

Lampiran 1

Tabel Karakteristik Data Pada Subjek Obese (BMI \geq 25)

OP	Umur (th)	BB (kg)	TB (m)	BMI	Triceps	Subscapula
1	39	57	1.51	25.00	28	25
2	34	58.7	1.52	25.41	36	30
3	44	59.8	1.53	25.55	26	27
4	39	54.5	1.46	25.57	20	20
5	32	56.2	1.48	25.66	37	29
6	30	64.1	1.57	26.00	35	35
7	50	61.4	1.53	26.23	38	38
8	42	59.8	1.51	26.23	27	29
9	29	66.9	1.58	26.79	41	37
10	41	61.9	1.51	27.15	41	31
11	30	65.3	1.55	27.18	24	36
12	45	64.8	1.54	27.32	26	24
13	30	66.2	1.55	27.55	43	33
14	35	74.4	1.63	28.00	19	29
15	43	66.3	1.53	28.32	29	27
16	31	71.6	1.56	29.42	33	36
17	33	64.3	1.47	29.76	36	34
18	43	61.7	1.43	30.17	30	40
19	40	61.6	1.42	30.55	36	35
20	33	64.6	1.45	30.73	41	47
21	25	72.3	1.53	30.88	39	37
22	22	71.5	1.51	31.36	32	37
23	29	75.7	1.55	31.51	41	43
24	40	80.9	1.59	32.00	43	50
25	30	67.5	1.45	32.10	45	39
26	30	72.7	1.5	32.31	34	46
27	32	75.5	1.51	33.11	41	39
28	43	71.8	1.45	34.15	39	44
29	23	78.9	1.52	34.15	43	52
30	23	95.9	1.52	41.51	45	45
n	30					
Rata-rata	35	67.5	1.52	29.39	34.9	35.8
SD	7	8.7	0.05	3.62	7.4	7.9

Lampiran 2

Tabel Karakteristik Data Pada Subjek Non Obese (BMI < 25)

OP	Umur (th)	BB (kg)	TB (m)	BMI	Triceps	Subscapula
1	28	39.6	1.58	15.86	27	9
2	26	37.8	1.54	15.94	23	16
3	29	39.0	1.56	16.03	16	11
4	26	39.7	1.53	16.96	22	15
5	29	36.8	1.46	17.26	9	10
6	35	34.9	1.42	17.31	24	16
7	35	43.5	1.58	17.43	18	13
8	44	43.0	1.55	17.90	17	12
9	32	40.4	1.49	18.20	28	25
10	26	46.3	1.57	18.78	25	23
11	26	42.5	1.50	18.89	25	24
12	40	42.6	1.50	18.93	15	17
13	32	43.8	1.52	18.96	14	10
14	27	43.7	1.51	19.17	15	7
15	25	46.6	1.54	19.65	27	23
16	23	46.7	1.54	19.69	29	28
17	23	44.3	1.50	19.69	23	14
18	30	48.2	1.56	19.81	25	16
19	38	46.6	1.53	19.91	17	14
20	30	50.8	1.59	20.09	28	23
21	39	54.1	1.63	20.36	22	22
22	25	52.9	1.61	20.41	27	25
23	32	50.6	1.56	20.79	28	23
24	34	46.1	1.48	21.05	27	23
25	28	46.2	1.48	21.09	19	18
26	24	48.9	1.52	21.17	25	19
27	29	47.7	1.50	21.20	23	15
28	34	56.5	1.63	21.27	15	18
29	48	45.4	1.46	21.30	18	20
30	31	49.4	1.52	21.38	33	31
31	43	45.7	1.46	21.44	18	16
32	22	55.6	1.61	21.45	19	18
33	27	50.7	1.53	21.66	30	20
34	33	50.6	1.52	21.90	21	20
35	31	47.4	1.47	21.94	18	18
36	29	55.6	1.59	21.99	33	24
37	33	47.3	1.46	22.19	26	25
38	33	52.1	1.53	22.26	35	24
39	33	53.1	1.54	22.39	23	25
40	45	47.4	1.45	22.54	24	25
41	30	48.3	1.46	22.66	23	23
42	33	51.3	1.50	22.80	27	23
43	42	61.4	1.63	23.11	26	17
44	24	54.3	1.52	23.50	25	25
45	43	52.9	1.48	24.15	35	36
46	33	64.2	1.63	24.16	25	27
47	37	50.4	1.43	24.65	36	30
48	42	57.4	1.52	24.84	40	30
49	30	62.9	1.59	24.88	21	27
50	42	55.3	1.49	24.91	24	25
n	50					
Rata-rata	32	48.4	1.53	20.72	23.86	20.36
SD	7	6.5	0.05	2.41	6.27	6.27

