

DAFTAR PUSTAKA

- World Health Organization, 1946. International Health Conference, New York, 19-22 June, 1946; signed on 22 July 1946 by the representatives of 61 States (Official Records of the World Health Organization, no. 2, p. 100) and entered into force on 7 April 1948: <http://www.who.int/about/definition/en/print.html> Disadur pada tahun 2015.
- Sudarsono, N.C., 2005. Kuliah Pengantar pada Kelas Foundation - Fitness and Art - Tingkat Persiapan STEKPI 8 Maret 2008. , pp. 1–10.
- Departemen Pendidikan dan Kebudayaan, 2014. Kesegaran Jasmani. Igarss 2014 : <http://eprints.uny.ac.id/7916/3/BAB%202%20-%2005601241041.pdf>. Disadur pada tahun 2015.
- Sajoto, M. 1995. Peningkatan dan Pembinaan Kekuatan Kondisi Fisik dalam Olahraga. Jakarta: Dahara Prize.
- Woodworth, R. S., & Schlosberg, H. (1961). Experimental Psychology. 2015
- Anton. 2006. Informasi Obat dan Suplemen. 2006: www.dechacare.com/artikel-145-Health. Disadur pada tahun 2015.
- Hembing, W., 2001, Tanaman Berkhasiat Obat di Indonesia Jilid IV, Jakarta.
- Juckett, G. 2004. Herbal Medicine in Modern Pharmacology with Clinical Use.
- Radad, K. et al., 2006. Use of Ginseng in Medicine with Emphasis on Neurodegenerative Disorders. *Journal of Pharmacological Sciences*, 100(3), pp. 175–186.
- Lee, S.-H., Park, W.-S. & Lim, M.-H., 2011. Clinical Effects of Korean Red Ginseng on Attention Deficit Hyperactivity Disorder in Children: An Observational Study. *Journal of Ginseng Research*, 35(2), pp. 226–234: <http://koreascience.or.kr/journal/view.jsp?kj=GROBR&py=2011&vnc=v35n2&sp=226>. Disadur pada tahun 2015.
- Yin, H., Park, S.-A., Park, S.-J., & Han, S.-K. (2011). Korean Red Ginseng Extract Activates Non-NMDA Glutamate and GABA_A Receptors on the Substantia Gelatinosa Neurons of the Trigeminal Subnucleus Caudalis in Mice. *Journal of Ginseng Research*, 35(2), 219–225. doi:10.5142/jgr.2011.35.2.219
- Kosinski, R.J., 2010. A Literature Review on Reaction Time. Retrieved <http://biology.clemson.edu/bpc/bp/Lab/110/reaction.htm> 06/04/2010, 10(August), p. 2006: <http://biology.clemson.edu/bpc/bp/Lab/110/reaction.htm>. Disadur pada tahun 2015.

- Hall, J.E., 2006. Guyton and Hall Textbook of Medical Physiology.
- Ganong, W. F. 2003. Buku Ajar Fisiologi Kedokteran Ganong. Edisi 22. DKI Jakarta: EGC
- Sherwood, L., 2010. Human Physiology: From Cells to Systems. *Human Physiology*, 7th edition.
- Drake, R.L., 2015. Gray's Anatomy for Students, 3rd Editions.
- Marieb, Elaine N., Exercise 22 Human Reflex Physiology, Activity 9: Testing Reaction Time for Basic and Acquired Reflexes, Human Anatomy and Physiology Laboratory Manual, 2003, 7th Ed. Update, Benjamin Cummings, San Francisco, California.
- Attele, A.S., Wu, J.A. & Yuan, C.-S., 1999. Ginseng pharmacology. *Biochemical Pharmacology*, 58(99), pp. 1685–1693.
- Painter F.M. 2009. *Panax ginseng*. *Alternative Medicine Review*, 14: pp. 172-176.
- Nocerino, E., Amato, M. & Izzo, A. a., 2000. The Aphrodisiac and Adaptogenic Properties of Ginseng. *Fitoterapia*, 71(SUPPL. 1), pp. 1–5.
- Court, W.E., 2000. *Ginseng : The Genus Panax*, pp. 150—151.
- Leung KW, Pon YL, Wong RN, Wong AS (2006) Ginsenoside-Rg1 Induces Vascular Endothelial Growth Factor Expression through the Glucocorticoid Receptorrelated Phosphatidylinositol 3-kinase/Akt and Beta-Catenin/T-cell Factordependent Pathway in Human Endothelial Cells. *J Biol Chem* 281: pp. 36280–36288.
- Leung KW, Cheung LW, Pon YL et al (2007a) Ginsenoside Rb1 inhibits tube-like structure formation of endothelial cells by regulating pigment epithelium-derived factor through the oestrogen beta receptor. *Br J Pharmacol* 152: pp. 207–215.
- Leung KW, Leung FP, Huang Y, Mak NK, Wong RN (2007b) Non-genomic effects of ginsenoside-Re in endothelial cells via glucocorticoid receptor. *FEBS Lett* 581: pp. 2423–2428.
- Mey C.A. 2012. Taxonomy and Nomenclature : http://www.itis.gov/servlet/singleRpt/SingleRpt?search_topic=TSN&search_value=505938. Disadur pada tahun 2015.
- Kiefer D., Pantuso T. 2003. *Panax Ginseng* : <http://www.aafp.org/afp/2003/1015/p1539.pdf>. Disadur pada tahun 2015.
- Ahn, H.Y. et al., 2013. *Panax ginseng* extract rich in ginsenoside protopanaxatriol offers combinatorial effects in nitric oxide production via multiple signaling

pathways. SpringerPlus, 2(1), p.96 :
<http://www.pubmedcentral.nih.gov/articlerender.fcgi?artid=3625418&tool=pmcentrez&rendertype=abstract>. Disadur pada tahun 2015.

Ong, W.Y., 2015. Protective Effects of Ginseng on Neurological Disorders. Frontiers in Aging Neuroscience, 7(July), pp. 1–13 :
<http://journal.frontiersin.org/Article/10.3389/fnagi.2015.00129/abstract>. Disadur pada tahun 2015.

