

DAFTAR PUSTAKA

- Bandura, A. 2002. *Self Efficacy. The Exercise of Control*. New York: W.H. Freeman and Company.
- _____. 2006. *Guide for constructing Self-Efficacy Belief scales*. In F. Pajares & T. Urdan (Eds) *Self-Efficacy Belief beliefs of adolescents*. Greenwich, CT: Information Age Publishing.
- Friedenberg, Lisa. 1995. *Psychological testing : design, analysis, and use*. Allyn & Bacon.
- Kaplan, Robert M & Saccuzzo Dennis P. 2005. *Psychological Testing : principles, applications and issues, 6th edition*. USA : Thomson Wadsworth.
- Nazir, Moh. Ph.D. 2009. *Metodologi Penelitian*. Jakarta: Penerbit Ghalia Indonesia.
- Priyatno, Duwi. 2012. *Cara Kilat Belajar Analisis Data Dengan SPSS 20*. Yogyakarta: Penerbit Andi.
- Santrock, John. 2012. *Life-Span Development : Perkembangan Masa Hidup, 13th edition*, jilid 2. Jakarta: Penerbit Erlangga
- Sarafino, Edward P & Smith, Timothy W. 2012. *Health Psychology. Biopsychosocial Interactions, International Student Version, 7th edition*.
- Sugiyono, Prof. Dr. 2005. *Statistika Untuk Penelitian*. Bandung: ALFABETA.

DAFTAR RUJUKAN

2009. Panduan Penulisan Skripsi Sarjana. Bandung: Fakultas Psikologi Universitas Kristen Maranatha.

<http://carahidupsehat.info/efek-kelebihan-berat-badan-bagi-kesehatan-besitasitas.html>
diakses 09 April 2012

http://www.e-psikologi.com/epsi/artikel_detail.asp?id=378 diakses 09 April 2012

<http://lifestyle.kompasiana.com/urban/2012/04/04/diet-mau-sehat-dan-cantik-tapi-malah-sakit/> diakses 09 April 2012

http://who.int/bmi/index.jsp?introPage=intro_3.html diakses 22 Mei 2012

<http://www.who.int/features/factfiles/obesity/en/> diakses 22 Mei 2012

<http://www.who.int/mediacentre/factsheets/fs311/en/> diakses 22 Mei 2012

<http://www.kabarindonesia.com/beritaprint.php?id=20141205083323> diakses 28 Desember 2014