

DAFTAR PUSTAKA

- Adam, John M.F. 2006. *Obesitas dan Sindroma Metabolik*. Bandung. h. 1 – 8, 92 - 99.
- Anonim 1. 2006. Overweight dan Obesitas. [http://www.obesitas.web.id/indonesia/pasien\(i\).html](http://www.obesitas.web.id/indonesia/pasien(i).html) 31 Agustus 2006.
- Anonim 2. 2006. Pedoman praktis untuk mempertahankan berat badan normal berdasarkan Index Massa Tubuh (IMT) dengan gizi seimbang. <http://www.gizi.net/pedoman-gizi>. 7 Mei 2006.
- Anonim 3. 2002. The Global Challenge of Obesity and the International Obesity Task Force. <http://www.iuns.org/features/obesity/tabfig.htm#figure%201>. 14 Januari 2007.
- Anonim 4. 2006. Women and Obesity. http://www.obesity.org/subs/fastfacts/obesity_women.shtml. 14 Januari 2007.
- Anonim 5. 2003. Metabolic Syndrome. http://www.medicinet.com/metabolic_syndrome/page4.html. 30 Agustus 2006.
- Chan D.C., Watts G.F., Barrett P.H.R., Burke V. 2003. Waist Circumference, Waist-to-Hip Ratio and Body Mass Index as Predictors of Adipose Tissue Compartments in Men. *Q J Med: An International Journal of Medicine*; 96: 441-447. <http://qjmed.oxfordjournals.org/cgi/content/full/96/6/441>. 31 Agustus 2006.
- Gibson, Rosalind S. 1990. *Principles of Nutritional Assesment*. New York: Oxford University Press. p.195.

- I Dewa Nyoman Supriasa, Bachyar Bakri, Ibnu Fajar. 2002. *Penilaian Status Gizi*. Jakarta: EGC. p. 36 – 38, 56 – 63.
- Kunkun K. Wiramihardja. 2004. *Obesitas dan Penanggulangannya*. Bandung: Granada. p. 32, 57 – 62.
- Kwok L.O., Lam K.S.L., Cheung B.M.Y. 2006. The Metabolic Syndrome in: *Endocrinology. Medical Progress*. p. 325 – 328.
- Pan W.H., Flegal K.M., Chang H.Y., Yeh W.T., Yeh C.J., Lee W.C. 2004. Body Mass Index and Obesity-related Metabolic Disorders in Taiwanese and US Whites and Blacks: Implications for Definitions of Overweight and Obesity for Asians. *Am J Clin Nutr*. 79:31 – 39.
- Phyto Medica. 1993. Penapisan Farmakologi, Pengujian Fitokimia, dan Pengujian Klinik: Obesitas. *Pengembangan dan Pemanfaatan Ilmu Alam*. h. 53 – 225.
- Stein C.J., Colditz G.A. 2004. The Epidemic of Obesity. *Am J Clin Endocrinol Metab*, 89(6): 2522 – 2525.
- Wang Jack, Thornton John C., Bari Salina, Williamson Bennett , Gallagher Dymna, Heymsfield Steven B., *et al.* 2003. Comparisons of Waist Circumferences Measured at 4 Sites. *Am J Clin Nutr*. 77:379 – 384.
- Wildman R.P., Gu D., Reynolds K., Duan X., He J. 2004. Appropriate Body Mass Index and Waist Circumference Cutoffs for Categorization of Overweight and Central Adiposity Among Chinese Adults. *Am J Clin Nutr*. 80:1129 – 36.
- Yasavati Kurnia. 2003. Sindrom X dan Obesitas. *Meditek*. 11(29): 13-9.