

LAMPIRAN I

LEMBAR IDENTITAS DAN PEMERIKSAAN PASIEN PENGARUH DAN HUBUNGAN BMI (BODY MASS INDEX) DENGAN KADAR GLUKOSA DARAH PUASA DAN 2 JAM POST PRANDIAL

DATA YANG DIANALISIS

1. NAMA :
2. USIA :
3. STATUS : A. MENIKAH B. TIDAK
MENIKAH
4. JUMLAH ANAK :
5. ALAT KB YANG DIGUNAKAN : A. TIDAK DI KB
B. PIL
C. IUD
D. SUSUK
E. SUNTIK BULAN
F. LAINNYA

DATA YANG DIUKUR

1. BERAT BADAN : KG
2. TINGGI BADAN : CM
3. KADAR GLUKOSA DARAH PUASA : MG/DL
4. KADAR GLUKOSA DARAH 2 JAM POST PRANDIAL : MG/DL

LAMPIRAN II

Tabulasi Data Pengukuran Kadar Glukosa Darah Puasa Dan 2 Jam PP

No.	Umur (th)	BB (kg)	TB (m)	BMI	BMI Asia	Kadar Gula	
						Darah 2 Jam PP	Darah Puasa
1	40	42,6	1,5	18,93	Normal	82	78
2	32	43,8	1,52	18,96	Normal	103	86
3	27	43,7	1,51	19,17	Normal	100	79
4	23	46,7	1,54	19,69	Normal	92	80
5	23	44,3	1,5	19,69	Normal	124	83
6	30	48,2	1,56	19,81	Normal	100	93
7	38	46,6	1,53	19,91	Normal	80	82
8	39	54,1	1,63	20,36	Normal	100	84
9	25	52,9	1,61	20,41	Normal	85	83
10	28	46,2	1,48	21,09	Normal	85	82
11	29	47,7	1,5	21,2	Normal	92	79
12	48	45,4	1,46	21,3	Normal	155	93
13	31	49,4	1,52	21,38	Normal	91	80
14	43	45,7	1,46	21,44	Normal	94	85
15	22	55,6	1,61	21,45	Normal	85	83
16	27	50,7	1,53	21,66	Normal	100	93
17	33	50,6	1,52	21,9	Normal	81	78
18	33	47,3	1,46	22,19	Normal	89	85
19	33	52,1	1,53	22,26	Normal	130	89
20	33	53,1	1,54	22,39	Normal	81	77
21	45	47,4	1,45	22,54	Normal	104	80
22	30	48,3	1,46	22,66	Normal	82	81
23	36	50,7	1,54	21,38	Normal	90	85
24	38	52	1,53	22,21	Normal	97	90
25	33	51,3	1,5	22,8	Normal	95	80
26	39	57	1,51	25	Obese	88	80
27	34	58,7	1,52	25,41	Obese	95	90
28	44	59,8	1,53	25,55	Obese	86	82

No.	Umur (th)	BB (kg)	TB (m)	BMI	BMI Asia	Kadar Gula Darah 2 Jam PP	Kadar Gula Darah Puasa
29	32	56,2	1,48	25,66	Obese	102	81
30	50	61,4	1,53	26,23	Obese	113	104
31	42	59,8	1,51	26,23	Obese	120	100
32	41	61,9	1,51	27,15	Obese	89	75
33	30	65,3	1,55	27,18	Obese	102	90
34	45	64,8	1,54	27,32	Obese	100	71
35	30	66,2	1,55	27,55	Obese	98	85
36	35	74,4	1,63	28	Obese	100	84
37	43	66,3	1,53	28,32	Obese	89	83
38	31	71,6	1,56	29,42	Obese	81	81
39	33	64,3	1,47	29,76	Obese	78	81
40	43	61,7	1,43	30,17	Obese	165	138
41	40	61,6	1,42	30,55	Obese	112	75
42	33	64,6	1,45	30,73	Obese	99	121
43	22	71,5	1,51	31,36	Obese	73	81
44	29	75,7	1,55	31,51	Obese	81	79
45	40	80,9	1,59	32	Obese	120	80
46	30	72,7	1,5	32,31	Obese	314	240
47	32	75,5	1,51	33,11	Obese	73	106
48	43	71,8	1,45	34,15	Obese	160	110
49	23	78,9	1,52	34,15	Obese	103	96
50	23	95,9	1,52	41,51	Obese	92	74

