

ABSTRAK

Penelitian ini dilaksanakan untuk mengetahui kontribusi protective factor terhadap resilience pada pengguna narkoba dalam upaya pemulihan yang didampingi Yayasan Grapiks Bandung. Pemilihan sampel menggunakan metode accidental sampling dengan jumlah sampel sebanyak 101 orang.

Alat ukur yang digunakan yaitu kuesioner protective factor dan kuesioner resilience yang disusun oleh peneliti berdasarkan teori resilience dari Bonnie Benard (2004). Alat ukur protective factor memiliki 32 item valid yang bergerak dari 0,321-0,739 dengan reliabilitas sebesar 0,921, sedangkan alat ukur resilience memiliki 68 item valid yang bergerak dari 0,309-0,739 dengan reliabilitas sebesar 0,951.

Hasil penelitian diolah dengan teknik multiple regression yang menunjukkan bahwa protective factor memiliki kontribusi yang signifikan terhadap resilience yaitu sebesar 59,5% dan dari ketiga aspek protective factor hanya caring relationship yang memiliki kontribusi signifikan terhadap resilience yaitu sebesar 34,2%. Selain itu caring relationship memiliki kontribusi yang signifikan terhadap aspek resilience, yaitu terhadap social competence sebesar 45,4%, terhadap autonomy sebesar 22% dan terhadap sense of purpose and bright future sebesar 21,8%.

Simpulannya yaitu protective factor memiliki kontribusi yang signifikan terhadap resilience dimana aspek protective factor yang paling berkontribusi yaitu caring relationship dan caring relationship tersebut berkontribusi terhadap social competence, autonomy dan sense of purpose and bright future.

Saran bagi penelitian selanjutnya agar dilakukan penelitian lanjutan dengan membedakan penghayatan protective factor dari keluarga dan teman. Peneliti pun dapat melakukan penelitian lebih lanjut dengan menjaring basic need lebih mendalam. Saran bagi pengguna agar mengikuti berbagai kegiatan organisasi, melakukan sharing maupun konseling. Saran bagi keluarga dan teman-teman yaitu agar memberikan pendampingan pada pengguna selama menjalani pemulihan. Saran bagi Yayasan Grapiks Bandung agar melakukan group sharing dan memberikan konseling.

Kata kunci : Protective factor, Resilience

ABSTRACT

This study was conducted to determine the contribution of protective factors to resilience of drug abuse addicts in recovery who accompanied by Grapiks Foundation in Bandung. This study is using accidental sampling method with a total sample of 101 people.

The measuring instruments are questionnaires created by researcher based on the theory of Resilience of Bonnie Bennard (2004). Questionnaire of protective factors has 32 items found valid moving from 0.321 to 0.739 with a reliability of 0.912, meanwhile the questionnaire of resilience measuring has 68 items found valid moves from 0.309 to 0.735 with a reliability of 0.951.

The results were analyzed by multiple regression techniques which showed protective factors has contributed significantly 59,5% to resilience and from all three aspects of protective factors, only caring relationship that has contributed significantly to the resilience that is equal to 34,2%. Besides, caring relationship has contributed significantly to the aspect of resilience, that is toward to social competence of 45,4%, caring relationship have a to the autonomy of 22% and caring relationship has a contribution significantly to the sense of purpose and bright futures of 021,8.

The conclusion is that protective factor has a significant contribution to the resilience where most aspects of protective factors has a significant contribution to resilience is caring relationships. Caring relationship has significant contribution to social competence, autonomy, and a sense of purpose and bright futures.

Suggestions for further research in order to do research with differentiate between protective factors from family and friends. Researchers were able to do more research to encompass basic need with more detailed. Suggestions for addicts in order to participate in various activities of the organization, sharing and take a counseling. Suggestions for family and friends to provide guidance for recovering addicts. Suggestions for Grapiks Bandung Foundation to conduct group sharing and provide counseling.

Key Word: Protective factor, Resilience

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