

## Daftar Pustaka

- Anderson J., Young L., Long E. 2008. *Potassium and Health*.  
<http://www.ext.colostate.edu/pubs/foodnut/09355.html>. 6 Juni 2014
- American Heart Association. 2012, April 04. Retrieved January 14, 2014, from  
[http://www.heart.org/HEARTORG/Conditions/HighBloodPressure/AboutHighBloodPressure/Understanding-Blood-Pressure-Readings\\_UCM\\_301764\\_Article.jsp](http://www.heart.org/HEARTORG/Conditions/HighBloodPressure/AboutHighBloodPressure/Understanding-Blood-Pressure-Readings_UCM_301764_Article.jsp)
- Adrian, F., & Dalimarta, S. 2013. *Fakta Ilmiah Buah & Sayur*. Penebar Plus.
- Antranik. 2012, May 16. *Antranik.org*. Retrieved April 12, 2014, from  
<http://antranik.org/the-renin-angiotensin-aldosterone-reflex/>
- Dubey, et al. 2001. *Sex hormone and hypertension*.  
<http://cardiovascres.oxfordjournals.org/content/53/3/688.full>. 6 Juni 2014
- Edwards, R. L., T. L., Litwin, S. E., Rabovsky, A., Symons, D. J., & Jalili, T. 2007. Quercetin Reduces Blood Pressure in Hypertensive Subject. *The Journal of Nutrition*.
- Ganong, W. 2003. *Buku Ajar Fisiologi Kedokteran*. Jakarta: EGC.
- Guyton, A. C., & Hall, J. E. 2008. *Buku Ajar Fisiologi Kedokteran*. Jakarta: EGC Medical Publisher.
- Haddy F. J., Vanhoutte P.M., Feletou M. 2005. *Role of Potassium in Regulating Blood Flow and Blood Pressure*.  
<http://ajpregu.physiology.org/content/290/3/R546.abstract>. 10 Juni 2014
- Handayani, Y. N., & Sartika, R. A. 2013. Hipertensi pada Pekerja Perusahaan Migas X di Kalimantan Timur, Indonesia. *Jurnal Univertas Indonesia*, 1.
- Kartesz, J., Egan, R., & Anderson, L. 2014. United States ResourcesConservation Service. Retrieved November 12, 2014, from  
<http://plants.usda.gov/java/citePlants>
- Kementerian Kesehatan Republik Indonesia. 2013. Retrieved September 22, 2014, from  
<http://www.depkes.go.id/resources/download/general/Hasil%20Risikesdas%202013.pdf>

- Klabunde, R. E. 2008, September 23. *Cardiovascular Physiology Concepts*. Retrieved Agustus 4, 2014, from <http://cvphysiology.com/Blood%20Flow/BF011.htm>
- Klabunde, R. E. 2014, April 25. *Cardiovascular Physiology Concepts*. Retrieved May 24, 2014, from <http://www.cvphysiology.com/Blood%20Pressure/BP025.htm>
- Masud, I. 1996). *Dasar-dasar Fisiologi Kardiovaskuler*. Jakarta: EGC.
- National Heart, Lung, and Blood Institute*. 2012, August 2. Retrieved January 15, 2014, from <https://www.nhlbi.nih.gov/health/health-topics/topics/hbp/signs>
- Nutrition Facts*. 2014. Retrieved February 5, 2014, from <http://nutritiondata.self.com/facts/fruits-and-fruit-juices/2064/2>
- Phillip, J. 2013, january 18. *Natural News*. Retrieved Juny 4, 2014, from [http://www.naturalnews.com/038735\\_flavonoids\\_heart\\_attack\\_risk\\_women.html](http://www.naturalnews.com/038735_flavonoids_heart_attack_risk_women.html)
- Prihatman, K. 2000, Februari. *Pisang*. Retrieved Juni 20, 2014, from <http://www.warintek.ristek.go.id/pertanian/pisang.pdf>
- Prihatman, K. 2000, Februari. *Stroberi*. Retrieved Juni 20, 2014, from <http://www.warintek.ristek.go.id/pertanian/stroberi.pdf>
- Ramayulis, R. 2013. *Jus Super Ajaib*. Penebar Plus.
- Sandham, J. 2009. *Non invasive blood pressure measurement*. <http://www.ebme.co.uk/arts/nibp/>, 8 Mei 2014
- Sheps S.G. 2010. Sleep deprivation: a cause of high blood pressure. <http://www.mayoclinic.com/health/sleep-deprivation/AN01344>, 23 Juni 2014.
- Vera, Planelles, Salas, Bernal, Sánchez-Alcón, & Gragero. 2005. A study on the concordance between different blood pressure measurement devices among inmates of a correction centre.

*World Health Organization.* 2014. Retrieved January 14, 2014, from  
[http://www.who.int/gho/ncd/risk\\_factors/blood\\_pressure\\_prevalence\\_text/en/](http://www.who.int/gho/ncd/risk_factors/blood_pressure_prevalence_text/en/)

*World Health Organization.* 2002. Retrieved January 14, 2014, from  
<http://who.int/whr/2002/chapter4/en/index4.html>