LAMPIRAN III

Group Statistics

	GIZI	N	MEAN	Std.Deviation	Std.Error Mean
GPUASA	BMI < 25	25	83.5200	483.149	.96630
	BMI > 25	25	95.4800	34.08827	6.81765

Independent Samples Test

GPUASA	Lavene's Test for Equality of Variances		t-test for Equality of Means						
	F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of The Difference	
								Lower	Upper
Equal variances assume	8.827	.005	-1.737	48	.089	-11.9600	6.88579	-25.80481	1.88481
Equal variances not assume			-1.737	24.964	.095	-11.9600	6.88579	-26.14260	2.22260

Descriptive Statistics

	Mean	Std.Deviation	N
BMI	25.3422	5.11932	50
GPUASA	89.5000	24.84092	50

Correlations

		BMI	GPUASA
Pearson Correlation	BMI	1.000	.289
	GPUASA	.289	1.000
Sig.(1-tailed)	BMI	.	.021
	GPUASA	.021	.
N	BMI	50	50
	GPUASA	50	50

Model Summary

Model	R	R square	Adjusted R Square	Std Error of Estimate
1	.289(a)	.083	.064	4.95200

a Predictors : (Constant), GPUASA

ANOVA (b)

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	107.095	1	107.095	4.367	.042(a)
	Residual	1177.071	48	24.522		
	Total	1284.166	49			

a Predictors : (Constant), GPUASA

b Dependent Variable : BMI

Coefficients (a)

Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	Std.Error	Beta		
1	(Constant)	20.016	2.643		7.572	.000
	GPUASA	.060	.028	.289	2.090	.042

a Dependent Variable : BMI

Group Statistics

	GIZI	N	MEAN	Std.Deviation	Std.Error Mean
G2JPP	BMI < 25	25	96.6800	17.31502	3.46300
	BMI > 25	25	109.3200	48.26983	9.65397

Independent Samples Test

G2JPP	Lavene's Test for Equality of Variances		t-test for Equality of Means						
	F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of The Difference	
								Lower	Upper
Equal variances assumed	3.445	.070	1.232	48	.224	-12.6400	10.25629	33.26165	7.98165
Equal variances not assumed			1.232	30.076	.227	-12.6400	10.25629	33.58392	8.30392

Correlations

Descriptive Statistics

	Mean	Std.Deviation	N
BMI	25.3422	5.11932	50
G2JPP	89.5000	24.84092	50

		BMI	GJPP
Pearson	BMI	1.000	.227
Correlation	G2JPP	.227	1.000
Sig.(1-tailed)	BMI	.	.056
	G2JPP	.056	.
N	BMI	50	50
	G2JPP	50	50

Model Summary

Model	R	R square	Adjusted R Square	Std Error of Estimate
1	.227(a)	.052	.032	5.03717

a Predictors : (Constant), G2JPP

ANOVA (b)

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	66.260	1	66.260	2.611	.113(a)
	Residual	1217.906	48	25.373		
	Total	1284.166	49			

a Predictors : (Constant), G2JPP

b Dependent Variable : BMI

Coefficients (a)

Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	Std.Error	Beta		
1	(Constant)	20.056	2.154		10.238	.000
	G2JPP	.032	.020	.227	1.616	.113

a Dependent Variable : BMI

LAMPIRAN IV



Gambar L.4.1. Glukotes Merk One Touch Ultra (www.health-care-beauty.com)



Gambar L.4.2. Cara Pemeriksaan Kadar Glukosa Darah (www.health-checker.com)



Gambar L.4.3. Timbangan Dan Alat Pengukur Tinggi Badan Healthmeter

RIWAYAT HIDUP

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