, III masing-masing diberi Ekstrak Etanol Buah Mengkudu (EEBM) dosis 1 g/KgBB, 2 g/KgBB, 4 g/KgBB, Kelompok IV (pembanding) diberi *Aquadest*, dan Kelompok V (kontrol) diberi asetosal 0,42 g/KgBB. Data yang diukur adalah waktu reaksi respon nyeri yang pertama kali, berupa mengangkat atau menjilat kaki depan, atau meloncat, setelah mencit diletakkan pada plat panas. Analisis data menggunakan ANAVA satu arah, dilanjutkan uji beda rerata Tukey *HSD*, $\alpha=0,05$.

Hasil penelitian diperoleh waktu reaksi kelompok EEBM dosis 1 g/KgBB, 2 g/KgBB dan 4 g/KgBB berbeda sangat signifikan dengan kelompok kontrol masing-masing dengan $p=0.009$, 0.000 , dan 0.000 .

Kesimpulan, Ekstrak Etanol Buah Mengkudu memiliki efek analgesik pada mencit.

Kata Kunci : Nyeri, Mengkudu, Analgesik.

ABSTRACT

THE ANALGESIC EFFECT OF EXTRACT OF NONI FRUIT (*Morinda citrifolia*) TO THE FEMALE MICE STRAIN Swiss Webster

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*Pain is a symptom that most people often complained about, which drive people to look for therapy. One of the therapies that have been used to alleviate the pain is herbal medicines, such as *Morinda citrifolia* (Noni).*

The objective of this research is to discover the analgesic effect of the ethanol extract of Noni Fruit.

The research was a true prospective experimental study with Complete Randomize Trial Design that has comparative characteristic. The trial of analgesic effect was accomplished with thermal method as a pain inducement. The female mice Swiss Webster strain with 20-25 grams of weight were divided into five groups (n=5). The 1st, 2nd, 3rd groups were given The Ethanol Extract of Noni Fruit (EEBM) with the dose of 1 g/KgBW, 2 g/KgBW, and 4 g/KgBW, 4th group was given Aquadest, and 5th group was given asetosal 0.42 g/KgBW. The data measured was the reaction time of the first pain response, such as lift or lick the forefoot, or jump, after the mice had been put against the hot plate. Data is analyzed using one way ANOVA, then followed by Tukey HSD mean different test, $\alpha=0.05$.

The result of the experiment, the reaction time of group EEBM dose 1 g/KgBW, 2 g Kg/BW and 4 g/KgBW were significantly different if it was compared to control group with p of 0.009, 0.000, 0.000 respectively.

Conclusion, the Ethanol Extract of Noni Fruit has an analgesic effect on mice.

Key Words : Pain, Noni, Analgesic