Lampiran 3 : Output Hasil Pengujian Statistik

Grup Statistic

Gizi	N	Subscapula Mean	Std. Deviasi	Std. Error Mean
BMI <25	50	20.3600	6.27193	.88699
BMI ≥25	30	35.8000	7.90635	1.44350

Independent Samples Test

Subscapula	Levene's Test for equality of Variances		t-test for Equality of Means						
	F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of the Difference	
								Lower	Upper
Equal variances assumed	1.220	.273	-9.655	78	.000**	-15.4400	1.59921	18.62379	12.25621
Equal variances not assumed			-9.113	50.752	.000**	-15.4400	1.69423	18.84172	12.03828

Descriptive Statistics

	Mean	Std.Deviation	N
BMI	23.9696	5.12371	80
Subscapula	26.1500	10.19444	80

Correlations

		BMI	Subscapula
Pearson	BMI	1.000	.880
Correlation	Subscapula	.880	1.000
Sig.(1-tailed)	BMI	.	.000**
	Subscapula	.000**	.
N	BMI	80	80
	Subscapula	80	80

Model Summary

Model	r	R ²	Adjust R ²	Std. Error of the Estimate
1	.880 (a)	.774	.771	2.45306

a Predictors : (Constant), Subscapula

ANOVA (b)

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	1604.575	1	1604.575	266.652	.000**(a)
	Residual	469.365	78	6.017		
	Total	2073.940	79			

a Predictors : (Constant), Subscapula

b Dependent Variable : BMI

Coefficients (a)

Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	Std. Error	Beta		
1	(Constant)	12.409	.759		16.345	.000**
	Subscapula	.442	.027	.880	16.329	.000**

a Dependent Variable : BMI

Grup Statistic

Gizi	N	Triceps Mean	Std. Deviasi	Std. Error Mean
BMI <25	50	23.8600	6.26949	.88664
BMI ≥25	30	34.9333	7.36222	1.34415

Independent Samples Test

Triceps	Levene's Test for equality of Variances		t-test for Equality of Means						
	F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of the Difference	
								Lower	Upper
Equal variances assumed	1.957	.166	-7.160	78	.000**	-11.0733	1.54652	14.15221	7.99445
Equal variances not assumed			-6.877	53.709	.000**	-11.0733	1.61024	14.30207	7.84459

Descriptive Statistics

	Mean	Std.Deviation	N
BMI	23.9696	5.12371	80
Triceps	28.0125	8.56619	80

Correlations

		BMI	Triceps
Pearson Correlation	BMI	1.000	.733
	Triceps	.733	1.000
Sig.(1-tailed)	BMI	.	.000**
	Triceps	.000**	.
N	BMI	80	80
	Triceps	80	80

Model Summary

Model	r	R ²	Adjust R ²	Std. Error of the Estimate
1	.733 (a)	.537	.531	3.50804

a Predictors : (Constant), Triceps

ANOVA (b)

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	1114.045	1	1114.045	90.526	.000**(a)
	Residual	959.895	78	12.306		
	Total	2073.940	79			

a Predictors : (Constant), Triceps

b Dependent Variable : BMI

Coefficients (a)

Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	Std. Error	Beta		
1	(Constant)	11.690	1.349		8.666	.000**
	Triceps	.438	.046	.733	9.515	.000**

a Dependent Variable : BMI

Lampiran 4 : Foto Pengukuran TB, BB, dan TLK



Pengukuran TB dan BB



Pengukuran TLK Triceps