

KAMPANYE MENGHINDARI DAN MENGURANGI DAMPAK NEGATIF DARI PENGGUNAAN SMARTPHONE SECARA BERLEBIHAN

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Abstract

Of course we know the main function of the use of smartphones in general is for the sake of communication and also for the benefit of faster access so that mobility of a person with smartphone can be more effective. The times and technology has made the using of smartphone became part of our life. Demand for smartphones is no longer owned by adults, but also teenagers and children. Smartphone is present around the community with a variety of kind on offer. The most prominent change sees in the development of technology, information, and communication.

But in reality smartphone makes teens become dependable and make an impact on social adolescents who now prefer instant communication than communication directly or real. The reason all of this is that given the facilities of smartphones like the ease of long-distance communication, play games, access the internet and others, is the factor in the appeal of smartphones among teenagers is so high. Remember adolescence is a period in which the emotional development in adolescents is so high, the desire to stand out, and want to get the recognition of the surrounding environment. This makes why teens are now heavily dependent on the smartphone.

Smartphone usage if not used properly, this can certainly have negative impacts on adolescent psychological development. A recent research reveals that adolescents aged 12 to 18 years old tend to be vulnerable to abuse smartphones. They use this powerful smartphone to explore the web site violent or pornographic content, as well as social sites. Ignorance and passiveness of parents about this thing mainly because of their lack of technology skills and knowledge that is the main factors that lead to this problem and in the end, youth will be the one who receive the negative impact of the development of smartphones that refers to the psychological and emotional conditions of adolescents.

Kata kunci: *Smartphone, adolescents, psychological*

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