

## LAMPIRAN

### LAMPIRAN 1

#### Karakteristik Data Pada Subjek Obese (BMI $\geq$ 25)

OP	Umur	BB	TB	BMI	WC
1	39	57	1.51	25.00	89.5
2	34	58.7	1.52	25.41	91.0
3	44	59.8	1.53	25.55	86.0
4	39	54.5	1.46	25.57	77.0
5	32	56.2	1.48	25.66	91.5
6	30	64.1	1.57	26.00	85.0
7	50	61.4	1.53	26.23	84.5
8	42	59.8	1.51	26.23	87.0
9	29	66.9	1.58	26.79	84.0
10	41	61.9	1.51	27.15	84.0
11	30	65.3	1.55	27.18	85.0
12	45	64.8	1.54	27.32	87.0
13	30	66.2	1.55	27.55	85.0
14	35	74.4	1.63	28.00	92.0
15	43	66.3	1.53	28.32	100.0
16	31	71.6	1.56	29.42	100.0
17	33	64.3	1.47	29.76	98.0
18	43	61.7	1.43	30.17	86.0
19	40	61.6	1.42	30.55	93.5
20	33	64.6	1.45	30.73	86.0
21	25	72.3	1.53	30.88	92.0
22	22	71.5	1.51	31.36	95.5
23	29	75.7	1.55	31.51	93.0
24	40	80.9	1.59	32.00	97.0
25	30	67.5	1.45	32.10	86.0
26	30	72.7	1.5	32.31	101.0
27	32	75.5	1.51	33.11	100.0
28	43	71.8	1.45	34.15	107.0
29	23	78.9	1.52	34.15	88.0
30	23	95.9	1.52	41.51	108.0
N = 30					
Rata-rata	35	67.5	1.52	29.39	91.3
SD	7	8.7	0.05	3.62	7.4

## LAMPIRAN 2

## Karakteristik Data Pada Subjek Non Obese (BMI &lt; 25)

OP	Umur	BB	TB	BMI	WC
1	28	39.6	1.58	15.86	64.0
2	26	37.8	1.54	15.94	65.0
3	29	39.0	1.56	16.03	64.0
4	26	39.7	1.53	16.96	69.0
5	29	36.8	1.46	17.26	63.5
6	35	34.9	1.42	17.31	60.0
7	35	43.5	1.58	17.43	69.0
8	44	43.0	1.55	17.90	70.0
9	32	40.4	1.49	18.20	64.0
10	26	46.3	1.57	18.78	68.0
11	26	42.5	1.50	18.89	67.0
12	40	42.6	1.50	18.93	69.0
13	32	43.8	1.52	18.96	70.0
14	27	43.7	1.51	19.17	72.0
15	25	46.6	1.54	19.65	74.0
16	23	46.7	1.54	19.69	68.0
17	23	44.3	1.50	19.69	72.0
18	30	48.2	1.56	19.81	73.0
19	38	46.6	1.53	19.91	68.0
20	30	50.8	1.59	20.09	75.0
21	39	54.1	1.63	20.36	81.0
22	25	52.9	1.61	20.41	77.0
23	32	50.6	1.56	20.79	81.0
24	34	46.1	1.48	21.05	74.0
25	28	46.2	1.48	21.09	74.0
26	24	48.9	1.52	21.17	68.0
27	29	47.7	1.50	21.20	72.5
28	34	56.5	1.63	21.27	71.0
29	48	45.4	1.46	21.30	71.0
30	31	49.4	1.52	21.38	75.5
31	43	45.7	1.46	21.44	73.5
32	22	55.6	1.61	21.45	80.0
33	27	50.7	1.53	21.66	71.0
34	33	50.6	1.52	21.90	86.0
35	31	47.4	1.47	21.94	80.0
36	29	55.6	1.59	21.99	77.0
37	33	47.3	1.46	22.19	76.5
38	33	52.1	1.53	22.26	79.0
39	33	53.1	1.54	22.39	72.0
40	45	47.4	1.45	22.54	83.0
41	30	48.3	1.46	22.66	81.0
42	33	51.3	1.50	22.80	78.0
43	42	61.4	1.63	23.11	87.0
44	24	54.3	1.52	23.50	76.0
45	43	52.9	1.48	24.15	86.5
46	33	64.2	1.63	24.16	87.0
47	37	50.4	1.43	24.65	83.5
48	42	57.4	1.52	24.84	89.5
49	30	62.9	1.59	24.88	85.0
50	42	55.3	1.49	24.91	80.0
N = 50					
Rata-rata	32	48.37	1.53	20.72	74.4
SD	7	6.5	0.05	2.41	7.2

### LAMPIRAN 3 : Output Hasil Pengujian Statistik

#### Group Statistics

	GIZI	N	Mean	Std. Deviation	Std. Error Mean
WC	BMI < 25	50	74.4200	7.17020	1.01402
	BMI > 25	30	91.3167	7.40513	1.35199

#### Independent Samples Test

		Levene's Test for Equality of Variances									
		F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of The Difference		
										Lower	Upper
WC	Equal variances assumed	.015	.904	-10.080	78	.000	-16.8967	1.67626	-20.23385	-13.55948	
	Equal variances not assumed			-9.998	59.635	.000	-16.8967	1.69000	-20.27760	-13.51574	

#### Descriptive Statistics

	Mean	Std. Deviation	N
BMI	23.9696	5.12371	80
WC	80.7563	10.94433	80

#### Correlations

	BMI	WC
Pearson Correlation	BMI	.900
	WC	.900
Sig. (1-tailed)	BMI	.000
	WC	.000
N	BMI	80
	WC	80

Model Summary

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	.900(a)	.810	.808	2.24628

A Predictors: (Constant), WC

ANOVA(b)

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	1680.370	1	1680.370	333.026	.000(a)
	Residual	393.570	78	5.046		
	Total	2073.940	79			

a Predictors: (Constant), WC

b Dependent Variable: BMI

Coefficients(a)

Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	Std. Error	Beta		
1	(Constant)	-10.061	1.882		-5.347	0.000
	WC	.421	.023	.900	18.249	0.000

a Dependent Variable : BMI

**LAMPIRAN 4 : Foto Penelitian**