

## DAFTAR PUSTAKA

- Baker, Julie, Gruwal, Dhruv and Parasuraman A. 1994. The Influence of Store Environment on Quality Inferences and Store Image. *Journal of The Academy of Marketing Science*, 22: 328-339.
- Blanton E., Honerlaw K., Killian R., Sepe J. 2013. *The Effects of Acute Aerobic Exercise on Cognitive Function in Young Adults* [http://jass.neuro.wisc.edu/2013/01/601%20group%2012%20Blanton Honerlaw Kilian Sepe ExerciseandcognitionFINAL%20PAPER.pdf](http://jass.neuro.wisc.edu/2013/01/601%20group%2012%20Blanton%20Honerlaw%20Killian%20Sepe%20ExerciseandcognitionFINAL%20PAPER.pdf) 6 November 2015
- Bompa T.O. 1990. *Theory and Methodology of Training. The Key of Athletic Performance*. Iowa: Kendall Hunt Publishing Company.
- CH Hillman., MB Pontifex., LB Raine., DM Castell., EE Hall., AF Kramer. 2009. The Effect of Acute Treadmill Walking on Cognitive Control and Academic Achievement in Preadolescent Children. *Neuroscience*, 159: 1044-1054.
- Daniel S Wibowo. 2014. *Neuroanatomi untuk Mahasiswa Kedokteran*. Malang: Bayumedia.
- Finnish National Board of Education. 2012. *Physical Activity and Learning* [http://www.oph.fi/download/145366 Physical activity and learning.pdf](http://www.oph.fi/download/145366%20Physical%20activity%20and%20learning.pdf). 3 September 2015.
- Fitzgerald MT., Gruener G., Mtui E. 2007. *Clinical Neuroanatomy and Neuroscience, Fifth Edition*. Philadelphia: Elsevier.
- Ganong WF. 2003. *Buku Ajar Fisiologi Kedokteran, ed22*. Jakarta: EGC.
- Giam T. 1992. *Ilmu Kedokteran Olahraga, Alih Bahasa: Hartono Satmoko*. Jakarta: Binarupa Aksara.
- Giriwijoyo HYS. 2005. *Ilmu Faal Olahraga, Bahan Perkuliahan Mahasiswa FPOK-UPI*.
- Giri W. 2013. *Fisiologi dan Olahraga*. Yogyakarta: Graha Ilmu.
- Guyton AC., Hall JE. 2008. *Buku Ajar Fisiologi Kedokteran, ed 11*. Jakarta: EGC.

- Hutchins M. 2011. *Anaerobic Vs. Aerobic Exercises*. <http://www.livestrong.com/article/369979-anaerobic-vs-aerobic-exercises> 3 Juli 2015.
- Irenne Elly MS. 2006. *Perbedaan Denyut Nadi Pada Mahasiswa Setelah Aktivitas Naik Turun Tangga*. <http://eprints.undip.ac.id/20417/Irenne.pdf> 5 Juni 2015.
- Jellinger KA. 2009. Functional Pathophysiology of Consciousness. *Neuropsychiatry*, 23(2):115-33.
- Kaplan HI., Sadock BJ., Grebb JA. 1997. *Sinopsis Psikiatri Edisi ke-7*. Jakarta: Binarupa Aksara.
- Mancall EL., Brock DG. 2011. *Gray's Clinical Neuroanatomy: The Anatomic Basis for Clinical Neuroscience*. Philadelphia: Saunders.
- Mental Health Daily. 2015. *Ways to Increase BDNF (Brain Derived Neurotrophic Factor) Levels*. <http://mentalhealthdaily.com/2015/03/30/8-ways-to-increase-bdnf-levels-brain-derived-neurotrophic-factor/> 5 Desember 2015
- Moore LK., Dailey FA., Agur RM. 2014. *Clinically Oriented Anatomy 7<sup>th</sup> edition*. Philadelphia: Lippincot & Wilkins.
- Ploughman M, 2008. *Exercise is Brain Food: The Effect of Physical Activity on Cognitive Function* <http://braininjurycanada.ca/pdf/DevelopmetalNeurorehab.pdf> 28 Februari 2015.
- Pollock ML. 2010. *ACSM Position Stand: The Recommended Quantity and Quality of Exercise for Developing and Maintaining Cardiorespiratory and Muscular Fitness, and Flexibility in Healthy Adults*. <http://www.medscape.com/viewarticle/716399> 20 Juni 2015.
- Powers K., Howley T. 2007. *Exercise physiology: Theory and Application to Fitness and Performance, Sixth Edition*. New York: McGraw Hill International Edition.
- Priguna Sidharta. 1999. *Tata Cara Pemeriksaan Klinis Dalam Neurologi*. Jakarta: Dian Rakyat.
- Pusat Bahasa. 2015. *Kamus Besar Bahasa Indonesia Online*. <http://kbbi.web.id/stres> 30 April 2015

- Rusli L., Supandi., Santoso Giriwijoyo., M. Ichsan., Harsono., Iwan S., Nadisah., Imam H., Nurhasan. 1996. *Manusia dan Olahraga*. Bandung: Penerbit ITB.
- Sherwood L. 2013. *Fisiologi Manusia dari Sel ke Sistem, ed 8*. Jakarta: EGC.
- Silverthorn UD. 2014. *Fisiologi Manusia : Sebuah Pendekatan Terintegrasi Ed 6*. Jakarta: EGC.
- Snell RS. 2011. *Neuroanatomi Klinik,*. Jakarta: EGC.
- Soga K., Shishido T., Nagatomi R. 2014. Executive Function During and After Acute Moderate Aerobic Exercise in Adolescents. *Psychology of Sport and Exercise*, 16 : 7-17
- Thayer R. 2003. *Calm Energy: How People Regulate Mood With Food and Exercise*. London: Oxford University Press.
- Tortora GJ., Derrickson B. 2009. *Principles of anatomy and physiology, 14th ed*. North America: Wiley.
- Trudeau F., Shephard JR. 2009. Relationships of Physical Activity to Brain Health and the Academic Performance of Schoolchildren. *American Journal of Lifestyle Medicine*, 10(10): 1-13.
- Weinberg B.A., Bealer B.K. 2010. *The Miracle of Caffeine*. Jakarta: Penerbit Qanita.
- WHO. 2015. *Physical Activity*. <http://www.who.int/mediacentre/factsheets/fs385/en/> 28 Februari 2015.