

ABSTRAK

Penelitian ini dilakukan untuk memeroleh gambaran mengenai derajat self-efficacy beliefs pada siswa kelas XII dalam menghadapi ujian nasional di SMA Negeri 1 Kota Bandung. Populasi sasaran dalam penelitian ini berjumlah 341 responden. Rancangan dalam penelitian ini adalah rancangan penelitian deskriptif.

Alat ukur yang digunakan dalam penelitian ini merupakan modifikasi berdasarkan pada empat aspek self-efficacy beliefs dari teori Albert Bandura (1997). Alat ukur terdiri dari 53 item dengan jenis item menggunakan skala Likert. Validitas alat ukur berkisar antara 0,362 – 0,684. Reliabilitas alat ukur = 0,724 dengan teknik split-half method, menggunakan program software SPSS versi 16,0.

Hasil penelitian diperoleh melalui pengolahan data dengan teknik deskriptif analisis. 51,32% responden memiliki self-efficacy beliefs tinggi dan 48,68% responden memiliki self-efficacy beliefs rendah. Sumber self-efficacy beliefs yang signifikan terhadap derajat self-efficacy beliefs siswa kelas XII dalam menghadapi ujian nasional di SMAN 1 Bandung adalah mastery experiences, vicarious experiences, dan verbal persuasion.

Berdasarkan penelitian mengenai self-efficacy beliefs ini peneliti mengajukan saran bagi penelitian selanjutnya, untuk melakukan penelitian mengenai kontribusi sumber-sumber self-efficacy beliefs terhadap derajat self-efficacy beliefs.

ABSTRACT

This research is accomplished to gain an understanding of the degree of self-efficacy beliefs on 12th graders in SMA Negeri 1 Bandung, in encountering the national exam. There are 341 respondents acquired as the targeted population of this research. This research will apply a descriptive research approach.

The instruments used in this research are a modification based on four aspects of self-efficacy beliefs theory by Albert Bandura (1997). Instruments consist of 53 items with types of items using a Likert scale. The validity of instrument was ranged between 0,362 – 0,684. The reliability of instrument = 0,724 based on the split-half method, using SPSS software version 16.0.

The data was processed using a descriptive analysis technique. Based on the results, 51, 32% of respondents had high self-efficacy beliefs and 46, 68% respondents had low self-efficacy beliefs. There was a sources of self-efficacy beliefs which has a linkage with the degree of self-efficacy beliefs on the 12th grades in encountering the national exam, which identified as mastery experiences, vicarious experiences and verbal persuasion.

Based on this research concerning the topic of self-efficacy beliefs, the researcher proposes that a research regarding effects of self-efficacy sources contribution towards the degree of self-efficacy beliefs shall be considered for future purposes.

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